

2015 EDITION

Guidebook of Daily Life for Foreign Residents - MITO



Edited by
Mito City International Association

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1 Emergencies

1-1 The Japanese word that signifies a dangerous situation

When you are facing imminent danger, you may hear the word あぶない! “abunai” from Japanese people: for example, when you are almost run over by a car or when something is about to fall from overhead. So when you hear the word, pay attention and be careful.

1-2 In case of emergency

- Police Station ... call 110 (traffic accident, robbery, crimes)
- Fire Department... call 119 (fire, seizure)

These are the numbers that you call **immediately after the incident**.

If you are reporting about something that has happened a while ago, please call 9110.

1-2-1 Making a phone call

- From a cellular phone / PHS / land-line phone

Simply press 110 or 119 (no area code needed)

- From a public phone

First, press the emergency button (usually comes in red color) of the phone, if there is any, and then press 110 or 119 (no area code needed). Coins or telephone cards are unnecessary.

1-2-2 Explaining the situation

- Explain in Japanese what happened, and mention the place, your name and your telephone number.
- If you do not speak Japanese, find a Japanese person nearby to take over the role.

If there is no one else besides you, explain SLOWLY and CLEARLY in English.

E.g.1) Robbery (110)

DOROBO desu ! Basho wa () desu. *It's a robbery! The place is ().*

Watashi no namae wa () desu. *My name is ().*

Denwa bango wa () desu. *My phone number is ().*

E.g.2) Traffic accident (110)

JIKO desu ! Basho wa () desu. *There's a traffic accident! The place is ().*

Chikaku ni () ga arimasu. *The landmark nearby is ().*

Watashi no namae wa () desu. *My name is ().*

Denwa bango wa () desu. *My number is ().*

E.g.3) Fire (119)

KAJI desu ! Basho wa () desu. *There's a fire! The place is ().*

() ga moete imasu. () *is burning.*

Watashi no namae wa () desu. *My name is ().*

Denwa bango wa () desu. *My number is ().*

E.g.4) Seizure, serious injury (119)

KYUBYO desu (Okega desu) ! *Someone is having a seizure (is seriously injured)!*

Basho wa () desu. *The place is ().*

Watashi no namae wa () desu. *My name is ().*

Denwa bango wa () desu. *My number is ().*

1-3 Disasters

1-3-1 Earthquake

1-3-1-a How to protect yourself

In a country where earthquakes frequently occur, you will need to remember how to protect yourself.

【As soon as you feel the earthquake...】

- Take shelter under a table or desk.
- Stay clear of refrigerators, cupboards, book shelves, lockers, and any other upright furniture.
- Do not rush outside the building.

【In a bedroom】

Protect your body using a pillow and/or futon.

【While taking a bath or in the toilet】

Open the door and/or window to secure an exit.

【In a multistory building】

Open the door and/or window to secure an exit.

【On a bus】

When seated: bend forward and hold on tightly to the seat in front.

When standing: hold on tightly to a strap or a handhold, or crouch down and hold on to the legs of a seat. Even after the quake is over, do not rush outside the vehicle; follow the directions given by the driver.

【While driving】

Speed down slowly and pull into the left side of the road. Allow space for fire engines and ambulances to pass by.

【On a train】

Train will automatically stop when it detects tremor.

When standing: hold on tightly to a strap or a handhold

When seated: lay stress on your feet and slightly bend the upper body forward to prevent falling down. If possible, use your bag to protect your head from the things that may fall off the overhead rack.

【In an elevator】

Press the button of every floor to get off at the nearest one. If the doors do not open, use the emergency phone.

【At a department store】

Stay away from the shelves. Follow the directions given by store personnel.

【When the quake is over...】

- **Extinguish all sources of fire** (heater, stove, main gas valve, bathwater heater).
- **Beware of tsunami.** If you are close to the ocean, evacuate to a higher ground and as far as possible from the ocean.
- **Beware of aftershocks** that may occur after the main shock.
- **Cooperate with your neighbors.** If you find a fire breaking out, shout out loud and let others know.
- **Do not rush out** of a train, bus or department stores, unless instructed.
- **When evacuating, use stairs** instead of elevators.
- **Always acquire accurate information** and avoid being misled by rumors.

For sources of information during disasters:

see 1-3-5 Information and communication during disasters on page 14.

Key rules of evacuation: “お・か・し・も” (O-Ka-Shi-Mo)

お 「O」 stands for “おさない(Qsanai)” …… Do not **PUSH**

か 「Ka」 stands for “かけない(Kakenai)” …… Do not **RUN**

し 「Shi」 stands for “しずかに(Shizukani)” …… Do not **BE NOISY**

も 「Mo」 stands for “もどらない(Modoranai)” … Do not **GO BACK**

1-3-1-b 震度 "SHINDO" and マグニチュード "MAGNITUDE"

- **MAGNITUDE = size of an earthquake**
- **SHINDO = intensity of the shaking**

The Great East Japan Earthquake on March 11, 2011, was scaled Magnitude 9.0. The Shindo differed upon locations.

(E.g.)

Tsukidate, Kurihara City (Miyagi Pref.) ---Shindo 7

Sukegawa Elementary School, Hitachi City (Ibaraki Pref.) ---Shindo 6 kyo*

Chuo, Mito City (Ibaraki Pref.) ---Shindo 6 jaku*

Higashi-ogu, Arakawa Ward (Tokyo) ---Shindo 5 kyo

*kyo: slightly stronger than～

*jaku: slightly weaker than～

1-3-1-c Tsunami

An undersea earthquake leads to the vertical movement of the sea water, which could possibly cause a tsunami. Even a 30cm tsunami is dangerous. If there is an earthquake when you are nearby the sea, evacuate as far away from the ocean to a higher ground.

1-3-2 Typhoon

Typhoons develop from summer to autumn. They involve strong wind and heavy rain which may cause disasters. When typhoon is approaching, stay indoors at a safe place, and pay close attention to weather reports.

Be prepared for evacuation advisory/ order*

- Put away loose objects from the garden and balcony into the house.
- Close the shutters, if there are any, to prevent the windows from breaking.
- Have emergency supplies handy, such as flashlight, first-aid medicine, emergency food and a radio, in case there is power/gas outage or land-line phones do not work.
- Clean the drain and gutter to let water flow smoothly.
- Move furniture and electrical appliances to a higher place, if you live in lowland or a flood-prone area.
- Check out the closest evacuation center and the route to get there.

*Evacuation advisory / order... You will know if these are issued, when vehicles such as fire engines and cars equipped with megaphones come around on patrol, urging the residents to evacuate.

Evacuation advisory (避難勧告 “hinan-kankoku”) : evacuate **AS SOON AS POSSIBLE**
Evacuation order (避難指示 “hinan-shiji”) : evacuate **IMMEDIATELY**

1-3-3 Flood

Floods happen when the amount of river water increases as a result of typhoon or heavy rainfall. You will be able to predict the possibility of a flood as long as you keep yourself updated with weather information. Additional attention might be necessary though, as there have been torrential downpours in recent years.

1-3-3-a Be prepared for floods

- Occasionally clean the gutter, drain and catch basin to allow smooth flow of water
- Keep yourself updated with weather/evacuation information through radio, TV or internet.
Japan Meteorological Agency HP (Eng) <http://www.jma.go.jp/jma/indexe.html>
NHK World (18 languages) <http://www3.nhk.or.jp/nhkworld/index.html>
- If there is a possibility of flooding, move furniture and valuables to a higher place
- If in need of sandbags (“donou”), contact Mito city 地域安全課 “chiiki anzen-ka” section (TEL 029-232-9152) or Civil Repair Office (TEL 029-241-2221).



They can be piled up to block the flow of water or sediment.

Figure 1-1 Sandbags (“donou”)

- If there are firefighters and civil servants patrolling the residential area, calling for evacuation, follow their directions.



Central Mito

1-3-3-b When evacuating

- **Turn off the gas main**

- **Turn off the breaker**

- **Shoes**

Wear sports shoes. Never walk bare feet or in boots.

- **Do not evacuate alone**

Wear comfortable clothes and evacuate with someone else. Help the children and elderly evacuate (carry them on your shoulders, use a floater, use a baby bath as a boat)

- **Use elevated roads**

Lower roads can be flooded and are very dangerous, so avoid them if possible.

- **Do not take risk**

If the depth of water is higher than your knees, or if there is a flow of water like a river, it is extremely dangerous. Stay at the second floor of your house, or evacuate to a tall and sturdy building nearby. If in case you need to walk in the water, use a stick or anything similar to ensure the safety of your underwater path.

- **Do not use a car; evacuate on foot**

Doors being locked due to water pressure, and engines not working from exposure to water: these are some of the reasons why cars should not be used for evacuation. They can also get in the way of emergency vehicles.

1-3-3-c Pay attention to the weather of other areas, too

There are several rivers running through Mito City. Even if the weather is fine in Mito, there still remains the possibility of flooding if it rained heavily in the upper stream.

Table 1-1 Major Rivers in Mito

River	< Upper Stream > ⇒ ⇒ ⇒ ⇒ ⇒ ⇒ ⇒ < Lower Stream >		
Naka-gawa	Tochigi Pref. (Nasugatake)	⇒ Mito City	⇒ Pacific Ocean
Fujii-gawa	Border of Ibaraki & Tochigi Pref.	⇒ Mito City (Iitomi-cho)	⇒Naka-gawa⇒Pacific Ocean
Sakura-gawa	Kasama City	⇒ Mito City (Senba-ko)	⇒Naka-gawa⇒Pacific Ocean
Hinuma-gawa	Kasama City to Hinuma	⇒ Mito City (Bizen-bori)	⇒Oarai⇒Naka-gawa⇒ Pacific Ocean

1-3-3-d Mito City flood hazard map (Japanese)

This map shows the area where there is a possibility of flooding.

- **North Mito**

http://www.city.mito.lg.jp/000271/000273/000284/000335/p006174_d/fil/006.pdf

- **South Mito**

http://www.city.mito.lg.jp/000271/000273/000284/000335/p006174_d/fil/007.pdf

1-3-4 Nuclear power

Ibaraki Prefecture accommodates several nuclear facilities. It is important that you acquire correct knowledge and be prepared for emergency situations.

1-3-4-a Nuclear facilities in Ibaraki

(1) Reactor facility for research purpose

【Tokai-mura】 Nuclear Science Research Institute (JAEA)

【Oarai-machi】 Oarai Research & Development Center (JAEA)

【Tokai-mura】 Nuclear Professional School, The University of Tokyo

(2) Nuclear power plant

【Tokai-mura】 Tokai Power Station (JAPC)

【Tokai-mura】 Tokai No.2 Power Station (JAPC)

(3) Spent-fuel reprocessing facility

【Tokai-mura】 Nuclear Fuel Cycle Engineering Laboratory (JAEA)

(4) Nuclear fuel manufacturing facility

【Tokai-mura/Naka City】 Mitsubishi Nuclear Fuel

【Tokai-mura】 Nuclear Fuel Industries, Ltd.

【Tokai-mura】 Nuclear Fuel Cycle Engineering Laboratory (JAEA)

(5) Facility for research and development of technology

【Tokai-mura】 Nuclear Development Corporation

【Tokai-mura】 Tokai Safeguards Center (Nuclear Material Control Center)

【Oarai-machi】 Nippon Nuclear Fuel Development Co., Ltd.

【Tokai-mura】 JCO Co., Ltd.

【Tokai-mura】 Research & Development Center (Sumitomo Metal Mining Co., Ltd.)

【Tokai-mura】 Japan Irradiation Service Co., Ltd.

【Tokai-mura】 ADME & TOX. Research Institute (Sekisui Medical Co., Ltd.)

【Naka City】 Naka Energy Research Laboratory (Mitsubishi Materials Corporation)

【Naka City】 Naka Fusion Institute (JAEA)

【Oarai-machi】 International Research Center for Nuclear Materials Science

(Institute for Materials Research, Tohoku University)

【Oarai-machi】 Research & Development Center (JGC Corporation)

【Hitachinaka City】 Research Center for Radiation Protection (NIRS)

1-3-4-b Radiation

Radiation is present around us in many natural forms (= “natural radiation”), and small doses of it will cause us no harm. As a matter of fact, it is utilized in various scenes in our life such as X-ray tests at hospitals and radon spas.

1-3-4-c Nuclear emergency

Nuclear emergency describes a situation in which radioactive materials that are kept under strict control leak outside the facility as a result of accidents. It is an emergency situation because being exposed to strong radiation at one time, or to a certain amount for a long period of time, is known to exert negative influence on our bodies.

Radiation cannot be felt with any of our five senses (its type or amount can be measured using a radiation detector). This is why, in case of nuclear emergency, it is very important to keep ourselves updated with information released by local governments and news media.

1-3-4-d Acquire correct knowledge / information

During the times of disaster, there are always various rumors, and believing wrong information is extremely dangerous. Make it a daily habit to acquire knowledge and information from local governments and news media.

→For sources of information during disasters:

see 1-3-5 Information and communication during disasters on page 14.

“Health Effects of Radiation Exposure” (Ibaraki International Association HP)

E n g l i s h : http://iia.sakura.ne.jp/kokusai/english/new/disaster/hibari_en.pdf

C h i n e s e : http://iia.sakura.ne.jp/kokusai/chinese/new/disaster/hibari_ch.pdf

P o r t u g u e s e : http://iia.sakura.ne.jp/kokusai/portugal/new/disaster/hibari_po.pdf

T h a i : http://iia.sakura.ne.jp/kokusai/thai/new/disaster/hibari_th.pdf

S p a n i s h : http://iia.sakura.ne.jp/kokusai/spain/new/desastres/hibari_sp.pdf

K o r e a n : http://iia.sakura.ne.jp/kokusai/korea/new/disaster/hibari_kr.pdf

I n d o n e s i a n : http://iia.sakura.ne.jp/kokusai/indonesia/new/disaster/hibari_in.pdf

1-3-4-e Advisories and orders from Mito City

(1) Indoor evacuation (屋内退避 “okunai-taihi”)

Stay indoors and make sure the radiation-polluted air will not come into the room.

- ① Close all doors and windows.
- ② Switch off ventilators and air conditioners.
- ③ Wash your face and hands.
- ④ Change your clothes.
 - ※ Clothes that were once worn outside, should be put in a plastic bag and kept away from people.

(2) Evacuation advisory (避難勧告 “hinan-kankoku”),

Evacuation order (避難指示 “hinan-shiji”)

You will know if these are issued, when vehicles such as fire engines and cars equipped with megaphones come around on patrol, urging the residents to evacuate.

- Evacuation advisory (“hinan-kankoku”) : evacuate AS SOON AS POSSIBLE
- Evacuation order (“hinan-shiji”) : evacuate IMMEDIATELY

When evacuating:

- ① Pull all power plugs out.
 - ② Turn off the gas main.
 - ③ Lock windows.
 - ④ Only take necessary items.
 - ⑤ Let pets inside and provide them with enough water and food.
 - ⑥ Wear a hat, mask and a jacket or coat.
- ※ Evacuate by foot. Do NOT use a car.

1-3-5 Information and communication during disasters

1-3-5-a Acquiring information

During the times of disaster, it is not easy to keep yourself updated about the situation, but do not get misled by rumors; always acquire correct information.



Senba-ko lake and Kairaku-en

Table 1-2 Sources of Information during Emergencies

Media	Station, Site	Frequency, Address	Area (language)
Radio	IBS	AM 1197 kHz	Ibaraki (Japanese)
	FM Palulun	FM 76.2 MHz	Mito (Japanese)
	NHK Radio 2	AM 693 kHz	Nationwide (News programs in English, Chinese, Korean, Portuguese and Spanish. Time & day depends on language.)
Internet	Mito City Twitter	kouhou_mito	Mito (Japanese)
	NHK World	http://www3.nhk.or.jp/nhkworld/japanese/top/	18 languages

1-3-5-b Emergency messaging service 171

<http://www.ntt-east.co.jp/saigai/voice171/> (Japanese)

Telephone lines become extremely busy during disasters, leading to bad connections. This is when emergency messaging service comes in handy. Using the service, you will be able to record messages or listen to recorded messages.

(1) Leaving a message (you will hear an automated voice guidance for each step)

Call 171

↓

Press 1 (if it does not lead you to the next guidance, press #)

↓

Enter your home phone number

↓

After hearing a bleep, leave your message (30 seconds maximum)

↓

Press 9, then #

↓

Listen to the message you have recorded (to redo the recording, press 8, then #)

↓

End

(2) Listening to messages (you will hear an automated voice guidance for each step)

Call 171

↓

Press 2 (if it does not lead you to the next guidance, press #)

↓

Enter your home phone number

↓

Press 1, then #

↓

Listen to a message

※ to listen again, press 8, then #

※ to listen to the next message, press 9, then #

↓

End

※ What is “home phone number” ?

For those in the disaster area, it refers to your own home phone number (land-line), or of those in the same disaster area. For those outside the disaster area, it refers to the disaster victim’s home phone number (land-line).

1-3-5-c Emergency message board “Web171”

During the times of disaster, this service allows you to post messages on a website. There are Japanese, English, Chinese (simplified characters) and Korean version. It is accessible from PC and smartphones, but not cellular phones.

<http://www.ntt-east.co.jp/saigai/web171/>

(1) Japanese version

User registration

Registration screen <https://www.web171.jp/web171app/normalTop.do?japanese>

↓

Click “利用者登録・更新・削除はこちら”

↓

Click “新規の利用者登録”

↓

Enter your name, phone number, email address and password (do not forget the password)

↓

Click “次へ”

↓

Enter the contact information of the person/people whom you wish to share your message with.

※ up to 10 email addresses and 1 telephone number can be registered

↓

Click “次へ”

↓

If the information you have entered is correct, click “登録する.”

If you need to make a change, click “戻る” to go back.

↓

End

Posting a message

Visit the website <https://www.web171.jp/>

↓

Enter the telephone number for which you wish to post a message (omit hyphen).

↓

Click “登録”

↓

Enter your name, select your safety status and type in a message of up to 100 characters.

↓

Click “登録”

Checking posted messages

Visit the website <https://www.web171.jp/>

↓

Enter the telephone number of which you wish to check the messages (omit hyphen)

↓

Click “確認”

(2) English, Korean and Chinese version

User Registration

English <https://www.web171.jp/web171app/normalTop.do?english>

Korean <https://www.web171.jp/web171app/normalTop.do?korean>

Chinese <https://www.web171.jp/web171app/normalTop.do?chinese>



Kairaku-en

※ refer to the following on how to register and leave messages:

English http://www.ntt-east.co.jp/saigai/web171/web171manual_eng.pdf

Korean http://www.ntt-east.co.jp/saigai/web171/web171manual_kor.pdf

Chinese http://www.ntt-east.co.jp/saigai/web171/web171manual_chn.pdf

There are emergency message board services for cellular phone users as well. Please refer to the carrier's user guide.

1-3-6 Preparing yourself for disasters

1-3-6-a Know where is safe

Check out the safest place in your house and the emergency exit of your workplace.

1-3-6-b Check out the evacuation centers

Check out the evacuation centers that are close to your house, workplace or school.

Often times it is very difficult to contact your family during disasters, so it is highly recommended that you make a family rule on which evacuation center to meet in case of disasters.

1-3-6-c Always have enough gasoline

A car may become necessary when evacuating, and it may even serve as a place to sleep when evacuation centers are full. Always make sure you fill the gas tank when the meter is less than half, as radios and air-cons consume large amount of gas.

1-3-6-d Value your relationship with neighbors

Do you know of anyone in your neighborhood who will help you when you are having a trouble? During disasters, it is essential that people help each other to overcome difficulties. Build a trusted relationship with your neighbors by regularly giving them a helping hand in your daily life.

1-3-6-e Prepare emergency goods

Electricity/ gas/ water may stop during disasters. Prepare a set of daily commodities in a portable manner, preferably in a backpack that allows you to use both of your hands while carrying.

Table 1-3 Necessary Commodities

Flashlight	with extra batteries
Radio	with extra batteries
Emergency food (enough amount for at least 3 days)	things that can be prepared without the use of fire, such as hardtack and canned products
	water (3L/person each day)
	powdered milk, baby food
Valuables	cash (including 10 yen coins that can be used at public phones)
	personal seal (“inkan”), passbook for deposit/saving account
	health insurance card, maternity health record book
	passport
	Residence Card
Medicines	first-aid kit (bandage, disinfectant), regular medication
Important notes	emergency contact information, phone numbers of people/organizations to which you can contact in your own language
Clothes	underwear, socks, jackets, towels, etc.
Others	diapers, sanitary protection, toiletries
	nursing products
	toilet rolls
	mobile phone charger
	scissors, chopsticks
	glasses
	helmet or anything to protect your head

【Some other useful items】

Knife, can opener, kairo heat packs, wet tissues, plastic bags, plastic wrap, packing tape, rope, candle, lighter, space blanket, portable toilet, portable cooking stove

1-3-7 Evacuation center map

First, look at Table 1-5 List of Districts on page 24 and onwards, and check which district (“chiku”) you live in. Then look at the table below and find your district and the designated evacuation centers.

Table 1-4 Evacuation Centers for Each District

District	Evacuation centers
1 Sannomaru	25 Sannomaru shogakko 24 Daini chugakko 26 Sannomaru shimin center
2 Goken	28 Goken shogakko 24 Daini chugakko 27 Goken shimin center
3 Shinso	30 Shinso shogakko 31 Daiichi chugakko 29 Shinso shimin center
4 Joto	64 Joto shogakko 61 Daisan chugakko 65 Joto shimin center
5 Hamada	62 Hamada shogakko 61 Daisan chugakko 63 Takekuma shimin center
6 Tokiwa	33 Tokiwa shogakko 31 Daiichi chugakko 32 Tokiwa shimin center
7 Midorioka	49 Midorioka shogakko 48 Midorioka chugakko 50 Midorioka shimin center
8 Kotobuki	51 Kotobuki shogakko 55 Kasahara chugakko 52 Kotobuki shimin center
9 Kamiono	67 Kamiono shogakko 61 Daisan chugakko 66 Kamiono shimin center
10 Yanakawa	23 Yanakawa shogakko 24 Daini chugakko (31 Daiichi chugakko) 22 Yanakawa shimin center
11 Watari	23 Watari shogakko 19 Daigo chugakko 20 Watari shimin center
12 Yoshida	68 Yoshida shogakko 70 Daiyon chugakko 69 Yoshida shimin center
13 Sakado	71 Sakado shogakko 70 Daiyon chugakko 72 Sakado shimin center
14 Ishikawa	37 Ishikawa shogakko 18 Ishikawa chugakko 36 Ishikawa shimin center
15 Iitomi	3 Iitomi shogakko 1 Iitomi chugakko 2 Iitomi shimin center
16 Kunita	4 Kunita shogakko 5 Kunita chugakko 6 Kunita shimin center
17 Kawawada	41 Kawawada shogakko 40 Akatsuka chugakko 42 Sakuragawa shimin center
18 Kaminakazuma	14 Kaminakazuma shogakko 40 Akatsuka chugakko 13 Kaminakazuma shimin center
19 Migawa	47 Migawa shogakko 46 Migawa chugakko 45 Migawa shimin center
20 Senba	58 Senba shogakko 60 Senba chugakko 59 Senba shimin center
21 Umeaoka	44 Umeaoka shogakko 46 Migawa chugakko 45 Migawa shimin center
22 Futabadai	17 Futabadai shogakko 16 Futabadai chugakko 15 Futabadai shimin center

“shogakko” = elementary school, “chugakko” = junior high school, “shimin center” “kominkan” = citizen center

Figure 1-2 Map of Evacuation Centers

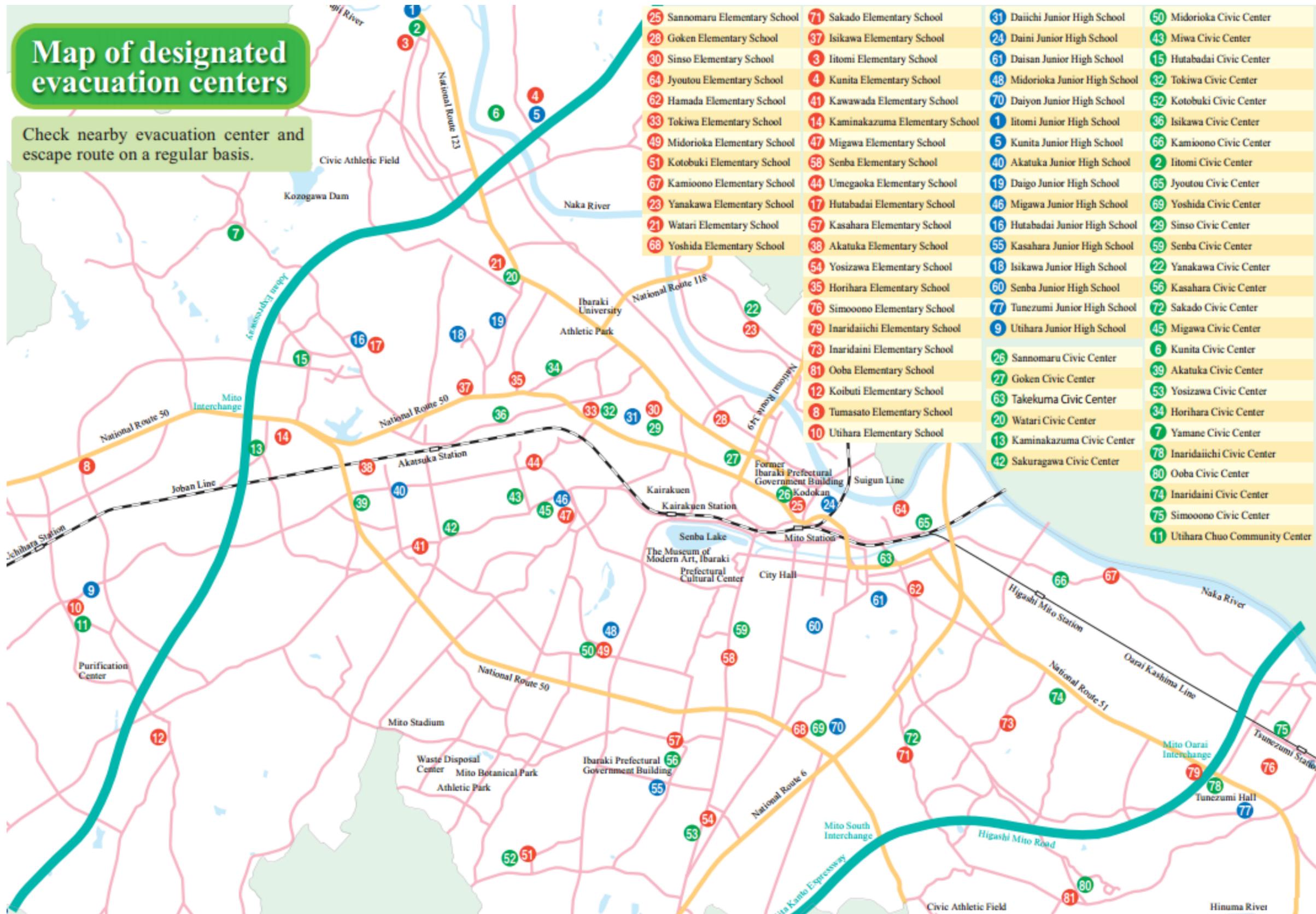


Table 1-5 List of Districts

This list enables you to check which district you live in.

	Address		District
あ A	青柳町	Aoyagi-cho	Yanakawa
	赤尾関町	Akaoseki-cho	Uchihara
	赤塚 1 丁目	Akatsuka 1 (Itcho-me)	Ishikawa
	赤塚 2 丁目	Akatsuka 2 (Nicho-me)	Ishikawa
	秋成町	Akinari-cho	Oba
	坏大野	Akutsuono	Kamiono
	曙町	Akebono-cho	Tokiwa
	朝日町	Asahi-cho	Hamada
	愛宕町	Atago-cho	Tokiwa
	木葉下町	Abokke-cho	Yamane
	有賀町	Ariga-cho	Uchihara
	飯島町	Iijima-cho	Kaminakazuma
	飯富町	Iitomi-cho	Iitomi
	い I	石川 1 丁目	Ishikawa 1 (Itcho-me)
石川 2 丁目		Ishikawa 2 (Nicho-me)	Ishikawa
石川 3 丁目		Ishikawa 3 (Sancho-me)	Ishikawa
石川 4 丁目		Ishikawa 4 (Yoncho-me)	Ishikawa
石川町		Ishikawa-cho	Ishikawa
泉町 1 丁目		Izumi-cho 1 (Itcho-me)	Sannomaru, Goken
泉町 2 丁目		Izumi-cho 2 (Nicho-me)	Goken
泉町 3 丁目		Izumi-cho 3 (Sancho-me)	Goken
岩根町		Iwane-cho	Iitomi
う U		牛伏町	Ushibushi-cho
	内原町	Uchihara-cho	Uchihara
お O	大串町	Okushi-cho	Shimoono, Inari Daiichi
	大足町	Odara-cho	Uchihara
	大塚町	Otsuka-cho	Kaminakazuma
	大場町	Oba-cho	Oba
	大町 1 丁目	Omachi 1 (Itcho-me)	Sannomaru
	大町 2 丁目	Omachi 2 (Nicho-me)	Sannomaru
	大町 3 丁目	Omachi 3 (Sancho-me)	Sannomaru, Goken
	小原町	Obara-cho	Uchihara

(cont'd: Table 1-5 List of Districts)

	Address		District
か Ka	加倉井町	Kakurai-cho	Kaminakazuma
	笠原町	Kasahara-cho	Kotobuki, Kasahara
	金谷町	Kanaya-cho	Kaminakazuma
	金町 1 丁目	Kanemachi 1 (Itcho-me)	Goken
	金町 2 丁目	Kanemachi 2 (Nicho-me)	Goken
	金町 3 丁目	Kanemachi 3 (Sancho-me)	Goken
	上河内町	Kamigachi-cho	Yanakawa
	上国井町	Kamikunii-cho	Kunita
	上水戸 1 丁目	Kamimito 1 (Itcho-me)	Tokiwa
	上水戸 2 丁目	Kamimito 2 (Nicho-me)	Tokiwa
	上水戸 3 丁目	Kamimito 3 (Sancho-me)	Tokiwa
	上水戸 4 丁目	Kamimito 4 (Yoncho-me)	Tokiwa
	萱場町	Kayaba-cho	Kawawada
	川又町	Kawamata-cho	Shimoono
	瓦谷	Kawaraya	Hamada
	河和田 1 丁目	Kawawada 1 (Itcho-me)	Kawawada
	河和田 2 丁目	Kawawada 2 (Nicho-me)	Akatsuka
	河和田 3 丁目	Kawawada 3 (Sancho-me)	Akatsuka
	河和田町	Kawawada-cho	Kawawada
き Ki	北見町	Kitami-cho	Sannomaru
く Ku	栗崎町	Kurisaki-cho	Inari Daini
	黒磯町	Kuroiso-cho	Uchihara
け Ke	けやき台 1 丁目	Keyakidai 1 (Itcho-me)	Sakado
	けやき台 2 丁目	Keyakidai 2 (Nicho-me)	Sakado
	けやき台 3 丁目	Keyakidai 3 (Sancho-me)	Sakado
こ Ko	小泉町	Koizumi-cho	Shimoono
(ご Go)	鯉淵町	Koibuchi-cho	Uchihara
	五軒町 1 丁目	Goken-cho 1 (Itcho-me)	Goken
	五軒町 2 丁目	Goken-cho 2 (Nicho-me)	Goken
	五軒町 3 丁目	Goken-cho 3 (Sancho-me)	Goken
	小林町	Kobayashi-cho	Uchihara
	小吹町	Kobuki-cho	Midorioka
	五平町	Gohei-cho	Uchihara
	紺屋町	Konya-cho	Hamada

(cont'd: Table 1-5 List of Districts)

	Address		District	
さ Sa	栄町 1 丁目	Sakae-cho 1 (Itcho-me)	Goken, Shinso	
	栄町 2 丁目	Sakae-cho 2 (Nicho-me)	Goken, Shinso	
	酒門町	Sakado-cho	Hamada, Sakado, Yoshizawa	
	柵町 1 丁目	Sakumachi 1 (Itcho-me)	Sannomaru	
	柵町 2 丁目	Sakumachi 2 (Nicho-me)	Sannomaru, Joto	
	柵町 3 丁目	Sakumachi 3 (Sancho-me)	Joto	
	桜川 1 丁目	Sakuragawa 1 (Itcho-me)	Sannomaru	
	桜川 2 丁目	Sakuragawa 2 (Nicho-me)	Sannomaru	
	三の丸 1 丁目	Sannomaru 1 (Itcho-me)	Sannomaru	
	三の丸 2 丁目	Sannomaru 2 (Nicho-me)	Sannomaru	
	三の丸 3 丁目	Sannomaru 3 (Sancho-me)	Sannomaru	
	し Shi	塩崎町	Shiozaki-cho	Shimoono
	(じ Ji)	渋井町	Shibui-cho	Hamada
島田町		Shimada-cho	Inari Daiichi	
下大野町		Shimoono-cho	Shimoono	
下入野町		Shimoirino-cho	Oba	
下野町		Shimono-cho	Uchihara	
下国井町		Shimokunii-cho	Kunita	
下梅香		Shimobaiko	Sannomaru	
自由が丘		Jiyugaoka	Tokiwa	
城東 1 丁目		Joto 1 (Itcho-me)	Joto	
城東 2 丁目		Joto 2 (Nicho-me)	Joto	
城東 3 丁目		Joto 3 (Sancho-me)	Joto	
城東 4 丁目		Joto 4 (Yoncho-me)	Joto	
城東 5 丁目		Joto 5 (Gocho-me)	Joto	
城南 1 丁目		Jonan 1 (Itcho-me)	Senba	
城南 2 丁目		Jonan 2 (Nicho-me)	Hamada	
城南 3 丁目		Jonan 3 (Sancho-me)	Hamada	
白梅 1 丁目		Shiraume 1 (Itcho-me)	Senba	
白梅 2 丁目		Shiraume 2 (Nicho-me)	Hamada, Senba	
白梅 3 丁目		Shiraume 3 (Sancho-me)	Hamada	
白梅 4 丁目		Shiraume 4 (Yoncho-me)	Hamada	
新荘 1 丁目	Shinso 1 (Itcho-me)	Shinso		
	新荘 2 丁目	Shinso 2 (Nicho-me)	Shinso	

(cont'd: Table 1-5 List of Districts)

	Address		District
	新莊 3 丁目	Shinso 3 (Sancho-me)	Shinso
	新原 1 丁目	Shinhara 1 (Itcho-me)	Horihara
	新原 2 丁目	Shinhara 2 (Nicho-me)	Horihara
す Su	水府町	Suifu-cho	Sannomaru
	末広町 1 丁目	Suehiro-cho 1 (Itcho-me)	Shinso
	末広町 2 丁目	Suehiro-cho 2 (Nicho-me)	Shinso
	末広町 3 丁目	Suehiro-cho 3 (Sancho-me)	Shinso, Tokiwa
	杉崎町	Sugisaki-cho	Uchihara
	住吉町	Sumiyoshi-cho	Yoshida, Yoshizawa
せ Se	千波町	Senba-cho	Midorioka, Senba
た Ta	大工町 1 丁目	Daikumachi 1 (Itcho-me)	Goken, Shinso
(だ Da)	大工町 2 丁目	Daikumachi 2 (Nicho-me)	Shinso
	大工町 3 丁目	Daikumachi 3 (Sancho-me)	Shinso, Tokiwa
	高田町	Takada-cho	Uchihara
	田島町	Tajima-cho	Uchihara
	田野町	Tano-cho	Watari
	田谷町	Taya-cho	Kunita
ち Chi	ちとせ 1 丁目	Chitose 1 (Itcho-me)	Goken, Tokiwa
	ちとせ 2 丁目	Chitose 2 (Nicho-me)	Tokiwa, Watari
	中央 1 丁目	Chuo 1 (Itcho-me)	Senba
	中央 2 丁目	Chuo 2 (Nicho-me)	Senba
つ Tsu	筑地町	Tsuiji-cho	Uchihara
て Te	天王町	Tenno-cho	Goken, Shinso
と To	東野町	Tono-cho	Kotobuki, Kasahara, Yoshizawa
	東前 2 丁目	Tomae 2 (Nicho-me)	Inari Daiichi
	東前 3 丁目	Tomae 3 (Sancho-me)	Inari Daiichi
	東前町	Tomae-cho	Inari Daiichi, Inari Daini
	常磐町	Tokiwa-cho	Goken
	常磐町 1 丁目	Tokiwa-cho 1 (Itcho-me)	Goken, Shinso
	常磐町 2 丁目	Tokiwa-cho 2 (Nicho-me)	Goken, Shinso
な Na	中大野	Nakaono	Kamiono
	中河内町	Nakagachi-cho	Yanakawa
	中原町	Nakahara-cho	Uchihara

(cont'd: Table 1-5 List of Districts)

	Address		District	
な Na	中丸町	Nakamaru-cho	Futabadai	
	成沢町	Narusawa-cho	Iitomi	
に Ni	西大野	Nishiono	Kamiono	
	西原 1 丁目	Nishihara 1 (Itcho-me)	Tokiwa	
	西原 2 丁目	Nishihara 2 (Nicho-me)	Tokiwa	
	西原 3 丁目	Nishihara 3 (Sancho-me)	Tokiwa	
ね Ne	根本 1 丁目	Nemoto 1 (Itcho-me)	Sannomaru, Goken	
	根本 2 丁目	Nemoto 2 (Nicho-me)	Goken	
	根本 3 丁目	Nemoto 3 (Sancho-me)	Goken	
	根本 4 丁目	Nemoto 4 (Yoncho-me)	Goken	
は Ha	梅香 1 丁目	Baiko 1 (Itcho-me)	Sannomaru, Goken	
(ば Ba)	梅香 2 丁目	Baiko 2 (Nicho-me)	Sannomaru, Goken	
	袴塚 1 丁目	Hakamatsuka 1 (Itcho-me)	Tokiwa	
	袴塚 2 丁目	Hakamatsuka 2 (Nicho-me)	Tokiwa	
	袴塚 3 丁目	Hakamatsuka 3 (Sancho-me)	Horihara	
	八幡町	Hachiman-cho	Goken, Shinso	
	浜田 1 丁目	Hamada 1 (Itcho-me)	Hamada	
	浜田 2 丁目	Hamada 2 (Nicho-me)	Joto, Hamada	
	浜田町	Hamada-cho	Hamada	
	ひ Hi	東赤塚	Higashi-akatsuka	Ishikawa
		東大野	Higashiono	Kamiono
東桜川		Higashisakuragawa	Joto, Hamada	
東台 1 丁目		Higashidai 1 (Itcho-me)	Joto, Hamada	
東台 2 丁目		Higashidai 2 (Nicho-me)	Joto	
東原 1 丁目		Higashihara 1 (Itcho-me)	Shinso, Tokiwa	
東原 2 丁目		Higashihara 2 (Nicho-me)	Tokiwa	
東原 3 丁目		Higashihara 3 (Sancho-me)	Tokiwa	
備前町		Bizenmachi	Goken	
姫子 1 丁目		Himego 1 (Itcho-me)	Umegaoka	
姫子 2 丁目		Himego 2 (Nicho-me)	Umegaoka	
開江町		Hirakue-cho	Yamane	
平須町		Hirasu-cho	Kotobuki	
平戸町		Hirato-cho	Shimoono	

(cont'd: Table 1-5 List of Districts)

	Address		District
ふ Fu	藤井町	Fujii-cho	Iitomi
	藤が原 1 丁目	Fujigahara 1 (Itcho-me)	Iitomi
	藤が原 2 丁目	Fujigahara 2 (Nicho-me)	Iitomi
	藤が原 3 丁目	Fujigahara 3 (Sancho-me)	Iitomi
	藤柄町	Fujigara-cho	Hamada
双葉台	双葉台 1 丁目	Futabadai 1 (Itcho-me)	Futabadai
	双葉台 2 丁目	Futabadai 2 (Nicho-me)	Futabadai
	双葉台 3 丁目	Futabadai 3 (Sancho-me)	Futabadai
	双葉台 4 丁目	Futabadai 4 (Yoncho-me)	Futabadai
	双葉台 5 丁目	Futabadai 5 (Gocho-me)	Futabadai
文京	文京 1 丁目	Bunkyo 1 (Itcho-me)	Tokiwa, Watari
	文京 2 丁目	Bunkyo 2 (Nicho-me)	Watari
ほ Ho	堀町	Hori-cho	Watari, Ishikawa, Horihara
	本町 1 丁目	Honcho 1 (Itcho-me)	Hamada
	本町 2 丁目	Honcho 2 (Nicho-me)	Hamada
	本町 3 丁目	Honcho 3 (Sancho-me)	Joto, Hamada
ま Ma	全隈町	Mataguma-cho	Yamane
	松が丘 1 丁目	Matsugaoka 1 (Itcho-me)	Tokiwa
	松が丘 2 丁目	Matsugaoka 2 (Nicho-me)	Tokiwa
	松本町	Matsumoto-cho	Shinso, Tokiwa
み Mi	見川 1 丁目	Migawa 1 (Itcho-me)	Migawa
	見川 2 丁目	Migawa 2 (Nicho-me)	Migawa
	見川 3 丁目	Migawa 3 (Sancho-me)	Migawa
	見川 4 丁目	Migawa 4 (Yoncho-me)	Migawa
	見川 5 丁目	Migawa 5 (Gocho-me)	Migawa
	見川町	Migawa-cho	Midorioka
	緑町 1 丁目	Midori-cho 1 (Itcho-me)	Shinso
	緑町 2 丁目	Midori-cho 2 (Nicho-me)	Shinso, Tokiwa
	緑町 3 丁目	Midori-cho 3 (Sancho-me)	Tokiwa
	南町 1 丁目	Minamimachi 1 (Itcho-me)	Sannomaru
	南町 2 丁目	Minamimachi 2 (Nicho-me)	Sannomaru
	南町 3 丁目	Minamimachi 3 (Sancho-me)	Sannomaru, Goken
	宮内町	Miyauchi-cho	Hamada

(cont'd: Table 1-5 List of Districts)

	Address		District
	宮町 1 丁目	Miyamachi 1 (Itcho-me)	Sannomaru
	宮町 2 丁目	Miyamachi 2 (Nicho-me)	Sannomaru
	宮町 3 丁目	Miyamachi 3 (Sancho-me)	Sannomaru
	三湯町	Miyu-cho	Uchihara
	見和 1 丁目	Miwa 1 (Itcho-me)	Umegaoka
	見和 2 丁目	Miwa 2 (Nicho-me)	Umegaoka
	見和 3 丁目	Miwa 3 (Sancho-me)	Umegaoka
も Mo	元石川町	Motoishikawa-cho	Sakado, Oba
	元台町	Motodaimachi	Hamada
	元山町 1 丁目	Motoyama-cho 1 (Itcho-me)	Shinso
	元山町 2 丁目	Motoyama-cho 2 (Nicho-me)	Shinso
	元吉田町	Motoyoshida-cho	Hamada, Yoshida, Sakado, Senba, Yoshizawa
	森戸町	Morito-cho	Oba
や Ya	谷田町	Yada-cho	Hamada
	谷津町	Yatsu-cho	Yamane
	柳河町	Yanakawa-cho	Yanakawa
	柳町 1 丁目	Yanagimachi 1 (Itcho-me)	Hamada
	柳町 2 丁目	Yanagimachi 2 (Nicho-me)	Hamada
ゆ Yu	百合が丘町	Yurigaoka-cho	Inari Daini
よ Yo	吉沢町	Yoshizawa-cho	Yoshida, Yoshizawa
	吉田	Yoshida	Hamada
	吉沼町	Yoshinuma-cho	Kamiono
	米沢町	Yonezawa-cho	Senba, Yoshizawa
ろ Ro	六反田町	Rokutanda-cho	Inari Daini
わ Wa	若宮 1 丁目	Wakamiya 1 (Itcho-me)	Joto
	若宮 2 丁目	Wakamiya 2 (Nicho-me)	Joto
	若宮町	Wakamiya-cho	Joto
	渡里町	Watari-cho	Watari

2 About Mito

2-1 Basic information

River-mouths have been called "mito" or "minato" from the ancient times, and this is where our city, which accommodates Naka-gawa river and Senba-ko lake, got its name from. Mito city is where the Ibaraki Prefectural Office is located, approximately 100km northeast of Tokyo, gifted with leisurely spots such as Oarai Beach and Mt.Tsukuba in its precincts.



Figure 2-1 Location of Mito city

【Population】 270,291 (living population as of April 2014)

(Uchihara-cho merged with Mito city in February 2005)

【Area】 217.43 km²

【Climate】 Aside from rather cold winters, it is generally mild without much weather disasters except for some that are occasionally caused by rainfalls.

2-2 Symbols of the city

2-2-1 City Logo



Mito is written “水戸” in Kanji, “ミト” in Katakana. The city’s logo is designed based on the Kanji character 水, expressing a powerful expansion outwards. Within are 3 Katakana characters ト serving as the core.

Figure 2-2 Logo of the city

2-2-2 Tree/ flower /bird of the city



Plum tree



Bush Clover



Water Wagtail

Figure 2-3 Tree/ flower /bird of the city

2-3 Relationship with other cities

Sister city: Tsuruga city (Fukui prefecture)

Goodwill city: Hikone city (Shiga prefecture), Takamatsu city (Kagawa prefecture)

International sister city: Anaheim city (California, USA)

Friendship city: Chongqing city (Sichuan, China)

2-4 Notable features of Mito

2-4-1 Kairaku-en (偕楽園)

(Migawa 1-1251, Mito city TEL: 029-244-5454 FAX: 029-244-5866)

Kairaku-en is a plum park known throughout Japan as one of the country's three grandest parks. It was built in 1842 by the ninth Tokugawa lord of Mito, Nariaki. "Kairaku-en" means "park for the enjoyment of the public". In the park, which is as large as 13 ha, there are 3000 plum trees of about 100 varieties where you will enjoy cherry blossoms in spring. Some other flowers such as Kirishima azaleas and Miyagino bush clovers will also delight the visitors in early summer and autumn, respectively.

2-4-2 Kodokan-koen (弘道館公園)

(Sannomaru 1-6-29, Mito city TEL:029-231-4725 FAX:029-227-7584)

This park accommodates a "hanko", a school for the education of young samurais, which was built by Lord Nariaki in 1841. In the old times, it was one of the largest schools in the country where the youths were able to learn both martial arts and academic subjects such as medical/pharmaceutical science, astronomy and westerns studies.

2-4-3 The Tokugawa Museum (徳川ミュージアム)

(Migawa 1-1215-1, Mito city TEL: 029-241-2721 FAX: 029-243-0761)

A museum consisting of approximately 30,000 Tokugawa-family treasures, mainly the belongings of Ieyasu Tokugawa, accompanied by those of Tokugawa lords such as his son Yorifusa, Mitsukuni and their family. This is the only museum where you will find such a big collection of materials from Mito Tokugawa family, or from any Daimyo (feudal lord) family in Japan.

2-4-4 Senba-ko lake (千波湖)

Located in the southeast of Kairaku-en, the lake is shaped like a gourd with a circumference of 3.1km. Some notable features of this popular recreation site are the water fountain with night-time illumination, a café with magnificent view of the lake, and a jogging trail with about 700 cherry trees that will bloom in spring.

2-4-5 Art Tower Mito (水戸芸術館)

(Goken-cho 1-6-8, Mito city TEL: 029-227-8111 FAX: 029-227-8110)

The ATM complex consists of a concert hall, theater and a contemporary art gallery. It is symbolized by the 100m-high metal tower from where the whole view of the city can be observed. The tower was built to commemorate the 100th anniversary of Mito's municipalization.

2-4-6 Mito Botanical Park (水戸市植物公園)

(Kobuki-cho 504, Mito city TEL: 029-243-9311 FAX: 029-241-1211)

Visitors will enjoy the beauties of plant throughout all four seasons, here in this park, where there are various gardens/facilities such as terrace garden, large greenhouse for plants, rock garden, lawn garden, swamp garden, tropical orchard and café terrace. The greenhouse is warmed by the residual heat of the garbage disposal factory that is adjacently located.

2-4-7 Mito Forest Park (水戸市森林公園)

(Abokke-cho 588-1, Mito city TEL/FAX: 029-252-7500)

The park features petting area (goats and rabbits), athletic facilities and the “Dinosaur Park” where you will find replicas of dinosaurs. There is also a cottage called “Mori-no-Chevre-kan” at which you will be able to buy milk products including goat-milk cheese.

2-4-8 Mito City Museum (水戸市立博物館)

(Omachi 3-3-20, Mito city TEL: 029-226-6521 FAX: 029-226-6549)

The exhibition is comprised of 4 categories: Nature, History, Folk Culture and Art. It also provides a comprehensive introduction to the history and culture of Mito

2-4-9 Ibaraki Prefectural Museum of History (茨城県立歴史館)

(Midori-cho 2-1-15, Mito city TEL: 029-225-4425 FAX: 029-228-4277)

This is where you will find exhibition of Ibaraki's fine arts and crafts, as well as documents and materials related to the prefecture's history. Located in its premises is the farm house from Edo Period and a western style school building from Meiji Period, both of which have been moved to this location and been rebuilt. The museum is also famous for its garden with many trees and plants; especially the fall foliage of ginkgo trees is exquisite.

2-4-10 The Museum of Modern Art, Ibaraki (茨城県近代美術館)

(Higashikubo 666-1, Senba-cho, Mito city TEL: 029-243-5111 FAX: 029-243-9992)

Located beside the richly green Senba-ko lake, the museum has a collection of contemporary artworks from the world, with that of artists from Ibaraki - such as Taikan Yokoyama - at its core. Talk events by curators and concerts are occasionally held too.

2-4-11 Nanatsudo Park (七ツ洞公園)

A park themed on British style gardens, consisting of five ponds surrounded by the woods, walking trails and some remains from Tumulus Period. The beautiful park once served as a movie location in the past.

Table 2-1 Festivals and Events

Name	Period	
Plum Festival 梅まつり “ume matsuri”	late Feb. - March	Flower viewing of approx. 3000 plum trees, Japanese harp performance, tea ceremony, night festival with illumination and fireworks <at Kairaku-en>
Cherry Blossom Festival 桜まつり “sakura matsuri”	late March - early April	Viewing of cherry blossoms, perfect for Japan’s unique custom of “hanami” (partying under blooming cherry trees). <at Kairaku-en, Senba-ko lake, city & prefecture’s Sannomaru office, etc>
Azalea Festival つつじまつり “tsutsuji matsuri”	late April - mid May	Viewing of azaleas, photo op with Mito Komon cast and Mito Plum Ambassadors. <at Kairaku-en, Senba-ko lake, Mito Forest Park>
Hydrangea Festival あじさいまつり “ajisai matsuri”	mid June - early July	Viewing of approx. 6000 hydrangeas, tea ceremony, stamp collecting event <at Howa-en>
Mito Komon Festival 水戸黄門まつり “mito komon matsuri”	first weekend of August (Fri, Sat, Sun)	More than 4000 fireworks, parade of traditional floats / portable shrines / Mito Komon cast / various citizens’ groups. <at Senba-ko lake and Mito Station area>
Bush Clover Festival 萩まつり “hagi matsuri”	early Sep. - late Sep.	Viewing of 150 bushes of bush clovers, Japanese harp/flute performance, candle lighting. <at Kairaku-en>
Chrysanthemum Exhibition 菊花展 “kikkaten”	late Oct. - mid Nov.	Exhibition in various forms including Bonsai, Bonyo, Kengai, Senrin-zaki and Kiri-bana. Sales of small chrysanthemums and Bonsais. <at Sannomaru Prefectural Office yard>
ATM Starlight Fantasy	early Dec. - mid Jan.	Illuminations at Art Tower Mito and north exit of Mito station, Christmas concert, New Year’s countdown events. <at ATM>

(Ref. : Mito City Tourist Association)

2-5 Facilities

See 4-10 Consultations on page 164 for further details.

Table 2-2 Facilities Related to the Municipal Office

Facilities	Address	Contact no.
Mito City Hall	Chuo 1-4-1	029-224-1111
Mito City Sannomaru Office	Sannomaru 1-5-48	029-224-1111
Uchihara Branch Office	Uchihara-cho 1395-1	029-259-2211
Akatsuka Branch Office	Otsuka-cho 1851-5	029-251-3211
Tsunezumi Branch Office	Okushi-cho 2134	029-269-2111

Table 2-3 Facilities Related to Daily Life

Facilities	Address	Contact no.
Mito City International Association Mito International Center	Bizenmachi 6-59	029-221-1800
Ibaraki International Association	Ushirokawa 745, Senba-cho	029-241-1611
Foreign Consultation Center	Ushirokawa 745, Senba-cho (within IIA)	029-244-3811
Passport Center	Sannomaru 1-5-38 (Sannomaru Prefectural Office 1F)	029-232-0250
Tokyo Regional Immigration Bureau (Mito branch office)	Jonan 2-9-12	029-300-3601
Mito Tourist Association	Sannomaru 1-5-38 (Sannomaru Prefectural Office 1F)	029-224-0441
Kobuki Garbage Disposal Plant	Kobuki-cho 820-2	029-243-6811
Mito National Taxation Bureau	Kitami 1-17	029-231-4211
Mito City Waterworks Department (水道部 “suido-bu”)	Chuo 2-7-33 (Mito Daiichi Building 4F)	029-231-4115
Mito Labor Standards Inspection Office	Miyamachi 1-8-31	029-226-2237
“Hello Work” (national job agency)	Suifu-cho 1573-1	029-231-6221
Mito Funeral Hall	Hori-cho 2106-2	029-251-2559

You will find information on **libraries** and **facilities for sports/community activities** at:

Table 2-4 Libraries, Table 2-5 The City’s Facilities for Sports Activities, Table 2-6 The Prefecture’s Facilities for Sports Activities, Table 2-7 The City’s Facilities for Cultural Activities,

Table 2-8 The Prefecture's Facilities for Cultural Activities. Some facilities require applications and fees; please contact directly for precise rental procedures.

Table 2-4 Libraries

Libraries	Address	Contact. no
Prefectural Library	Sannomaru 1-5-38	029-221-5569
City Central Library	Omachi 3-3-20	029-226-3951
City East Library	Moto-yoshida-cho 1973-27	029-248-4051
City West Library	Hori-cho 2311-1	029-255-5651
City Miwa Library	Miwa 2-500-2	029-350-2051
City Tsunezumi Libray	Okushi-cho 2134	029-269-1751
City Uchihara Library	Uchihara-cho 1497-16	029-291-6451

Table 2-5 The City's Facilities for SPORTS Activities

Facilities	Address	Contact. no
Sports Center Park	Migawa-cho 2256	029-243-0111
Aoyagi Park	Suifu-cho 864-6	029-225-6931
Kobuki Sports Park	Kobuki-cho 820-2	029-241-9121
Senba-ko Park Tennis Court	Senba-cho 2509-1	029-225-3081
Tsunezumi Training Center	Shiozaki-cho 1200	029-269-4779
Tsunezumi Sports Stadium	Oba-cho 468-1	029-269-4779
Mito City Stadium	Kobuki-cho 2058-1	029-241-8484
Mito City Soccer/Rugby Field	Kawawada-cho 3438-1	029-257-6690
Uchihara Health Park	Uchihara-cho 1384-2	029-259-6889
Otsukaike Park Baseball Ground	Otsuka-cho 1827-1	029-243-0111 (Mito City Association for the Advancement of Sport)
Tano Citizen Sports Ground	Tano-cho 1307	
Tono Citizen Sports Ground	Tono-cho 318-1	
Yanakawa Citizen Sports Ground	Nakagachi-cho, river bed	
Joto Citizen Sports Ground	Wakamiya-cho, river bed	
Chitose Citizen Sports Ground	Chitose 2 (Nicho-me), river bed	
Kaminakazuma Citizen Sports Ground	Otsuka-cho 1185-3	
Motoishikawa Citizen Sports Ground	Motoishikawa-cho 1687	

(cont'd) Table 2-5 The City's Facilities for SPORTS Activities

Facilities	Address	Contact. no
Moto-yoshida Citizen Sports Ground	Moto-yoshida-cho 1973-27	029-243-0111 (Mito City Association for the Advancement of Sport)
Wakamiya Citizen Sports Ground	Wakamiya-cho 1103	
Ishikawa Citizen Sports Ground	Hori-cho 2311-1	
Kawawada Citizen Sports Ground	Kawawada-cho 3438-3	
Kamiono Citizen Sports Ground	Yoshinuma-cho 640-1	
Koibuchi Citizen Sports Ground	Koibuchi-cho 4632-1	
Nakazuma Citizen Sports Ground	Ushibushi-cho 114-2	029-259-6889 (Uchihara Health Park)
Uchihara Citizen Sports Ground	Uchihara-cho 1398-1	
Okushi Shell Mound Fureai Park Tennis Court/ Swimming Pool	Shiozaki-cho 1064-1	029-269-4779 (Tsunezumi Training Center)

For further details on sports facilities of Mito city, refer to:

Mito City Association for the Advancement of Sport

<http://www13.ocn.ne.jp/~maas/> (Japanese)

Table 2-6 The Prefecture's Facilities for SPORTS Activities

Facilities	Address	Contact. no
Horihara Sports Park (Ibaraki-ken Budokan)	Shinhara 2-11-1	029-251-8444
Azuma-cho Sports Park	Midori-cho 2-3-10	029-221-0737

Table 2-7 The City's Facilities for CULTURAL Activities

Facilities	Address	Contact. no
Sannomaru Community Center (closed until March 31, 2015)	Sannomaru 1-6-60	029-224-6600
Goken Community Center	Goken-cho 1-2-12	029-226-4156
Shinso Community Center	Shinso 2-11-2	029-221-7851
Joto Community Center	Joto 3-1-47	029-221-9974
Takekuma Community Center	Yanagimachi 2-5-8	029-231-2045
Tokiwa Community Center	Nishihara 1-3-12	029-233-7005
Midorioka Community Center	Migawa-cho 2563	029-243-1020
Kotobuki Community Center	Hirasu-cho 1636	029-241-4011

(cont'd) Table 2-7 The City's Facilities for CULTURAL Activities

Facilities	Address	Contact. no
Kamiono Community Center	Yoshinuma-cho 1765-3	029-221-4994
Yanakawa Community Center	Yanakawa-cho 673-1	029-231-6559
Watari Community Center	Hori-cho 466-7	029-221-3873
Yoshida Community Center	Motoyoshida-cho 1736-5	029-247-2316
Sakado Community Center	Sakado-cho 1374-6	029-248-0024
Ishikawa Community Center	Ishikawa 2-4243	029-252-2989
Iitomi Community Center	Iitomi-cho 4449-8	029-229-7002
Kunita Community Center	Shimokunii-cho 1212-4	029-239-6568
Sakuragawa Community Center	Kawawada-cho 2894-4	029-251-0359
Kaminakazuma Community Center	Otsuka-cho 1157-1	029-251-9402
Yamane Community Center	Mataguma-cho 78-1	029-252-0966
Migawa Community Center	Migawa 2-179-1	029-243-6733
Senba Community Center	Senba-cho 1396-4	029-243-3174
Miwa Community Center	Miwa 2-250-4	029-253-1273
Futabadai Community Center	Futabadai 2-1-5	029-251-3991
Kasahara Community Center	Kasahara-cho 358-5	029-243-3769
Akatsuka Community Center	Kawawada 3-2329-3	029-252-4090
Yoshizawa Community Center	Yoshizawa-cho 243-3	029-247-1989
Horihara Community Center	Shinhara 1-9-16	029-252-2750
Shimoono Community Center	Shimoono-cho 6094-1	029-269-1288
Inari Daiichi Community Center	Okushi-cho 961-1	029-269-2213
Inari Daini Community Center	Kurisaki-cho 1695-4	029-269-1031
Oba Community Center	Oba-cho 2283-1	029-269-1006
Uchihara Chuou Community Center	Uchihara-cho 1395-6	029-259-4044
Uchihara Chuou Community Center, Nakazuma Branch	Odara-cho 1417-1	029-259-4044
Art Tower Mito	Goken-cho 1-6-8	029-227-8111
Municipal Children Center	Mataguma-cho 80-1	029-254-2200

Table 2-8 The Prefecture's Facilities for CULTURAL Activities

Facilities	Address	Contact. no
Prefecture's Lifelong Learning Center, Mito	Sannomaru 1-5-38 (Sannomaru Prefectural Office 3F)	029-228-1313
Ibaraki Culture Center	Higashikubo 697, Senba-cho	029-241-1166
Prefectural Youth Center	Midori-cho 1-1-18	029-226-1388
Ibaraki Welfare Center	Senba-cho 1918	029-244-4545
Sangyo Kaikan Building	Sakuragawa 2-2-35	029-227-7121
Joyo Geibun Center	Sannomaru 1-5-18	029-231-6611



Art Tower Mito

3 Medical Care

3-1 Search for hospitals / clinics

3-1-1 Ibaraki Emergency Medical Information Control Center (24hours)

(1) By telephone (Japanese) 029-241-4199

Inform your NAME, ADDRESS, TEL.NO, SYMPTOMS

↓

The operator will let you know the closest hospital in accordance with your symptoms (excluding dentists)

↓

Make a phone call by yourself to the hospital, and ask if the doctor is available for consultation

↓

Once confirmed, visit the hospital

(2) Through internet

Japanese <http://www.qq.pref.ibaraki.jp/>

English <http://www.qq.pref.ibaraki.jp/WP2501/RP250101BL.do>

Select AREA, TIME, DEPARTMENT, (LANGUAGE*)

↓

A list of hospitals will be displayed

↓

Make a phone call by yourself to the hospital you wish to go to, and ask if the doctor is available for consultation

↓

Once confirmed, visit the hospital

* Language can be selected from English page only

* Refer to Table 3-3 Hospitals/Clinics with doctors who speak Foreign Language from page 42.

3-1-2 In case of critical cases

When under critical situation such as severe injury and seizures, call 119 for an ambulance.

* If you need an interpreter when going to a hospital, consult Ibaraki International Association; the organization may be able to arrange you a medical interpretation volunteer. See 4-10 Consultations on page 164 for contact information.

* When visiting a hospital, make sure to take some cash, health insurance and a registration/reservation card (if any).

* Basically in Japan, you will have to decide yourself which department to visit, based on your symptoms.

Table 3-1 Commonly Used Departments

Department	Body Parts	Example of Symptoms/Illness
Internal Medicine (“naika”)	Internal organs	Cold, abdominal pain, diarrhea/constipation
Orthopedics (“seikei-geka”)	Bones, muscles, joints, tendons	Cut, bone fracture, sprain
Dermatology (“hifuka”)	Skin	Pain/itch/swelling on skin,
Otorhinolaryngology/ENT (“jibika” “jibi-inko-ka”)	Ears, nose, throat	Hay fever, sinus infection, sore throat, earache
Dentistry (“shika”)	Teeth	Toothache, dentures, braces
Ophthalmology (“ganka”)	Eyes	Pain/itch in the eye, lenses
Psychiatry (“seishinka”) Neurology (“shinkeika”)	Mental	Stress, depression, panic disorder
Obstetrics and Gynecology (“sanfujinka”)	Women’s body in general	Menstrual disorder, pregnancy, childbirth
Pediatrics (“shonika”)	Children’s body in general (internal), excluding teeth. Up to about 13 years old.	Children’s cold, abdominal pain, diarrhea/constipation
Pediatrics Surgery (“shoni-geka”)	children’s body (external). Up to about 13 years old.	Children’s injury

3-2 During holidays and evenings

3-2-1 Mito City Emergency Clinic

Address: Kasahara-cho 993-13, Mito city (Community Health Center 2F)

TEL: 029-243-8825 (for dentistry, 029-243-8840)

Table 3-2 Mito City Emergency Clinic

	Holidays	Evenings
Departments available for consultation	Pediatrics, internal medicine, surgery, dentistry	Pediatrics, internal medicine
Open days	Sundays, national holidays, Dec.30 to Jan.3	Every day
Open hours	9am-12am, 1pm-3:30pm (only 1pm-3:30pm on Jan.1)	7:30pm-10:30pm
Precautions	<ul style="list-style-type: none"> • Only first-aid treatment. • For Pediatrics surgery, refer to 3-1-1 Ibaraki Emergency Medical Information Control Center (24hours) on page 40, and search for a hospital. • DO NOT FORGET your health insurance card, or you may have to pay the full fee. • If you have the certification card for マル福 “Marufuku” (Medical Welfare Cost Reduction System), remember to take it with you • Medical fees are to be paid on site <p>* No staff will be available during closed hours.</p>	

* For map and transportation, see 3-7 Community Health Center on page .64

3-2-2 Emergency telephone consultation for mothers (Japanese)

When your child is suddenly sick and you do not what to do, consult here.

3-2-2-a Consultation hours

Weekdays: 6:30pm – 0:30am

Holidays: 9am – 5pm, 6:30pm – 0:30am

3-2-2-b How to consult

- Call 029-254-9900.
(it can also be reached at 8000 from mobile phones or touch-tone telephones)
- Answer your child's name and his/her symptoms.
- The counselor will advise whether the child should be taken to a hospital immediately or stay at home and see if his/her condition will change.

Table 3-3 Hospitals/Clinics with doctors who speak Foreign Language

Proficiency level: (Lv1) good (Lv2) average (Lv1) low

*The list is mainly a highlight of Lv1 hospitals/clinics. Note that there are other places where foreign language can be used.

*For more options of hospitals/clinics, use the website below.

<http://www.qq.pref.ibaraki.jp/WP2501/RP250101BL.do> (English)

◆ ENGLISH ◆

Lev.	Hospital/Clinic	ADD, TEL	Department	Open	Closed	note
Lv1	Mito Kyodo Hospital	Miyamachi 3-2-7 TEL: 029-231-2371	Internal med. Surgery Plastic surgery Rheumatology Urology Ophthalmology Rehabilitation Anesthesiology Respiratory Digestive organs Neurology Orthopedic surgery	8:30-11:00	Sundays, Holidays, 2 nd , 4 th , 5 th Saturdays, Dec29-Jan3	

(cont'd) Table 3-3 Hospitals/Clinics with doctors who speak Foreign Language

Lev.	Hospital/Clinic	ADD, TEL	Department	Open	Closed	note
Lv1	Mito Kyodo Hospital		Neurosurgery Dermatology Gynecology Otorhinolaryngology (ENT) Radiology Dental surgery Cardiology Emergency	8:30-11:00	Sundays, Holidays, 2nd/4th/5th Saturdays, Dec29-Jan3	
Lv1	Kenko-no -mori	Senba-cho 1250 TEL: 029-305-6655	Internal med. Surgery Rheumatology Rehabilitation Radiology Neurology Gastrointestinal Proctology	8:30-12:30 15:00-18:00	Sundays, Wednesdays, Holidays, Aug13-16, Dec29-Jan3	
Lv1	Mito Minamigaoka Byoin	Motoyoshida-cho 1057-1 TEL: 029-248-0373	Internal med. Gastrointestinal Neurology Cardiovascular Cardiology Radiology Pediatrics	8:30-12:15 14:30-17:30	Sundays, Holidays, Dec30-Jan3	
Lv1	Ishii Geka-naika Iin	Senba-cho 1386 TEL: 029-243-0121	Internal med. Surgery Pediatrics Gastrointestinal Anesthesiology Pediatric surgery	8:30-11:45 13:30-17:30	Sundays, Holidays, Dec31-Jan3	

(cont'd) Table 3-3 Hospitals/Clinics with doctors who speak Foreign Language

Lev.	Hospital/Clinic	ADD, TEL	Department	Open	Closed	note
Lv1	Aikawa Naika Byoin	Senba-cho 212 TEL: 029-243-2311	Internal med. Cardiology Neurology Digestive organs Radiology Urology	8:00-12:00 12:00-16:30	Sundays, Holidays, Dec29-Jan3	
Lv1	Suifu Byoin	Akatsuka 1-1 TEL: 029-309-5000	Internal med. Pediatrics Radiology Surgery Orthopedic surgery	8:00-11:00 12:00-15:00	Sundays, Holidays, Aug14, Dec29-Jan3	
Lv1	Kasahara Chuo Clinic	Kasahara-cho 565-7 TEL: 029-244-6011	Internal med. Pediatrics Allergy Gastrointestinal	9:00-12:30 15:00-18:30	Sundays, Holidays, Dec31-Jan3	
Lv1	Ozawa Ganka-naika Byoin	Yoshizawa -cho, 246-6 TEL: 029-246-2111	Internal med. Ophthalmology	8:30-11:30 13:00-17:30	Sundays, Holidays, Aug14&15, Dec29-Jan3	
Lv1	Kameda Naika In	Kitami-cho 8-2 TEL: 029-221-2311	Internal med.	9:00-12:30 14:30-18:00	Sundays, Thursdays, Holidays, Aug12-17, Dec29-Jan3	
Lv1	Matsumoto Clinic	Otsuka-cho 1879-6 TEL: 029-309-6655	Internal med.	9:00-12:00 15:00-17:00	Sundays, Holidays, Dec29-Jan4	
Lv1	Hirano Kodomo Clinic	Nakamaru -cho, Fudaba 333-1 TEL: 029-253-3306	Pediatrics	9:30-12:30 15:00-17:30	Sundays, Wednesdays, Holidays, Aug13-15, Dec30-Jan3	

(cont'd) Table 3-3 Hospitals/Clinics with doctors who speak Foreign Language

Lev.	Hospital/Clinic	ADD, TEL	Department	Open	Closed	note
Lv1	Ueno Sanfujinka Iin	Goken-cho 2-3-7 TEL: 029-221-2513	Obstetrics and Gynecology	8:30-11:30 13:30-17:00	Sundays, Holidays, Dec31-Jan3	
Lv1	Yamamoto Sanfujinka Iin	Miwa 1-299-6 TEL: 029-252-1276	Obstetrics and Gynecology	8:30-12:00 13:00-17:30	Sundays, Holidays, Dec29-Jan3	
Lv1	Hanazawa Jibi-inko-ka	Kawawada -cho, 2894-8 TEL: 029-254-8730	Otorhinolaryngology (ENT)	8:00-12:00 13:30-17:00	Sundays, Holidays, Aug13-15, Dec29-Jan6	
Lv1	Hayashi Seikei-geka Iin	Hamada 2-11-11 TEL: 029-225-5255	Orthopedic surgery	8:00-12:00 14:00-18:00	Sundays, Holidays, Aug13-15, Dec30-Jan3	
Lv1	Otafuku Mono-wasure Clinic	Sakado-cho 4637-2 TEL: 029-291-6211	Psychiatry Neurology	9:00-12:00 14:00-18:00	Mondays, Thursdays, Fridays, Saturdays, Holidays, Dec29-Jan3	by appoint -ment only
Lv1	Iino Shika Iin	Kanemachi 3-1-25 TEL: 029-221-6783	Dentistry Dental surgery Pediatric dentistry	9:00-12:30 14:00-18:30	Sundays, Thursdays, Dec30-Jan3	
Lv1	Iwama Shika Iin	Jonan 1-2-38 TEL: 029-225-4484	Dentistry Orthodontic dentistry Pediatric dentistry	9:00-12:20 14:30-18:50	Sundays, Holidays, Aug13-15, Dec30-Jan3	
Lv1	Oka Shika Iin	Yanagimachi 1-14-3 TEL: 029-227-2928	Dentistry	9:00-11:30 14:00-19:00	Sundays, Holidays, Aug13-16 Dec30-Jan3	

(cont'd) Table 3-3 Hospitals/Clinics with doctors who speak Foreign Language

Lev.	Hospital/ Clinic	ADD, TEL	Department	Open	Closed	note
Lv1	Harmony Dental Clinic	Izumi-cho 1-2-25 (1F) TEL: 029-232-3737	Dentistry	10:00-13:00 15:00-20:00	Sundays, Aug13-16, Dec29-Jan4	
Lv2	Nishimiya Iin	Shinso 2-9-9 TEL: 029-224-5555	Internal med. Surgery Rehabilitation Respiratory Digestive organs Psychosomatic med.	8:30-11:30 14:00-17:30	Sundays, Holidays, Aug13-15, Dec29-Jan4	by appoint -ment only for Psycho- somatic med.
Lv2	Hirose Clinic	Migawa-cho 2352-3 TEL: 029-244-1212	Psychosomatic med. Internal med. Psychiatry	9:00-13:00 14:00-18:00 18:00-20:00	Sundays, Mondays, Jan1-3	by appoint -ment only

◆ CHINESE ◆

Lev.	Hospital/Clinic	ADD, TEL	Department	Open	Closed	note
Lv1	Ozawa Ganka-naika Byoin	Yoshizawa -cho, 246-6 TEL: 029-246-2111	Ophthalmology Internal med.	8:30-11:30 13:00-17:30	Sundays, Holidays, Aug14&15, Dec29-Jan3	
Lv1	Kunii-cho Shinryojo	Shimokunii -cho, 1550-14 TEL: 029-239-6763	Ophthalmology Internal med.	8:30-11:30 14:00-17:30	Thursdays, Holidays, Apr28-May10, Aug10-22, Dec25-Jan7	
Lv2	Kaneko Naika Clinic	Kamimito 1-7-25 TEL: 029-222-5511	Internal med. Allergy Pediatrics Radiology Respiratory	9:00-12:30 14:30-18:00	Wednesdays, Fridays(PM), Holidays, May3-5, Aug12-15, Dec30-Jan3	

(cont'd) Table 3-3 Hospitals/Clinics with doctors who speak Foreign Language

Lev.	Hospital/Clinic	ADD, TEL	Department	Open	Closed	note
Lv2	Kaneko Naika Clinic		Digestive organs Cardiology			
Lv2	Hanazawa Jibi-inko-ka	Kawawada -cho, 2894-8 TEL: 029-254-8730	Otorhinolaryngology (ENT)	8:00-12:00 13:30-17:00	Sundays, Holidays, Aug13-15, Dec29-Jan6	
Lv3	Ohashi Byoin	Migawa-cho 2131-1560 TEL: 029-240-3300	Internal med. Surgery Ophthalmology Gastrointestinal surgery Proctological surgery	8:00-11:30 14:00-17:30	Sundays, Holidays, Dec30-Jan3	
Lv3	Komatsuzaki Sanfujinka	Honcho 1-6-20 TEL: 029-221-2645	Obstetrics and Gynecology	9:00-12:00 14:30-17:30	Sundays, Holidays, Aug13-15, Dec29-Jan3	
Lv3	Suzuki Sanfujinka	Higashidai 1-10-19 TEL: 029-221-3932	Obstetrics and Gynecology	9:00-12:00 14:00-17:30	Sundays, Holidays, Aug13-15, Dec31-Jan3	

◆KOREAN◆

Lev.	Hospital/Clinic	ADD, TEL	Department	Open	Closed	note
Lv2	Aiwa Shika Iin	Kasahara -cho, 1029-2 TEL: 029-305-1115	Dentistry Pediatric dentistry	9:30-18:30	Sundays(PM), Holidays, Dec30-Jan4	
Lv3	Ohashi Byoin	Migawa-cho 2131-1560 TEL: 029-240-3300	Internal med. Surgery Ophthalmology Gastrointestinal Gastrointestinal surgery	8:00-11:30 14:00-17:30	Sundays, Holidays, Dec30-Jan3	

(cont'd) Table 3-3 Hospitals/Clinics with doctors who speak Foreign Language

Lev.	Hospital/Clinic	ADD, TEL	Department	Open	Closed	note
Lv3	Ohashi Byoin		Proctology Proctological surgery			
Lv3	Minakawa Iin	Kasahara -cho, 995-102 TEL: 029-243-5521	Internal med. Surgery Digestive organs Dermatology Allergy Radiology Proctology	8:30-12:20 14:00-16:45	Sundays, Holidays, Aug14-16, Dec30-Jan4	
Lv3	Komatsuzaki Sanfujinka	Honcho 1-6-20 TEL: 029-221-2645	Obstetrics and Gynecology	9:00-12:00 14:30-17:30	Sundays, Holidays, Aug13-15, Dec29-Jan3	
Lv3	Suzuki Sanfujinka	Higashidai 1-10-19 TEL: 029-221-3932	Obstetrics and Gynecology	9:00-12:00 14:00-17:30	Sundays, Holidays, Aug13-15, Dec31-Jan3	

◆TAGALOG◆

Lev.	Hospital/Clinic	ADD, TEL	Department	Open	Closed	note
Lv2	Iino Shika Iin	Kanemachi 3-1-25 TEL: 029-221-6783	Dentistry Dental surgery Pediatric dentistry	9:00-12:30 14:00-18:30	Sundays, Thursdays, Dec30-Jan3	
Lv3	Ohashi Byoin	Migawa-cho 2131-1560 TEL: 029-240-3300	Internal med. Surgery Ophthalmology Gastrointesinal surgery Gastrointestinal Proctological surgery Proctology	8:00-11:30 14:00-17:30	Sundays, Holidays, Dec30-Jan3	

(cont'd) Table 3-3 Hospitals/Clinics with doctors who speak Foreign Language

Lev.	Hospital/Clinic	ADD, TEL	Department	Open	Closed	note
Lv3	Komatsuzaki Sanfujinka	Honcho 1-6-20 TEL: 029-221-2645	Obstetrics and Gynecology	9:00-12:00 14:30-17:30	Sundays, Holidays, Aug13-15, Dec29-Jan3	
	Suzuki Sanfujinka	Higashidai 1-10-19 TEL: 029-221-3932	Obstetrics and Gynecology	9:00-12:00 14:00-17:30	Sundays, Holidays, Aug13-15, Dec31-Jan3	

◆THAI◆

Lev.	Hospital/Clinic	ADD, TEL	Department	Open	Closed	note
Lv3	Ohashi Byoin	Migawa-cho 2131-1560 TEL: 029-240-3300	Internal med. Surgery Ophthalmology Gastrointestinal Gastrointestinal surgery Proctology Proctological surgery	8:00-11:30 14:00-17:30	Sundays, Holidays, Dec30-Jan3	
	Komatsuzaki Sanfujinka	Honcho 1-6-20 TEL: 029-221-2645	Obstetrics and Gynecology	9:00-12:00 14:30-17:30	Sundays, Holidays, Aug13-15, Dec29-Jan3	
	Suzuki Sanfujinka	Higashidai 1-10-19 TEL: 029-221-3932	Obstetrics and Gynecology	9:00-12:00 14:00-17:30	Sundays, Holidays, Aug13-15, Dec31-Jan3	

(cont'd) Table 3-3 Hospitals/Clinics with doctors who speak Foreign Language

◆INDONESIAN◆

Lev.	Hospital/Clinic	ADD, TEL	Department	Open	Closed	note
Lv3	Ohashi Byoin	Migawa-cho 2131-1560 TEL: 029-240-3300	Internal med. Surgery Ophthalmology Gastrointestinal Gastrointestinal surgery Proctology Proctological surgery	8:00-11:30 14:00-17:30	Sundays, Holidays, Dec30-Jan3	
Lv3	Komatsuzaki Sanfujinka	Honcho 1-6-20 TEL: 029-221-2645	Obstetrics and Gynecology	9:00-12:00 14:30-17:30	Sundays, Holidays, Aug13-15, Dec29-Jan3	
Lv3	Suzuki Sanfujinka	Higashidai 1-10-19 TEL: 029-221-3932	Obstetrics and Gynecology	9:00-12:00 14:00-17:30	Sundays, Holidays, Aug13-15, Dec31-Jan3	

◆SPANISH◆

Lev.	Hospital/Clinic	ADD, TEL	Department	Open	Closed	note
Lv2	Aikawa Naika Byoin	Senba-cho 212 TEL: 029-243-2311	Internal med. Cardiology Neurology Digestive organs Radiology Urology	8:00-12:00 12:00-16:30	Sundays, Holidays, Dec29-Jan3	
Lv2	Kawakami Iin	Kawawada-cho, Takanotsubo 862 TEL: 029-255-3791	Internal med. Neurology	8:30-11:30 13:30-17:00	Sundays, Holidays, Aug13-15, Dec30-Jan3	

(cont'd) Table 3-3 Hospitals/Clinics with doctors who speak Foreign Language

Lev.	Hospital/Clinic	ADD, TEL	Department	Open	Closed	note
Lv3	Ohashi Byoin	Migawa-cho 2131-1560 TEL: 029-240-3300	Internal med. Surgery Ophthalmology Gastrointestinal Gastrointestinal surgery Proctology Proctological surgery	8:00-11:30 14:00-17:30	Sundays, Holidays, Dec30-Jan3	
	Komatsuzaki Sanfujinka	Honcho 1-6-20 TEL: 029-221-2645	Obstetrics and Gynecology	9:00-12:00 14:30-17:30	Sundays, Holidays, Aug13-15, Dec29-Jan3	
	Suzuki Sanfujinka	Higashidai 1-10-19 TEL: 029-221-3932	Obstetrics and Gynecology	9:00-12:00 14:00-17:30	Sundays, Holidays, Aug13-15, Dec31-Jan3	

◆ GERMAN ◆

Lev.	Hospital/Clinic	ADD, TEL	Department	Open	Closed	note
Lv2	Kawakami Iin	Kawawada-cho, Takanotsubo 862 TEL: 029-255-3791	Internal med. Neurology	8:30-11:30 13:30-17:00	Sundays, Holidays, Aug13-15, Dec30-Jan3	
Lv2	Takahashi Naika Iin	Hakamatsuka 3-3-48 TEL: 029-221-7731	Internal med.	9:00-12:00 14:00-17:00	Sundays, Holidays, Aug13-15, Dec29-Jan4	
Lv2	Naika Ishikawa Iin	Midori-cho 1-8-21 TEL: 029-233-2236	Internal med.	9:00-12:00 14:00-17:30	Sundays, Holidays, Aug13-15, Dec29-Jan4	

(cont'd) Table 3-3 Hospitals/Clinics with doctors who speak Foreign Language

Lev.	Hospital/Clinic	ADD, TEL	Department	Open	Closed	note
Lv3	Ohashi Byoin	Migawa-cho 2131-1560 TEL: 029-240-3300	Internal med. Surgery Ophthalmology Gastrointestinal Gastrointestinal surgery Proctology Proctological surgery	8:00-11:30 14:00-17:30	Sundays, Holidays, Dec30-Jan3	
Lv3	Minakawa Iin	Kasahara -cho, 995-102 TEL: 029-243-5521	Internal med. Surgery Digestive organs Dermatology Allergy Radiology Proctology	8:30-12:20 14:00-16:45	Sundays, Holidays, Aug14-16, Dec30-Jan4	
Lv3	Naito Clinic	Bunkyo 2-2-34 TEL: 029-225-9040	Internal med. Psychiatry Neurology Psychosomatic med.	8:00-11:30 14:00-16:00	Sundays, Holidays, Aug14&15, Dec30-Jan3	
Lv3	Aoki Clinic	Ishikawa 3-4121-15 TEL: 029-255-1971	Internal med. Urology Dermatology	9:00-12:15 15:00-18:30	Saturdays, Sundays, Holidays	
Lv3	Ozawa Ganka-naika Byoin	Yoshizawa-cho 246-6 TEL: 029-246-2111	Internal med. Ophthalmology	8:30-11:30 13:00-17:30	Sundays, Holidays, Aug14&15, Dec29-Jan3	
	Komatsuzaki Sanfujinka	Honcho 1-6-20 TEL: 029-221-2645	Obstetrics and Gynecology	9:00-12:00 14:30-17:30	Sundays, Holidays, Aug13-15, Dec29-Jan3	

(cont'd) Table 3-3 Hospitals/Clinics with doctors who speak Foreign Language

Lev.	Hospital/Clinic	ADD, TEL	Department	Open	Closed	note
Lv3	Suzuki Sanfujinka	Higashidai 1-10-19 TEL: 029-221-3932	Obstetrics and Gynecology	9:00-12:00 14:00-17:30	Sundays, Holidays, Aug13-15, Dec31-Jan3	

◆FRENCH◆

Lev.	Hospital/Clinic	ADD, TEL	Department	Open	Closed	note
Lv2	Iwama -tokado Clinic	Izumi-cho 3-1-30 TEL: 029-300-7110	Internal med. Digestive organs Dermatology	8:00-11:30 13:30-18:00	Sundays, Holidays, Dec30-Jan3	
Lv2	Iguchi Hifuka Clinic	Sakado-cho Shimosenzoku 1571-1 TEL: 029-297-8863	Dermatology Plastic surgery	8:30-11:30 15:00-18:00	Sundays, Holidays, Aug13-15, Dec29-Jan3	
Lv3	Ohashi Byoin	Migawa-cho 2131-1560 TEL: 029-240-3300	Internal med. Surgery Ophthalmology Gastrointestinal Gastrointestinal surgery Proctology Proctological surgery	8:00-11:30 14:00-17:30	Sundays, Holidays, Dec30-Jan3	
	Komatsuzaki Sanfujinka	Honcho 1-6-20 TEL: 029-221-2645	Obstetrics and Gynecology	9:00-12:00 14:30-17:30	Sundays, Holidays, Aug13-15, Dec29-Jan3	
	Suzuki Sanfujinka	Higashidai 1-10-19 TEL: 029-221-3932	Obstetrics and Gynecology	9:00-12:00 14:00-17:30	Sundays, Holidays, Aug13-15, Dec31-Jan3	

(cont'd) Table 3-3 Hospitals/Clinics with doctors who speak Foreign Language

◆RUSSIAN◆

Lev.	Hospital/Clinic	ADD, TEL	Department	Open	Closed	note
Lv3	Ohashi Byoin	Migawa-cho 2131-1560 TEL: 029-240-3300	Internal med. Surgery Ophthalmology Gastrointestinal Gastrointestinal surgery Proctology Proctological surgery	8:00-11:30 14:00-17:30	Sundays, Holidays, Dec30-Jan3	
	Ozawa Ganka-naika Byoin	Yoshizawa -cho, 246-6 TEL: 029-246-2111	Internal med. Ophthalmology	8:30-11:30 13:00-17:00	Sundays, Holidays, Aug14&15, Dec29-Jan3	
	Komatsuzaki Sanfujinka	Honcho 1-6-20 TEL: 029-221-2645	Obstetrics and Gynecology	9:00-12:00 14:30-17:30	Sundays, Holidays, Aug13-15, Dec29-Jan3	
	Suzuki Sanfujinka	Higashidai 1-10-19 TEL: 029-221-3932	Obstetrics and Gynecology	9:00-12:00 14:00-17:30	Sundays, Holidays, Aug13-15, Dec31-Jan3	

◆ITALIAN◆

Lev.	Hospital/Clinic	ADD, TEL	Department	Open	Closed	note
Lv3	Ohashi Byoin	Migawa-cho 2131-1560 TEL: 029-240-3300	Internal med. Surgery Ophthalmology Gastrointestinal Gastrointestinal surgery Proctology Proctological surgery	8:00-11:30 14:00-17:30	Sundays, Holidays, Dec30-Jan3	

(cont'd) Table 3-3 Hospitals/Clinics with doctors who speak Foreign Language

Lev.	Hospital/Clinic	ADD, TEL	Department	Open	Closed	note
Lv3	Komatsuzaki Sanfujinka	Honcho 1-6-20 TEL: 029-221-2645	Obstetrics and Gynecology	9:00-12:00 14:30-17:30	Sundays, Holidays, Aug13-15, Dec29-Jan3	
	Suzuki Sanfujinka	Higashidai 1-10-19 TEL: 029-221-3932	Obstetrics and Gynecology	9:00-12:00 14:00-17:30	Sundays, Holidays, Aug13-15, Dec31-Jan3	

◆PORTUGUESE◆

Lev.	Hospital/Clinic	ADD, TEL	Department	Open	Closed	note
Lv3	Ohashi Byoin	Migawa-cho 2131-1560 TEL: 029-240-3300	Internal med. Surgery Ophthalmology Gastrointestinal Gastrointestinal surgery Proctology Proctological surgery	8:00-11:30 14:00-17:30	Sundays, Holidays, Dec30-Jan3	
	Komatsuzaki Sanfujinka	Honcho 1-6-20 TEL: 029-221-2645	Obstetrics and Gynecology	9:00-12:00 14:30-17:30	Sundays, Holidays, Aug13-15, Dec29-Jan3	
	Suzuki Sanfujinka	Higashidai 1-10-19 TEL: 029-221-3932	Obstetrics and Gynecology	9:00-12:00 14:00-17:30	Sundays, Holidays, Aug13-15, Dec31-Jan3	

3-3 Pregnancy and giving birth**3-3-1 When you are pregnant****(1) Submit the document**

When your pregnancy is confirmed at a clinic, you will receive a form called “ninshin todokede-sho” (妊娠届出書). Be sure to fill in the form and submit it to Community Health Center (see 3-7 Community Health Center on page 64). You will then receive the items below.

- ① **Maternal handbook (“boshi kenko techo” or simply “boshi techo”)**
- ② **14 Prenatal Care tickets (“ninpu ippan kenko shinsa” or simply “ninpu kenshin”)**
- ③ **2 Infant Check-up tickets (“nyuji ippan kenko shinsa” or simply “nyuji kenshin”)**

(2) Apply for Medical Welfare Cost Reduction System

(医療福祉費支給制度 “iryō fukushi-hi shikyū seido” or マル福 “marufuku”)

“Marufuku” is a system in which the city covers a portion of medical fee. Any pregnant woman who have health insurance is covered by the system. Make sure you apply at the following place.

Mito City Sannomaru Office, 国保年金課 “kokuho-nenkinka” section (page 152)

TEL: 029-232-9166, ADD: Sannomaru 1-5-48, Sannomaru Office 1F

(application can also be made at branch offices in Akatsuka, Tsunozumi and Uchihara)

3-3-2 While you are pregnant

(1) Prenatal Care (“ninpu kenshin”)

To make sure you and your baby is in good health, it is highly recommended that you receive prenatal care regularly. Prenatal care is not covered by health insurances, so the city provides you with 14 tickets that will pay for a portion of the fee.

(2) Prenatal Dental Care (“ninpu shika-kenshin”)(FREE)

Being pregnant and giving birth can make you prone to cavities and gum diseases. It is advised that you receive dental care at Community Health Center (see 3-7 Community Health Center on page 64) when in stable condition. Make sure to make an appointment in advance. (TEL: 029-243-7311)

(3) Hello Baby Class

This is a class for expectant mothers and fathers that will teach about childbirth and nursing, for free. It is only for those who are having a baby for the first time. The class can be taken at Community Health Center (see 3-7 Community Health Center on page 64). Make sure to make a reservation in advance. (TEL: 029-243-7311)

(4) Delivery expense

Health insurances do not cover delivery expense, so it usually costs around 350,000 yen to 500,000 yen.

※Lump-sum Birth Allowance (“shussan-ikuji, ichijikin”)

A lump-sum of 420,000 yen/child will be paid directly to the hospital, so that expectant parents will not have to prepare large sum of money prior to delivery. Note that there could be changes in the amount of allowance.

3-3-3 After giving birth

Be sure to complete the procedures below by specified deadlines. Required procedures could differ among individuals; you should confirm the detail in advance.

(1) Submit Birth Notification form (出生届 “-shussho todoke”) within 14 days of birth-

- ① If you and your spouse are both non-Japanese, submit the form to the city office that administers the location of delivery.
- ② If you or your spouse is Japanese, it can be submitted to the city office that administers the Japanese parent’s address, domicile of origin or location of delivery.

※Items you will need = a filled-in Birth Notification form, Birth Certificate (出生証明書 “shussho shomeisho”), personal seal, maternal handbook, health insurance card, Residence Card, passport.

※If the child is of a foreign nationality, you must acquire the Certificate of Acceptance of Birth Notification (出生届受理証明書 “shussho todoke juri shomeisho”), which will become necessary when applying for the child’s resident status. This certificate is issued at the city office for a fee.

Mito City Sannomaru Office, 市民課 “shimin-ka” section (page 152)
TEL: 029-232-9156, ADD: Sannomaru 1-5-48, Sannomaru Office 1F

(2) Apply for Child Allowance (児童手当 “jido teate”)

A Child Allowance is given to those who are raising a child of up to junior high 3rd year. Apply ASAP after birth, because the later you apply, the less you will receive.

Mito City Sannomaru Office, 子ども課 “kodomoka” section (page 153)
TEL: 029-232-9176, ADD: Sannomaru 1-5-48, Sannomaru Office 2F
(application can also be made at branch offices in Akatsuka, Tsunozumi and Uchihara)

(3) Apply for Medical Welfare Cost Reduction System

(医療福祉費支給制度 “iryō fukushi-hi shikyū seido” or マル福 “marufuku”)

“Marufuku” is a system in which the city covers a portion of medical fee. Every child of up to junior high 3rd year is covered by the system. Make sure you apply at the following place.

Mito City Sannomaru Office, 国保年金課 “kokuho-nenkinka” section (page 152)
TEL: 029-232-9166, ADD: Sannomaru 1-5-48, Sannomaru Office 1F
(application can also be made at branch offices in Akatsuka, Tsunozumi and Uchihara)

(4) Apply for the child's health insurance within 14 days of birth

If the guardian is covered by his/her workplace's health insurance or mutual aid association, apply at the workplace.

If the guardian is covered by National Health Insurance, apply at the following:

Mito City Sannomaru Office, 国保年金課 “kokuho-nenkinka” section (page 152)
TEL: 029-232-9166, ADD: Sannomaru 1-5-48, Sannomaru Office 1F
(application can also be made at branch offices in Akatsuka, Tsunozumi and Uchihara)

If the child is of a foreign nationality, you must do the following:

- Visit the Immigration Bureau (see 4-1-1 Immigration Bureau on page 65) within 30 days of birth to gain the child's resident status.
- Submit Certificate of Acceptance of Birth Notification (出生届受理証明書 “shussho todoke juri shomeisho”) to the country's embassy/consulate in Japan, and acquire a passport. For details, contact the embassy/consulate.

3-3-4 Health of your newborn child

(1) Health check-up

Health check-up is important to see if the child is growing up healthy without any disease. It also provides parents with an opportunity to ask about issues on child raising. Make sure to take the maternal handbook with you.

Table 3-4 Health check-up for babies

Age	Name of check-ups	Place	Announcements
1 month old	None	hospital of delivery	None
3 to 6 months old	乳児一般健康診査 “nyuji ippan kenko shinsa” (Infant Check-up)	clinics/hospitals	None (make appointment by yourself)
7 months old	7 か月児健康診査 “nanakagetsu-ji kenko shinsa”	Community Health Center	issued to individuals by the city
9 to 11 months old	乳児一般健康診査 “nyuji ippan kenko shinsa” (Infant Check-up)	clinics/hospitals	None (make appointment by yourself)
1 yr 6 months old	1 歳 6 か月児健康診査 “issai rokkagetsu kenko shinsa”	Community Health Center	issued to individuals by the city
2 yrs old	2 歳児 歯科健康診査 “nisai-ji shika kenko shinsa” (Dental check-up)	Community Health Center	issued to individuals by the city
3 yrs old	3 歳児健康診査 “sansai-ji kenko shinsa”	Community Health Center	issued to individuals by the city

※The tickets that were given to you along with the maternity handbook will allow free Infant Check-ups (3 to 6 months old, 9 to 11 months old).

(2) Vaccinations

Vaccination is important in building resistance against diseases; some diseases can cause death when babies become infected. Below are the two types of vaccination.

① **Routine Vaccination (FREE):** recommended by the Japanese government.

DPT-IPV (Diphtheria, Pertussis, Tetanus, and acute Poliomyelitis), BCG, MR, PCV, Hib, Japanese Encephalitis.

② **Voluntary Vaccination (CHARGED)**

Mumps, Chickenpox, Flu, etc.

※Children within a specified age range can have Routine Vaccination for free. Consult a doctor and make vaccination plans for your child.

※You will receive free tickets (予防接種券 “yobo sesshu-ken”) within about a month from your child’s birth.

※Information above is subject to change; please check for updates when planning.

3-3-5 Parenting classes for mother and child

For info: call Community Health Center (see 3-7 Community Health Center on page 64).

(1) めだか教室 (“Medaka Kyoshitsu”)

This is a class for mothers with a baby of around 3 to 4 months old and are raising a child for the first time. Exchange information and communicate with other mothers!

(2) トライ 離乳食 教室 (“Try Rinyushoku Kyoshitsu”)

This is where parents with a baby of up to 5 months old can learn all about baby food: nutritional balance, ways to start them, and how to cook. It also provides you the opportunity to actually taste baby food.

3-3-6 Consultations on child rearing

For info: call Community Health Center (see 3-7 Community Health Center on page 64).

(1) 新生児訪問 (“shinseiji homon”)

This is a home-visit service by midwives, for those who are having a baby for the first time. This is for parents with a baby of up to 40 days old. The midwife will conduct the baby’s body measurements and give advice on child rearing.

(2) こんにちは赤ちゃん訪問 (“konnichiwa akachan homon”)

This is a home-visit service by experienced parents in the area, for those who have a baby of up to 4 months old and want to seek advice. (excludes those who used “Shinseiji Homon” service)

(3) 育児相談 (“ikuji sodan”)

This is a consultation service for those who wish to have advice from a health nurse on your baby’s nutritional condition, dental health and about child rearing in general. Body measurement is also included.

INQUIRIES regarding section 3-3-4~3-3-6

Community Health Center (see 3-7 Community Health Center on page 64).

3-4 Medical Insurance

Japan has a public medical insurance system in which, by paying your premium, you will only need to pay for 30% in case of treatments and surgeries. Anyone living in Japan including foreign residents must join public medical insurance. There are also medical insurances operated by private companies.

3-4-1 Public medical insurances

When you join public medical insurance, you will be given an insurance card. Make sure you always present the card at hospitals/clinics. Below are types of public medical insurance.

(1) Health insurance (健康保険 “kenko hoken”)

Table 3-5 Health Insurance

Applies to:	Those who work for a company (business establishment). <ul style="list-style-type: none"> • Some may be excluded depending on age or employment terms. • If the company does not implement health insurance system, you must join (2) National Health Insurance.
Percentage you pay for medical fees	30%
Premium	Usually deducted from salaries/bonuses. <ul style="list-style-type: none"> • The amount is calculated based on your salary, and half is paid by the company.
Inquiries	Administration office at workplace.

(2) National Health Insurance (国民健康保険 “kokumin kenko hoken”)

Table 3-6 National Health Insurance

Applies to:	Those who are not covered by (1) Health insurance or (2) National Health Insurance.
Percentage you pay for medical fees	10% to 30% (depends on factors such as age)
Premium	A payment slip will be sent to your home. Use the slip to pay at a nearby bank or convenience store. <ul style="list-style-type: none"> • The amount is calculated based on factors such as last year’s income and number of people in your household. It is to be paid in 8 installments. • You can also set up an automatic withdrawal.
Inquiries	Mito City Sannomaru Office, 国保年金課 “kokuho-nenkinka” section (page 152). TEL: 029-232-9526, ADD: Sannomaru 1-5-48, Sannomaru Office 1F

(3) Medical care system for elderlies aged 75 and over

(後期高齢者医療保険 “koki koreisha iryo hoken”)

Table 3-7 Medical care system for elderlies aged 75 and over

Applies to:	Those aged 75 and above (65 and above if physically challenged to a certain extent) • After reaching this age, your health insurance as in (1) or (2) will be switched to this insurance.
Percentage you pay for medical fees	10%
Premium	Usually deducted from pension. • The amount is calculated based on last year’s income. It is to be paid in 6 installments. • If using a payment slip, it is to be paid in 8 installments. You can also set up an automatic withdrawal.
Inquiries	Mito City Sannomaru Office, 国保年金課 “kokuho-nenkinka” section (page 152). TEL: 029-232-9528 ADD: Sannomaru 1-5-48, Sannomaru Office 1F

※Medical Welfare Cost Reduction System

(医療福祉費支給制度 “iryō fukushi-hi shikyu seido” or マル福 “marufuku”)

The following individuals who are covered by either (1) (2) or (3) will benefit from this system in which a portion of medical fee will be paid by the city.

- **Pregnant women** (3-3-1 When you are pregnant on page 55)
- **Children of up to junior high 3rd year** (3-3-3 After giving birth on page 57)
- **Single parent family**
- **Severely physically challenged**

Mito City Sannomaru Office, 国保年金課 “kokuho-nenkinka” section (page 152).
TEL: 029-232-9527, ADD: Sannomaru 1-5-48, Sannomaru Office 1F

3-4-2 Private medical insurances

The difference between public and private medical insurance is that private insurances do not cover medical fees; instead it will cover hospitalization cost for certain period of time. Details of the insurance vary between companies. There are also insurances that support patients with particular diseases such as cancer.

3-5 Health check-up

Table 3-8 Types of check-ups

Name	Tests	Age
リフレッシュ健康診査 “refresh kenko shinsa” (general)	Consultation, body measurement, blood-pressure check, urine/blood/cholesterol/anemia test	18 to 39
肺がん検診 “haigan kenshin” (lung cancer)	Chest X-ray	40 and above
結核健診 “kekkaku kenshin” (tuberculosis)	Chest X-ray	65 and above (includes those turning 65 during the current fiscal year)
肝炎ウイルス検診 “kan-en virus kenshin” (hepatitis virus)	Blood test (only for those who have not had this test for the past 11 years)	40 and above (includes those turning 40 during the current fiscal year)
前立腺がん検診 “zenristusen gan kenshin” (prostate cancer)	Blood test	Men of 50 and above
大腸がん検診 “daicho gan kenshin” (colorectal cancer)	Stool test, reaction test	40 and above
胃がん検診 “igan kenshin” (stomach cancer)	Barium test, gastroscopy test	40 and above
乳がん検診 “nyugan kenshin” (breast cancer)	Ultrasound scanning	Women of 30 to 65
子宮がん検診 “shikyu gan kenshin” (uterus cancer)	Cytoscreening	Women of 20 and above
骨粗しょう症検診 “kotsu-sosho-sho kenshin” (osteoporosis)	Ultrasound scanning	Women of 18 and above

(1) Check-up tickets (水戸市がん検診等受診券 “mitoshi gan-kenshin-to jushinken”)

Every year around June, tickets are sent to individuals of certain age who are registered to the city as of May 1st (see 4-1-2-a Basic Resident Register and Residence Record on page 68). For inquiries, please call Community Health Center (see 3-7 Community Health Center on page 64).

(2) Venue

① Community Health Center, local community centers (group check-up)

Date and time is specified. Please check in advance. It may require reservation.

Inquiries: Community Health Center (see 3-7 Community Health Center on page 64).

② Nearby hospitals (individual check-up)

For details, make sure you inquire at hospital in advance.

※Do not forget to take with you your health insurance card (and check-up ticket, if any).

※Each check-up can be taken only once per fiscal year (April to March).

※If you need an interpreter upon visiting the hospital, consult Ibaraki International Association; the organization may be able to arrange you a medical interpretation volunteer. See 4-10 Consultations on page 164 for contact information.

3-6 Influenza

The influenza season in Japan is around December to March.

3-6-1 Infection

Influenza virus is transmitted via sneezing and coughing of an infected person. It can also be transmitted through commonly touched surfaces such as knobs and light switches.

3-6-2 Prevention

- Wash your hands neatly and gargle well after being outdoors.
- Wear masks.
- Keep the rooms moist. (Moisturizers are recommended)
- Eat a nutritious diet and take enough rest.
- Avoid being in a crowd.
- Get yourself vaccinated.

※It will take approximately 2 weeks for the vaccine to take effect, so it is advised that you have the shot around October and November (before influenza season).

※Fee for the shots vary between hospitals.

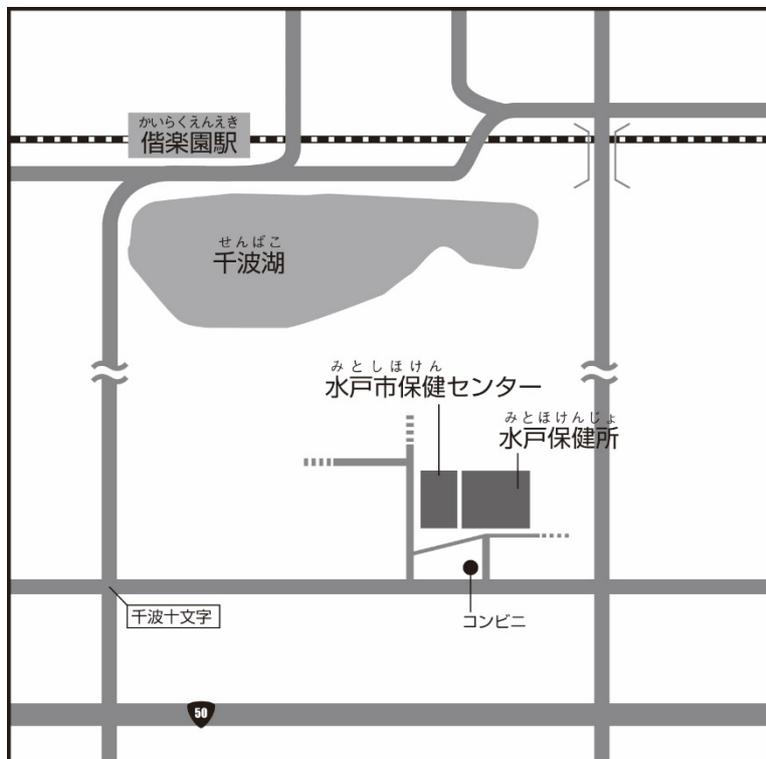
※Vaccination tickets will be sent to homes with children aged between 1 to 13 and elderlies aged 65 and above (October). This is sent from the city and will allow low cost vaccination.

3-7 Community Health Center

ADD. Kasahara-cho 993-13, Mito city

TEL. 029-243-7311

Map 3-1 Community Health Center



※ By taxi : 15 mins. ride from Mito station

※ By bus : Take the bus for 水戸医療センター(“Mito Iryo Center”) from Mito station north exit, bus terminal #6. Get off at 水戸医療センター(“Mito Iryo Center”).

OR

Take the bus for 千波循環 払沢経由(“Senba Junkan Haraizawa Keiyu”) or 千波循環 本郷経由(“Senba Junkan Hongo Keiyu”) from Mito station north exit, bus terminal #8. Get off at メディカルセンター(“Medical Center”).



Kodokan

4 Daily Life

4-1 Public administration

4-1-1 Immigration Bureau

Foreign nationals entering Japan will go through immigration examination at the port of entry. When permission is granted, a seal of landing verification will be stamped in the passport. The seal will show your **resident status** and **permitted duration of stay**.

Medium to Long Term Residents will be issued a **Residence Card**.



- Persons whose resident status is OTHER THAN “Diplomat” and “Official”.
- Persons granted permission to stay for more than 3 months.
- Persons who are NOT Special Permanent Residents.

Residence Card

- If your address is not printed in the card, you must file a notification of address at the following:

Mito City Sannomaru Office

市民課 “shimin-ka” section (page 152)

TEL: 029-232-9156 ADD: Sannomaru 1-5-48, Sannomaru Office 1F

- **Residence Card must be carried around with you at all times.**

In cases such as listed below, an application must be submitted to the Immigration Bureau during the permitted stay.

Table 4-1 Examples of Applications at the Immigration Bureau

Application for:	Must be submitted when:
Extension of Period of Stay	a foreign national wishes to remain in Japan longer than his/her period of stay, and continue the activity authorized under his/her status of residence.
Change of Status of Residence	a foreign national wishes to cease his/her present activity authorized under his/her status of residence, and engage in an altogether new activity that falls under a different status of residence.
Permission to Engage in Activity other than that Permitted under the Status of Residence Previously Granted	a foreign national wishes to engage in a temporary or secondary activity which does not fall under his/her status of residence.
Re-entry Permit	a foreign national who resides in Japan wishes to leave Japan with an intension of re-entering Japan before his/her period of stay expires. (However, if s/he is returning within 1 year AND within the permitted period of stay, a Special Re-entry Permit will be given without any applications being made.) Exceptions: those with Temporary Visitor status and those whose period of stay is 3 months or less.
Permission to Acquire Status of Residence	a foreign national who was born in Japan or who has renounced his/her Japanese nationality wishes to stay in Japan as a foreign national.

(continues)

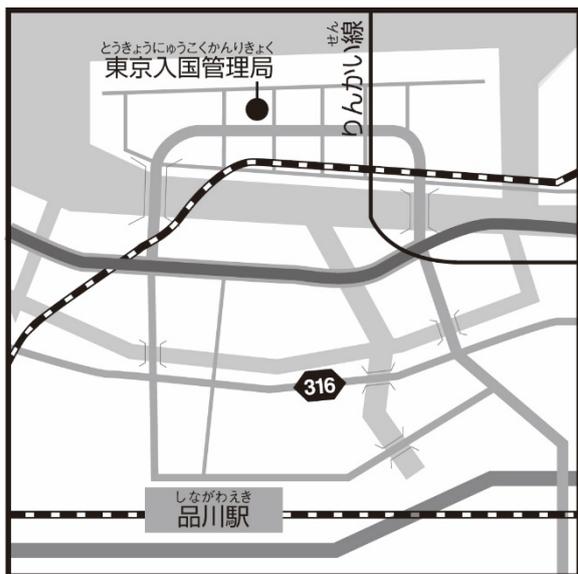
(cont'd) Table 4-1 Examples of Applications at the Immigration Bureau

Application for:	Must be submitted when:
Permanent Residence	a foreign national wishes to change his/her status of residence to Permanent Residence and stay in Japan permanently.
Others	<ul style="list-style-type: none"> • there is a change in name/gender/nationality/region (ex. when married) • transferring to a different organization (workplace, school) • the organization to which one belongs have changed its name or location • the contract with the organization to which one belongs came to an end or was renewed (applies to those who have employment status or learning status) • having lost a spouse due to divorce or his/her death (applies to those who reside in Japan with a spouse visa) • the Residence Card is lost, stolen, severely damaged or defaced

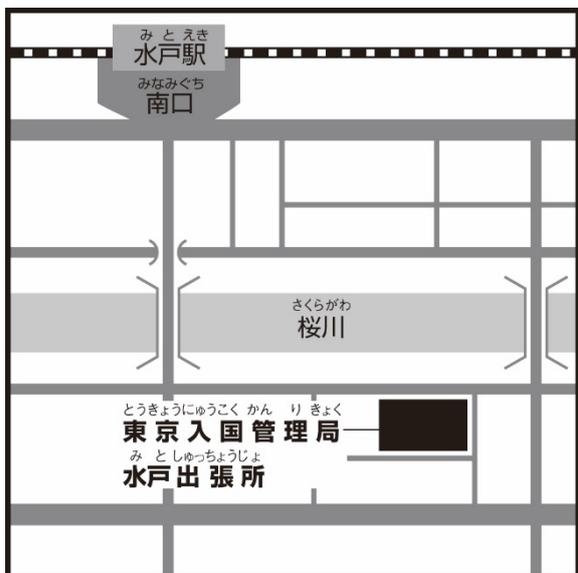
Table 4-2 Immigration Bureaus

Name	Location	TEL.
Tokyo Regional Immigration Bureau	〒108-8255 Konan 5-5-30, Minato ward, Tokyo	03-5796-7111
(Mito Branch Office)	〒310-0803 Jonan 2-9-12, Mito city, Ibaraki (Daisan Prince Bldg. 1F)	029-300-3601
(Narita Airport District Immigration Office)	〒282-0004 Furugome 1-1, Narita city, Chiba (Narita Airport Second Terminal Bldg. 6F)	0476-34-2222
(Haneda Airport District Immigration Office)	〒144-0041 Haneda Kuko 2-6-4, Ota ward, Tokyo (Haneda Airport CIQ Bldg.)	03-5708-3202

Map 4-1 Tokyo Regional Immigration Bureau



Map 4-2 Tokyo Regional Immigration Bureau (Mito Branch Office)



(1) Inquiries regarding entry and status

Information Center

Weekdays 8:30am-5:15pm

TEL : 0570-013904 (from IP, PHS or abroad : 03-5796-7112)

(closed on Saturdays, Sundays, Holidays and year-ends/ new years)

Language available: English, Chinese, Korean, Spanish, etc.

(2) Residency Management System (Immigration Bureau of Japan home page)

Japanese : http://www.immi-moj.go.jp/newimmiact_1/index.html
English : http://www.immi-moj.go.jp/newimmiact_1/en/index.html
Chinese (simplified) : http://www.immi-moj.go.jp/newimmiact_1/zh-CN/index.html
Chinese (traditional) : http://www.immi-moj.go.jp/newimmiact_1/zh-TW/index.html
Korean : http://www.immi-moj.go.jp/newimmiact_1/ko/index.html
Spanish : http://www.immi-moj.go.jp/newimmiact_1/es/index.html
Portuguese : http://www.immi-moj.go.jp/newimmiact_1/pt/index.html

(3) About Residence Card (Immigration Bureau of Japan home page)

http://www.immi-moj.go.jp/newimmiact_1/index.html

(Japanese, English, Chinese, Korean, Arabic, Bengali, Burmese, Cambodian, Tagalog, French, German, Hindi, Indonesian, Laotian, Malay, Mongolian, Persian, Portuguese, Russian, Spanish, Thai, Tibetan, Turkish, Urdu, Uzbek, Vietnamese)

4-1-2 City Office

4-1-2-a Basic Resident Register and Residence Record

After being registered to the city's Basic Resident Register (住民基本台帳 “jumin kihon daicho”), your Residence Record (住民票 “juminhyo”) will be created as all Japanese nationals do. This is a record of your address and family structure. When you need a certificate of the record (住民票の写し “juminhyo no utsushi”), take along your Residence Card/ passport and apply at the city office.

Basic Resident Register: eligible residents

- **Medium to Long Term Residents** (see 4-1-1 Immigration Bureau on page 65)
- **Special Permanent Residents**
- **Persons granted permission for temporary refuge or provisional stay**
- **Babies within 60 days of birth or persons within 60 days of having lost Japanese nationality (=persons entitled to stay in Japan transitionally).**

※Alien Registration System has been abolished in 2012.

Mito City Sannomaru Office, 市民課 “shimin-ka” section (page 152) TEL: 029-232-9156, ADD: Sannomaru 1-5-48, Sannomaru Office 1F

4-1-2-b Personal seal (印鑑 “inkan”) and seal registration (印鑑登録 “inkan toroku”)

Personal seals - in other words, name stamps - are commonly used in Japan instead of signatures. Stamping on a document will mean that you have agreed and accepted it. Personal seal is required in various situations.

(1) Types of personal seal

Registered seal (実印 “jitsu-in”) : a seal that you have registered at the city office (see the following section), which will be required in case of expensive purchases/sales such as housing and car.

Seal for bank account (銀行印 “ginko-in”) : a seal you use when creating a bank account.

Seal for daily use (認印 “mitome-in”) : a seal you use in daily life, such as for paperwork at workplace or when receiving postal packages.

Preparing 3 different types of seal for each purposes will help prevent crimes, but it is also possible to use one particular seal for all 3 purposes.

(2) Seal registration (印鑑登録 “inkan toroku”)

- A seal can be officially registered by taking it to the city office and filling in the specified form. A seal registration card (印鑑登録証 “inkan toroku-sho”) will then be issued.
- In order to obtain a certificate that proves your seal registration (印鑑登録証明書 “inkan toroku shomei-sho”), present your seal registration card at the city office and fill in the specified form. Certificates are necessary when dealing with expensive purchases/sales such as housing and car.

① Qualifications for seal registration

- One must be registered to the Basic Resident Register (see 4-1-2-a Basic Resident Register and Residence Record on page 68).
- One must be aged 15 or above.
- The seal impression must be larger than a square of 8mm×8mm and smaller than 25mm×25mm. Note that rubber-type seals are not allowed.

② Items needed for seal registration

- Residence Card (or a valid Alien Registration Card) or a Special Permanent Resident certification.
- Passport

Mito City Sannomaru Office, 市民課 “shimin-ka” section (page 152)
TEL: 029-232-9156, ADD: Sannomaru 1-5-48, Sannomaru Office 1F

※ A personal seal can be custom made at special stores. For a nearby store, use the internet to search on a map by typing in ” 水戸 印鑑 ” (みと mito いんかん inkan). Some large home centers provide the service too. Note that fee varies among stores.

4-1-2-c Health insurance

Every resident who is registered to the Basic Resident Register (see 4-1-2-a Basic Resident Register and Residence Record on page 68) must join the public medical insurance. The insurance will require premium payment, but will support you financially in case of illness and injuries. (see 3-4 Medical Insurance on page 60)

4-1-2-d Pension

There are mainly 3 types of pension.

(1) At 20 years old

Every individual is required to join the National Pension System (国民年金 “kokumin nenkin”)

(2) When getting employed

One’s pension will be switched to Employees’ Pension Insurance System (厚生年金 “kosei nenkin”) or Mutual Aid Pension System (共済年金 “kyosai nenkin”).

(Employees’ Pension: for those who work for a company or a business establishment)

(Mutual Aid Pension: for civil servants and teachers of private schools, etc.)

However, in cases such as below, you will continue with National Pension System.

- The company or the business establishment that you work for does not implement Employees’ Pension Insurance System.
- You work part time and are not eligible for Employees’ Pension Insurance System.

(3) Pension programs

Table 4-3 National Pension (=Basic Pension) (国民年金 “kokumin nenkin”)

Old-age Basic Pension (老齡基礎年金 “rorei kiso nenkin”)	Given from the age of 65 to subscribers with at least 25 years contributions
Disability Basic Pension (障害基礎年金 “shogai kiso nenkin”)	Given to subscribers who have become disabled to a certain level due to accidents and illnesses.
Survivors’ Basic Pension (遺族基礎年金 “izoku kiso nenkin”)	Given to the family of a subscriber who died due to accidents and illnesses.

※When a person obviously cannot complete the 25 years contribution by age 60, s/he may resign from the National Pension System. (Example: a foreign national who came to Japan at the age of 36)

※If a person is from a country that have concluded social security agreements with Japan, his/her contributions made in Japan will be credited to his/her home country’s system.

(Germany, United Kingdom, Korea, United States, Belgium, France, Canada, Australia, Netherlands, Czech Republic, Spain, Ireland, Brazil, Switzerland, Hungary/ as of 2014)

Table 4-4 Employees' Pension (厚生年金 “kosei nenkin”)

Old-age Employees' Pension (老齡厚生年金 “rorei kosei nenkin”)	Given IN ADDITION TO the Basic Pension from the age of 65.
Disability Employees' Pension (障害厚生年金 “shogai kosei nenkin”)	Given IN ADDITION TO the Basic Pension to subscribers who have become disabled to a certain level due to accidents and illnesses.
Survivors' Employees' Pension (遺族厚生年金 “izoku kosei nenkin”)	Given IN ADDITION TO the Basic Pension to the family of a subscriber who died due to accidents and illnesses.

Table 4-5 Mutual Aid Pension (共済年金 “kyosai nenkin”)

Retirement Mutual Aid Pension (退職共済年金 “taishoku kyosai nenkin”)	Given IN ADDITION TO the Basic Pension from the age of 65.
Disability Mutual Aid Pension (障害共済年金 “shogai kyosai nenkin”)	Given IN ADDITION TO the Basic Pension to subscribers who have become disabled to a certain level due to accidents and illnesses.
Survivors' Mutual Aid Pension (遺族共済年金 “izoku kyosai nenkin”)	Given IN ADDITION TO the Basic Pension to the family of a subscriber who died due to accidents and illnesses.

(4) Lump-sum Withdrawal Payment

Foreign nationals who paid for National Pension or Employees' pension

→If you have submitted an address change report to their local city office and left Japan with a re-entry permit, you may claim the Lump-Sum Withdrawal Payment for 2 years after leaving the country. More details can be found at:

<http://www.nenkin.go.jp/n/www/service/detail.jsp?id=3745>

(英語=English, 中国語=Chinese, フィリピン語=Tagalog, インドネシア語=Indonesian, 韓国語=Korean, ポルトガル語=Portuguese, スペイン語=Spanish, タイ語=Thai, ベトナム語=Vietnamese)

Mito City Sannomaru Office, 国保年金課 “kokuho-nenkinka” section (page 152)

TEL: 029-232-9529, ADD: Sannomaru 1-5-48, Sannomaru Office 1F

4-1-2-e Marriage

(1) Marriage must be contracted in accordance with the law of each of the couple's country. Make sure to check the rules of you and your partner's country.

Requisites for marriage (Japan)

- A male must be 18 years old or above, and a female must be 16 years old or above.
- Parental consent is required for anyone of 19 years old or under.
- Each of the couple must be single (= not married to another person).
- Re-marrying female must be single for the past 6 months (this applies to a foreign national too).
- The couple must not be close relatives.

(2) Necessary documents vary depending on nationality or where you file the notice of marriage. Be sure to contact the city hall that you are planning to file the notice of marriage, and ask what documents are needed.

Example of necessary documents

- Marriage Notification form (婚姻届 “kon-in todoke”), personal seal
- (for Japanese) Certificate of Family Register (戸籍謄本 “koseki tohon”), Certificate of Residence Record (住民票 “juminhyo”)
- (for foreign national) Marriage eligibility certificate and birth certificate issued by one’s country --- Please contact your country’s embassy/consulate in Japan.
- (for foreign national) Residence Card, passport, etc.

(3) Prepare the necessary documents

(4) Foreign national must complete the marriage procedure required by his/her country. For details, please contact the country’s embassy/consulate in Japan.

※Consult the Immigration bureau if you wish to change your resident status to “Spouse or Child of Japanese National”. (see 4-1-1 Immigration Bureau on page 65)

Mito City Sannomaru Office, 市民課 “shimin-ka” section (page 152)
TEL: 029-232-9156, ADD: Sannomaru 1-5-48, Sannomaru Office 1F

4-1-2-f Divorce

Divorce notification must be submitted to each of the couple’s country. Necessary documents vary depending on where you file the notice of marriage, so be sure to contact the city hall where you are planning to file the notice of divorce and ask what documents are needed.

(1) Example of necessary documents (Japan)

- Divorce Notification form (離婚届 “rikon todoke”)
- (for Japanese) Certificate of Family Register (戸籍謄本 “koseki tohon”), Certificate of Residence Record (住民票 “juminhyo”), etc.
- (for foreign national) Residence Card, passport, etc.

(2) Example of necessary documents (home country: embassy or consulate in Japan)

- Certificate of Acceptance of Divorce Notification (離婚届受理証明書 “rikon todoke juri shomeisho”)--- this will be issued with an application that is submitted when filing the Divorce Notification.

(3) To prevent being divorced by a partner without mutual consent

By submitting Non-Acceptance of Notification of Divorce (離婚不受理申出書 “rikon fujuri moshide-sho”) to the city office, a Divorce Notification submitted to the city will be rejected for 6 months.

(4) When the couple cannot agree on divorce

Below are ways to handle the case with the mediation/intervention by a third party.

- Divorce by mediation in a family court (調停離婚 “chotei rikon”)
- Divorce by decision of the family court (審判離婚 “shinpan rikon”)
- Divorce by judgement of a district court (裁判離婚 “saiban rikon”)

You should first consult Foreigner Consultation Center for advice, as legal knowledge will become necessary (See 4-10 Consultations on page 164).

Mito City Sannomaru Office, 市民課 “shimin-ka” section (page 152)
TEL: 029-232-9156, ADD: Sannomaru 1-5-48, Sannomaru Office 1F

4-1-2-g Birth/Death

(1) Procedures to follow when a baby is born

- Submit **Birth Notification form** (出生届 “-shussho todoke”) to the city office within 14 days of birth. **Necessary documents:** a filled-in Birth Notification form, Birth Certificate (出生証明書 “shussho shomeisho”), personal seal, maternal handbook, health insurance card, Residence Card, passport.
- If the baby does not hold a Japanese nationality, visit the Immigration Bureau (see 4-1-1 Immigration Bureau on page 65) within 30 days of birth to gain the child’s resident status.
- Consult your country’s embassy/consulate in Japan for any procedures required in your country.

※ For more information, see 3-3-3 After giving birth on page 57.

(2) Procedures to follow when a family member passed away.

- Submit **Death Notification form** (死亡届 “shibo todoke”) to the city office within 7 days. **Necessary documents:** a filled-in Death Notification form, Death Certificate (死亡診断書 “shibo shindansho”), personal seal, Residence Card, passport.
- If the deceased person was of foreign nationality, return his/her Residence Card to the Immigration Bureau within 7 days.
- Consult his/her country’s embassy in Japan for any procedures required in his/her country.

Mito City Sannomaru Office, 市民課 “shimin-ka” section (page 152)
TEL: 029-232-9156, ADD: Sannomaru 1-5-48, Sannomaru Office 1F

4-1-2-h Schools

For your child to enroll in an elementary school or a junior high school, an application must be made at the city office. If enrolling in a high school, please contact the prefectural office. More information can be found at 4-4-3 Education on page 144.

4-1-3 Tax

The 4 main types of tax that residents in Japan are required to pay are:

- (1) **income tax** (所得税 “shotoku-zei”)
- (2) **resident tax** (住民税 “jumin-zei” or 市県民税 “shikenmin-zei”)
- (3) **consumption tax** (消費税 “shohi-zei”)
- (4) **vehicle tax** (自動車税 “jidoshha-zei”), **light vehicle tax** (軽自動車税 “keijidosha-zei”)

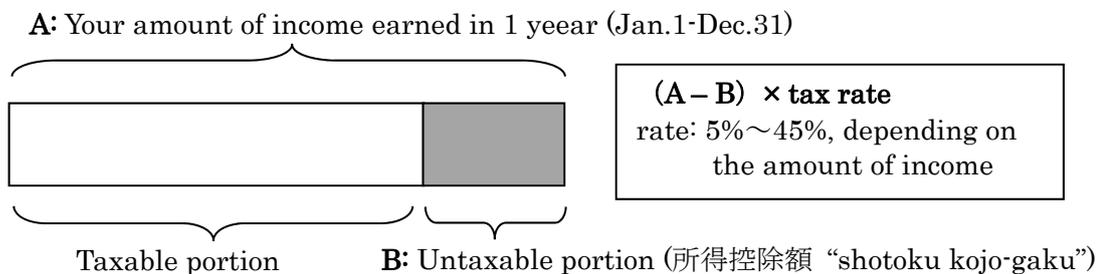
4-1-3-a Income tax (national tax) 所得税 “shotoku-zei”

Income is the money that you earn from your work or that you receive from investments, the government, etc. Income tax is the tax levied on your income.

(1) Who needs to pay income tax?

Everyone who lives in Japan and has income.

(2) How is the income tax calculated?



(3) How do we pay income tax?

In most cases, company deducts (源泉徴収 “gensen choshu”) from your monthly wage in accordance with the Japanese law, and pays to the Japanese government. However, the actual amount or your tax cannot be determined until the amount of B (untaxable portion) becomes clear at the end of the year. This is why, at the year-end, your actual amount of tax needs to be calculated and adjusted.

→ deducted amount > actual amount of tax = you will receive a tax refund

→ deducted amount < actual amount of tax = you will need to pay the shortfall

If you have worked for only one employer between Jan.1 and Dec.31



Year-end Tax Adjustment

(年末調整 “nenmatsu chosei”)

When: December

How: Fill in the form that will be distributed from your employer.

If you have worked for two or more employer between Jan.1 and Dec.31 (this includes foreign income if you are a Permanent Resident)



Filing of Income Tax Return

(確定申告 “kakutei shinkoku”)

When: Next year February to March

How: Go to the specified venue and follow necessary procedures. For details, contact the tax office.

(4) Untaxable portion (所得控除額 “shotoku kojo-gaku”)

In the following cases, for example, your “untaxable portion” will increase. This means that the amount of income tax you pay will be reduced.

- (Ex.) ① You have paid for premiums of life insurance, earthquake insurance, etc.
② You have paid for premiums of social insurance (health, nursing care, pension).
③ Your spouse has an yearly income of less than ¥380,000.
④ You have a dependent family other than your spouse.
⑤ You had a lot of medical fee to pay.

Receipts (for ⑤) or certificates called 控除証明書 (“kojo shomei-sho”) (for ①&②) will become necessary when doing Year-end Tax Adjustment or Filing of the Income Tax Return. Certificates will be sent to your home around the end of the year, so be careful not to lose them.

Mito Tax Office (水戸税務署 “mito zeimusho”)

TEL: 029-231-4211 (automated voice service)

→ press #1 (call center) → press #1 (income tax)

ADD: Kitami-cho 1-17, Mito city. (15 mins. walk from Mito station)

Map 4-3 Mito Tax Office



4-1-3-b Resident tax (住民税 “jumin-zei” or 市県民税 “shikenmin-zei”)

(1) Who needs to pay resident tax?

Those whose address shown on Residence Card or Alien Registration Card is within Mito city as of January 1st.

(2) How much is resident tax?

It depends on your income of the previous year.

(3) How do we pay resident tax?

You will receive a tax notice (納税通知書 “nozei tsuchi-sho”) in mid June. It is to be paid in 4 installments, each with a deadline. Take the tax notice to bank counters or convenience stores and pay your tax. **Note** that there will be overdue charges if you miss the deadline.

(4) Automatic withdrawal service

Apply at the bank counter. You will need: tax notice, bank passbook and the personal seal that you have used upon creating your account.

(5) When leaving Japan

Consult the city office and decide how to complete your payments. See below for contact details.

※ If you are currently employed, have a look at your pay slip and if there is any deduction in the name of 住民税 “jumin-zei” or 市県民税 “shikenmin-zei”, it means that the company is collecting 1/12 of your annual resident tax every month starting from June and ending in May next year. In such case, your resident tax is paid to the government via your company so you do not need to make payment by yourself.

Mito City Sannomaru Office, 市民税課 “shimin-zei-ka” section (page 152)
TEL: 029-232-9138, ADD: Sannomaru 1-5-48, Sannomaru Office 1F

4-1-3-c Consumption tax (消費税 “shohi-zei”)

Consumption tax is a tax levied on consumer goods or services at the time of sale. The rate under current legislation is 8% (as of 2015).

(1) There are 2 ways of price indication.

For example, for a product of ¥100 with ¥8 tax :

- ① Tax inclusive (actual amount you pay is ¥108)
→ 108 円 (税込)
- ② Tax exclusive (actual amount you pay is ¥108)
→ 100 円 (税抜)
→ 100 円 + 税
→ 100 円 (本体価格)
→ 100 円 「当店の価格は全て税抜表示となっています」

4-1-3-d Vehicle tax (自動車税 “jidosha-zei”), Light vehicle tax (軽自動車税 “keijidosha-zei”)

This is a tax levied on car users. Are you either the OWNER (所有者 “shoyusha”) or USER (使用者 “shiyosha”) of the vehicle that you are using? You can check this by taking a look at Vehicle Inspection Certificate. The person registered as an owner/user of the vehicle as of April 1st will receive a tax notice (納税通知書 “nozei tsuchi-sho”) once a year. If you receive a tax notice, take it to a nearby financial institution or convenience store and pay the tax. **It is usually due by the end of May.**

Table 4-6 Vehicle & Light Vehicle Tax Notice

Owner (所有者)	User (使用者)	Notice will be sent to :
You	Unprinted	You
Loan agency	You	You
Third person	You	Owner (third person)
Third person	Unprinted	Owner (third person)

Note that missing the deadline will lead to paying overdue charges.

INQUIRIES

Vehicle tax : applies to cars with white license plate, trucks.

TEL 029-221-6768 Prefectural Tax Office

Light vehicle tax : applies to cars with yellow license plates, bikes, motor scooters.

TEL 029-232-9138 City Office, 市民税課 “shimin-zei-ka” section



Daidarabo

4-2 Various procedures in daily life

4-2-1 Housing

When looking for an apartment or a house, it is a general practice to go to a real-estate agency known as 不動産屋 (“fudoushanya”). To search for a nearby agency, use the internet to search on a map by typing in, for example, “水戸 賃貸 不動産屋 ” (みと mito ちんたい chintai ふどうさんや fudoushanya)

4-2-1-a Rental housing (賃貸住宅 “chintai jutaku”)

(1) Below are some points you should consider carefully.

- Monthly rent.
- Security deposit (敷金 “shikikin”): The money you provide to the owner when contracting, which will be refunded later with the end of contract. If the room is left unclean or damaged, however, a repair fee may be subtracted.
- Gratuity/Key Money (礼金 “reikin”): The money you give to the owner when contracting, which will NOT be returned.
- Maintenance fee/ common service fee (管理費 “kanrihi”/ 共益費 “kyoekihhi”): The money you pay for maintenance of common elements such as garbage collection points and hallways.
- Closest station / bus stop.
- Parking space and rent, if you have a car.
- Pet-friendliness, if you have any. Many rental housing prohibits having pets.
- Permission to play an instrument, if you wish to play inside the room. Many rental housing prohibits playing instruments.
- Permission to share the housing with another person, if you are living with someone.
- Direction of the windows
 - East: sunlight comes in during the morning
 - West: sunlight comes in during late afternoon
 - South: sunlight comes in during daytime
 - North: no sunlight
 - (note that other buildings could block the light)
- ※Painting the room, hammering/driving nails into the wall and remodeling are prohibited.
- ※Only those whose names are written in the contract are allowed to reside.
- ※When anything needs to be fixed or when it is unclear how to use certain equipments, ask the agency or the owner in advance.
- ※Rooms are usually unfurnished, so furniture must be prepared by yourself.

(2) Contract, in general, requires an amount of money equivalent to 5 to 6 months’ rent.

Security deposit (敷金 “shikikin”) = typically equivalent to 0 to 3 months’ rent.

Gratuity/Key money (礼金 “reikin”) = typically equivalent to 0 to 1 month’s rent.

Agent fee (仲介手数料 “chukai tesuryo”) = typically equivalent to 1 month’s rent.

Rent to be paid in advance (前家賃 “mae yachin”) = typically 1 to 2 months’ rent.
(Fire insurance premium of approximately ¥20,000 may be required as well)

※ Things you may need for a contract:

Residence Card, certificate of Residence Record (住民票の写し “juminhyo no utsushi”), income certificate, personal seal. (for certificate of Residence Record, see 4-1-2-a Basic Resident Register and Residence Record on page 68)

※ A contract is usually for 2 years.

- When renewing contract: Fill in necessary documents and pay renewal charge, usually equivalent to 1 to 2 months’ rent. The rent may be raised with the renewal of contract.
- When cancelling contract: You must notify the agency and the owner at least 1 month before moving out.

(3) Joint guarantor (連帯保証人 “rentai hoshonin”)

A guarantor is financially liable in case you cannot afford rent. It is usually your parents or relatives, but you can also use a guarantor company for a fee.

4-2-1-b Public housing (公的住宅 “koteki jutaku”)

Public housing is provided by the prefecture, city and public-service companies for people who are in need of housing. In order to apply, you will need to meet various qualifications regarding factors such as your residence status, income and who you live with. A lottery will take place when there are many applicants.

(1) Prefectural housing

Applications are accepted 4 times a year in April, July, October and January.

Occasional application can also be made when there is vacancy. For details, contact the prefectural control center of public housing (j “ibarakiken jutaku kanri center”) TEL:029-226-3350.

(2) Municipal housing

Applications are accepted annually. For details, contact the Public Housing Section (住宅課 “jutakuka”) of the city hall. TEL: 029-232-9200.

(3) UR (Urban Renaissance Agency)

You can search and apply for housing through its homepage.

<http://www.ur-net.go.jp/sumai/> (Japanese)

<http://www.ur-net.go.jp/sitemap/english.html> (English – no search function)

4-2-1-c About rooms

(1) Types of rooms

Japanese-style room (和室 “washitsu”) = Tatami floor

Western-style room (洋室 “yoshitsu”) = Carpet floor, hard floor

(2) Floor area

An area of a room is often indicated by units of 畳 or 帖 (both read as “jo”).

1 畳(帖) = 1.65m²

Accordingly, 6 畳(帖) = 9.9m², 7 畳(帖) = 11.55m², 8 畳(帖) = 13.2m².

(3) Room layout

L stands for a living room. D is for dining space and K is for kitchen.

Numerals show number of rooms (often of the size of a bed room).

Ex.) 1LDK = 1 room + living room with a dining space and kitchen

1K = 1 room with a kitchen

3DK = 3 rooms + dining space with a kitchen

4-2-1-d Moving in/out

(1) Moving companies

There are various companies, each with different price setting. It is recommended that you ask a few of them to prepare cost estimates. The companies provide services such as packing, transportation and furniture setting; it is your choice to request for the entire moving process or just a part of it. If you do not have much to transport, simply renting a car/van/light truck might be one idea.

(2) Wastes

It is prohibited to dispose of the following items at garbage collection points:

TV, air-con, fridge, washing machine, clothes dryer, computers.

See 4-2-7 Garbage and recycling on page 94.

(3) Necessary procedures (before moving out)

Electricity, gas, water: for each company, make a phone call to both the office that is in charge of the area you are leaving and the office that is in charge of the area you are moving into. Notify your name, address, phone number and moving date.

In case of Mito city

Electricity--- Tokyo Electric Power Company (TEPCO), Ibaraki customer center

Monday through Saturday, 9am-5pm

TEL 0120-995-331 (toll-free), 029-387-5056 (charged)

Gas----- Tobu Gas, Ibaraki branch office 8:30am-5pm

TEL 029-231-2241

Water-----Mito city Waterworks Department (水道部 “suido-bu”), customer center

Monday through Friday, 8:30am-5:15pm

TEL 029-231-4111

Telephone (land-line): Notify NTT (TEL 116 or 0120-116000)

Postal mail: Fill in the notification form called 転居届 (“tenkyo todoke” = notification of change of address) at a post office. By doing so, mails addressed to your old apartment/house will be delivered to your new place for 1 year.

City office: If you are moving out of Mito city, you must fill in the notification form called 転出届 (“tenshutsu todoke” = notification of moving out). You will be given a certificate that proves that you have left the city (転出証明書 “tenshutsu shomeisho”).

Mito City Sannomaru Office, 市民課 “shimin-ka” section (page 152)
TEL: 029-232-9156, ADD: Sannomaru 1-5-48, Sannomaru Office 1F

(4) Necessary procedures (after moving in)

City office: If you have moved WITHIN the city, fill in the notification form called 転居届 (“tenkyo todoke” = notification of change of address). If you have moved IN to the city from other cities or abroad, fill in the notification form called 転入届 (“tennyu todoke” = notification of moving in). These procedures must be done within 14 days after moving.

Mito City Sannomaru Office, 市民課 “shimin-ka” section (page 152)
TEL: 029-232-9156, ADD: Sannomaru 1-5-48, Sannomaru Office 1F

※Items you may be required to present: Residence Card, passport, Family Register (戸籍謄本 “koseki tohon”).

※Remember to notify the address change to mobile phone company, internet provider, credit card companies, banks, police station (driving license), etc.

4-2-2 Water

4-2-2-a To start using water

(1) Using water for the first time at an apartment/house

- Fill in the form 水道使用開始申込書 (“suido shiyu-kaishi-moshikomi-sho” = registration form for use of water) that is usually set ready inside the room, mail box or somewhere near the door, and post it using an envelope that comes together.
- If the water taps are not running or you cannot find the registration form, contact below.

Mito city Waterworks Department (水道部 “suido-bu”), customer center
TEL 029-231-4111
Monday through Friday, 8:30am-6pm
Every 1st, 3rd and 5th Saturday 8:30am-12am

In areas with a sewage system, used water drained from kitchens, toilets and bathrooms is collected to sewage-treatment plant and becomes clean water.

4-2-2-b Payment

Water bill is a sum of basic charge + usage charge that is calculated according to the result of bimonthly meter reading. If you live in an area with a sewage system, you will also be billed for sewer based on the amount of water usage. Water and sewer is billed together.

(1) Ways of making payments

- Automatic payment (bank account or credit card)
- Use the payment slip sent by Waterworks Department (水道部 “suido-bu”) to pay at a nearby bank or convenience store.

4-2-2-c Water leak

To fix water leak, call 給水課 (“kyusui-ka”) section of the Waterworks Department (水道部 “suido-bu”). TEL 029-231-4112

EXCEPT for:

Prefectural housing

--- call prefectural control center of public housing (茨城県住宅管理センター “ibarakiken jutaku kanri center”). TEL 029-226-3350

Municipal housing

--- call 住宅課 “jutaku-ka” section of the city hall. TEL 029-244-2914

4-2-2-d To prevent frozen water pipes

During winter when the temperature drops under 0°C, water pipes could freeze and cause water stoppage or burst pipe. Protect water pipe and meter using thermal insulation materials such as foam panel, card board and blanket, ESPECIALLY if:

- the pipe/meter is bare
- the pipe/meter is on the north side of the house or exposed to wind/shade
- the temperature is predicted to drop significantly during night time

If you detect any damage, call 給水課 “kyusui-ka” section of the city’s waterworks department (水道部 “suido-bu”). TEL 029-231-4112

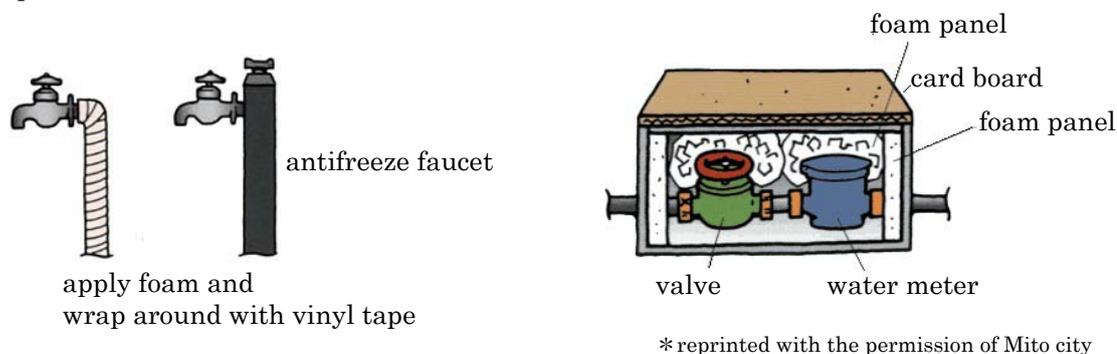


Figure 4-1 Protecting Water Pipe and Meter

4-2-2-e To stop using water

If you are moving out, you must notify the city office beforehand and decide on how to make the last payment.

- Make an appointment with the utility worker for home visit and direct payment.
- Have the payment slip sent to your new address.
- Have the fee deducted automatically from your bank account (= only for those who had been using automatic withdrawal service).

料金課 “ryokin-ka” customer center,
Mito city waterworks department (水道部 “suido-bu”)
TEL 029-231-4111
Monday through Friday, 8:30am-6pm
Every 1st, 3rd and 5th Saturday 8:30am-12pm

4-2-3 Electricity

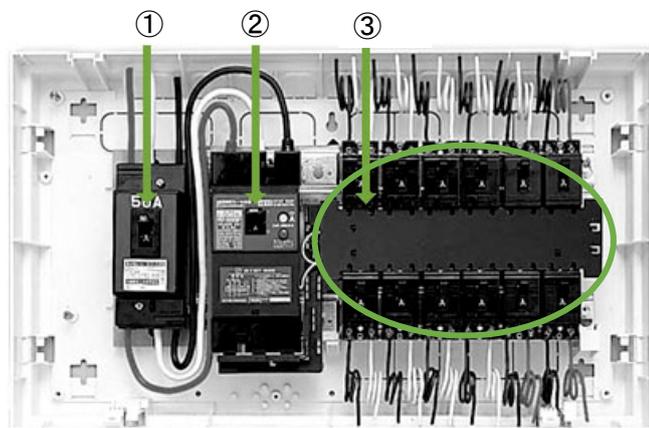
4-2-3-a To start using electricity

When using electricity for the first time at an apartment/house, follow the steps below. (However, if your home is equipped with electric or heat pump water heater, you must contact TEPCO and have utility worker visit your home)

- ① Switch on amp breaker
- ② Switch on ground-fault interrupter
- ③ Switch on circuit breaker

Call TEPCO if it does not seem to work.

Tokyo Electric Power Company (TEPCO), Ibaraki customer center
TEL 0120-995-331 (toll-free), 029-387-5056 (charged)
FAX 0120-995-399
Monday through Saturday, 9am-5pm



Example of a power distribution board
(usually set on a high position of the wall)

(1) After power is turned on

- Fill in the form 電気使用開始手続書 (“denki shiyo-kashi-tetsuzuki-sho” = registration form for use of electricity) that is usually set ready inside the room, mail box or somewhere near the door, and post it using an envelope that comes together.
- If you cannot find the registration form, contact below.

Tokyo Electric Power Company (TEPCO), Ibaraki customer center
TEL 0120-995-331 (toll-free), 029-387-5056 (charged)
FAX 0120-995-399
Monday through Saturday, 9am-5pm

(2) Ampere capacity

The maximum current of electricity you can use at once is shown by the color of amp breaker.

Table 4-7 Color of Amp Breaker and its Ampere Capacity (for TEPCO)

color	Red	Pink	Yellow	Green	Gray	Brown	Purple
capacity	10A	15A	20A	30A	40A	50A	60A

Table 4-8 General amperage of Electrical Appliances

Air conditioner (heating)	Initially: 20A Regularly: 6.6A
Air conditioner (cooling)	Initially: 14A Regularly: 5.8A
Microwave oven	15A
Ironing	14A
Rice cooker (IH, 5.5-cup)	13A
Hair dryer	12A
Vacuum cleaner	high power mode : 10A、 low power mode : 2A
Fridge (450L)	2.5A
TV (LC, 42 inch)	2.1A

Note that voltage/frequency in Mito is 100V/50Hz. You must use electric appliances that suit this standard. (It is 100V/60Hz in West Japan)

4-2-3-b Payment

Electricity bill is a sum of basic charge + usage charge that is calculated according to the result of monthly meter reading. There are 2 ways to make payments.

- Automatic payment (bank account or credit card)
- Use the payment slip sent by TEPCO to pay at a nearby bank or convenience store.

※Basic charge differs according to the ampere capacity of your contract.

4-2-3-c To stop using electricity

If you are moving out, you must notify TEPCO beforehand and decide on how to make the last payment.

- Make an appointment with the utility worker for home visit and direct payment.
- Have the payment slip sent to your new address.
- Have the fee deducted automatically from your bank account (= only for those who had been using automatic withdrawal service).

Tokyo Electric Power Company (TEPCO), Ibaraki customer center TEL 0120-995-331 (toll-free), 029-387-5056 (charged) FAX 0120-995-399 Monday through Saturday, 9am-5pm

4-2-4 Gas

4-2-4-a Types of gas

There are mainly 2 types of gas used in Japanese households.

(1) City gas

City gas is provided through underground pipes.

(2) LP gas

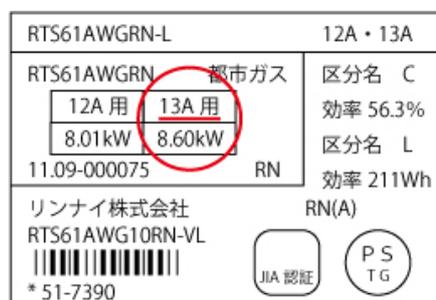
LP gas comes in gas cylinders and is delivered by gas companies.

((1) and (2) are different types of gas with different components)

※The type of gas you can use differs among apartments.

※Gas equipment such as stoves and heaters that were used with city gas cannot be used with LP gas, and vice versa, without replacing some parts. Make sure to check the type of gas when moving into an apartment.

※There are 13 types of city gas, and the type used in Mito is “13A”. You must use gas equipment designed for “13A”, or else, it could cause poor combustion leading to fire or carbon monoxide poisoning.



*reprinted with the permission of Tobu Gas

Figure 4-2 Label Showing the Type of Gas Usable

4-2-4-b To start using gas

(1) City gas

- When using gas for the first time after moving in, you must arrange a home visit by a utility worker. Contact Tobu Gas at least one week before the preferred date.
- Prepare all gas equipment by the scheduled home visit. The utility worker will do the connection.

Tobu Gas, Ibaraki branch office TEL 029-231-2241

(2) LP gas

- Usually in case of rental apartments, a gas company is already designated. Ask the owner or real-estate agency for contact information.

4-2-4-c Payment

(1) City gas

Gas bill is a sum of basic charge + usage charge that is calculated according to the result of monthly meter reading. There are 2 ways to make payments.

- Automatic payment (bank account or credit card)
- Use the payment slip sent by Tobu Gas to pay at a nearby bank or convenience store.

(2) LP gas

Gas fee differs depending on companies but it is usually the sum of basic charge and usage charge. Contact the gas company for details.

4-2-4-d To use gas safely

- **Ventilate the room when using stoves and heaters.**
- **Turn on the gas main only when using gas equipment.**
(make sure to turn it off when sleeping or going out)
- **Do not use gas when there seems to be something wrong with ventilators or gas equipment.**
- **Install gas detection system.**

※Periodic inspections by gas companies are required by law. You must make an appointment when you receive inspection announcements.

4-2-4-e Gas leak

You will know from the smell when there is a gas leak.

- Open windows and doors. City gas is lighter than air so it will naturally clear out of room. LP gas is heavier than air so you are advised to use a broom or anything similar to sweep out the gas.
- Turn off the gas main.
- NEVER use fire including items such as match and cigarette lighter, as it may cause explosion.
- NEVER touch electrical switches including that of lights and ventilators, as it may cause explosion.
- Report to the gas company.

4-2-4-f To stop using gas

If you are moving out, you must contact the gas company at least a week in advance, and set up a home visit by the utility worker to disconnect gas equipment (do NOT do it yourself).

(1) City gas

Tobu Gas, Ibaraki branch office TEL 029-231-2241

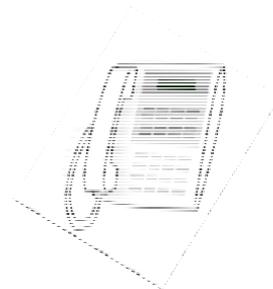
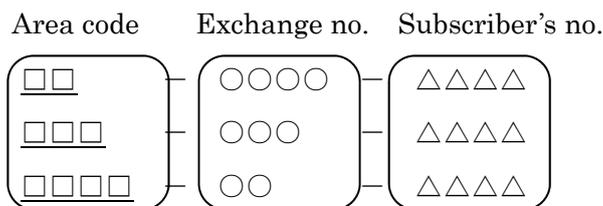
(2) LP gas

Contact the company that you are ending the contract with.

4-2-5 Telephone, telegram, internet

4-2-5-a Telephone (land-line)

(1) Telephone numbers



The area code for Mito city is “029”.

For example, the phone number for Mito International Center is 029-221-1800.

029	-	221	-	1800
Area code		Exchange no.		Subscriber's no.

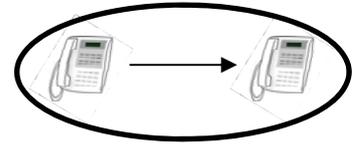
(2) Cell phone, PHS and IP numbers start with 090, 080, 070, 050

- ① Cell phone 090-○○○○-△△△△, 080-○○○○-△△△△,
070-○○○○-△△△△ etc.
- ② PHS 070-○○○○-△△△△
- ③ IP 050-○○○○-△△△△

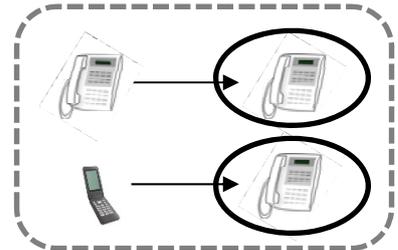


(3) How to make domestic calls

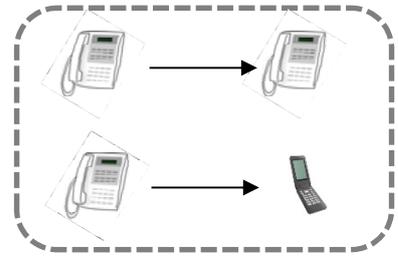
- ① land-line (any city) → land-line (within same city)
○○○○-△△△△ (ex. 221-1800)



- ② land-line (other cities) → land-line (Mito city) OR
Cell/PHS/IP → land-line (Mito city)
029-○○○○-△△△△ (ex. 029-221-1800)



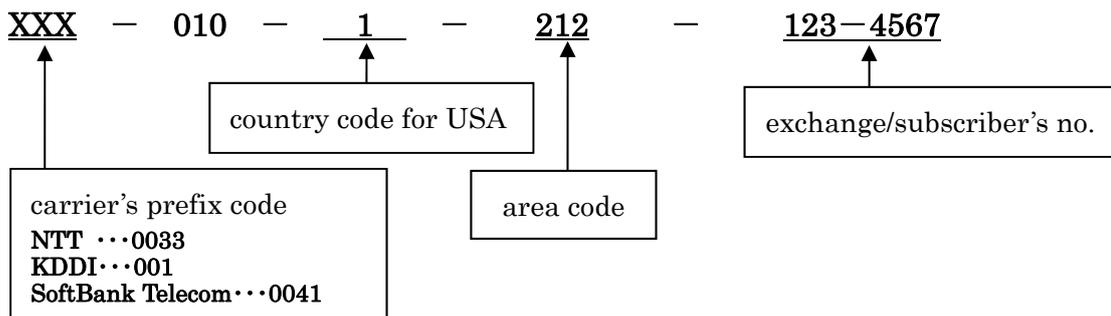
- ③ land-line (any city) → land-line (another city) OR
land-line (any city) ⇔ Cell/PHS/IP
□□□-○○○-△△△△



(4) How to make international calls

Carrier's prefix code - 010 - country code - area code - exchange/subscriber's no.

For example, when calling New York, USA:



(5) Public phones

There are gray/green-colored pay phones in public places like station. These can be used by inserting 10 yen/100 yen coin or Japanese telephone cards. Some phones are only for domestic calls.

How to use public phones

- ① Pick up receiver
- ② Insert coin or telephone card
- ③ Press (dial) the numbers

(6) Cell phones

A cell phone can be bought at cell phone shops and electronics stores, where you can also set up a contract with the carrier.

Items required for a contract

- Some form of ID such as driving license, health insurance card, Basic Resident Registration card, Residence Card.
- Personal seal.
- Credit card / cash card / bank passbook (either one)

(7) To set up a land-line phone

- Apply directly at NTT branch office, OR
- Make a phone call to NTT (phone number 116)
- ※ Some form of ID is necessary when applying, such as driving license, health insurance card, passport and Residence Card.
- ※ The fee for setting up a land-line is 38,880 yen (initial fee) + 864 yen (contract fee) + construction cost. A payment plan called “light plan” enables you to set up a land-line in return to higher monthly phone bills.

(8) Payment

There are 3 ways to make payments.

① Banks and convenience stores

Use the payment slip sent by NTT to pay at a nearby bank or convenience store.

② Automatic payment (bank account)

Apply to the carrier to have your phone bills deducted automatically from your bank account every month. You will need the personal seal that you have used to open your bank account.

③ Credit card

Apply to the carrier to have your monthly bills paid automatically with your credit card.

4-2-5-b FAX

(1) Sending/receiving fax at home

If you have land line at home, a fax machine can be used by simply connecting the machine to the phone jack on the wall.

(2) Sending fax from convenience stores

Fax can be sent from a photo-copying machine in convenience stores. Note that you cannot receive fax through this service.

(3) Sending/receiving fax data online

There are online services through which you can send/receive fax data using computers and smart devices. A contract is required for the service.

4-2-5-c Telegram

Telegram is a service through which one can send an official message card to the venues of, for example, wedding ceremonies and funerals

(1) Domestic telegram

① Arranging via telephone

- Call 115 if you want it billed together with your monthly phone bill.
- Call 0120-759-560 if you want to pay by credit card.

※If you are calling from a public phone or from SoftBank cell phone, call 0120-759-560 and pay by credit card.

② Arranging via internet

- Visit NTT's "D-MAIL" homepage (Japanese only)
<http://www.ntt-east.co.jp/dmail/index.html>

(2) International telegram

① Arranging via telephone

- Call 0120-44-5124

② Arranging via FAX

- Send the form (国際電報申込書 “kokusai-denpo-moshikomi-sho”) to 0120-11-5931.

The form can be downloaded from the following URL (English, Japanese)

<http://media3.kddi.com/extlib/files/personal/kokusai/service/denpo/pdf/application.pdf>

- KDDI operator will call back to notify of your entry number and the charge. If you agree with the charge, confirm your telegram. Follow the operator's directions.

③ Arranging via internet (Japanese)

<http://www.kddi.com/phone/international/telegram/>

4-2-5-d To use the internet

(1) Internet café

Computers with internet connection are available for use with service charge.

Pricing differs among shops.

(2) Mito International Center (see 4-10 Consultations on page 164)

Computers with internet connection are available for 100 yen/30mins.

(3) Cell phones and smart phones

Internet connection will become available by signing up for data communication service provided by the carrier. Data communication can be very expensive, so it is strongly recommended that you choose a package that provides unlimited access to the internet for a fixed fee.

(4) Connecting at home

You must have an internet line installed at home, and subscribe to an internet service provider.

(5) Internet line

Each rental apartment has different internet environment. Make sure you check with the owner or real-estate agency. The table below shows types of internet line and the likely conditions of apartments.

Table 4-9 Types of Internet Line

Optical fiber	Installed in the apartment	<ul style="list-style-type: none">• Connected to your room → construction is unnecessary• Unconnected to your room → construction is needed
Optical fiber	Uninstalled	<ul style="list-style-type: none">• Large apartment building → individual service is not provided• Small to medium apartment building → some individual services available
ADSL	Telephone land-line installed & contract signed	Construction is unnecessary
ADSL	Telephone land-line installed & contract unsigned	Construction is needed
CATV (cable TV)	Installed in the apartment	Construction is unnecessary
CATV (cable TV)	Uninstalled	Individual service is not provided

※ If you wish to have a construction, you must have the owner's permission in advance.

※ To start using the internet or to arrange a construction, contact a carrier.

(6) Internet service providers

You will need to subscribe to an internet service provider aside from preparing the internet line.

- ※ Not all providers support every type of internet line !
- ※ Some apartments that already have internet line may already have contracts with providers as well.

4-2-6 Television, newspaper

4-2-6-a Television

(1) Digital terrestrial broadcasting (often called 地デジ “chideji”)

Signals are sent out from broadcasters to the terrestrial broadcasting tower, which will then be received by an antenna - designed for digital terrestrial broadcasting - that is set up at home.

① Broadcast

Perform a channel scan on your TV and you will be able to see the following broadcasts.

Table 4-10 Digital Terrestrial Broadcasters

station	NHKG	NHKE	Nippon TV	TV Asahi	TBS	TV Tokyo	Fuji TV
channel	Ch1	Ch2	Ch4	Ch5	Ch6	Ch7	Ch8
fee	charged	charged	free	free	free	free	free

② Antenna

- Rental housings are usually equipped with an antenna.
- If you have bought your own house, you will need to arrange for the antenna setup.

③ Public broadcast and its viewing fee

NHK is a public broadcasting station. If you possess a TV or an antenna for digital terrestrial broadcasting, it is required by law that you pay for the viewing fee.

NHK homepage: <http://pid.nhk.or.jp/jushinryo/>

(select a language from the drop-down tab on upper right-hand corner)

(2) Satellite broadcasting (often called “BS”)

Signals are sent via satellites and received by an antenna - designed for satellite broadcasting - that is set up at home.

① Broadcast

Perform a channel scan on your TV and you will be able to see the broadcasts.

② Antenna

- Rental housings are not always equipped with BS antenna.
- If you have bought your own house, you will need to arrange for the antenna setup.

③ Public broadcast and its viewing fee

NHK is a public broadcasting station. If you possess a TV or an antenna for BS and digital terrestrial broadcasting, it is required by law that you pay the viewing fee of **both digital terrestrial broadcast and BS**.

NHK homepage: <http://pid.nhk.or.jp/jushinryo/>

(select a language from the drop-down tab on upper right-hand corner)

(3) Equipment

Below are the items you will need to be able to watch TV.

- antenna (digital terrestrial broadcast and BS antenna is different)
 - television
 - receiver (often called “tuner” in Japan)
- ※ Televisions in general have built-in receiver.
- ※ To watch BS, you must either use a BS receiver or get a TV that has built-in BS receiver.

4-2-6-b Newspaper

If you would like to have a newspaper delivered to your home regularly, below are the options for subscription.

(1) Japanese newspapers

① National

The Asahi Shimbun, The Sankei Shimbun, NIKKEI, The Mainichi Shimbun, The Yomiuri Shimbun

② Local

The Ibaraki Shimbun, The Tokyo Shimbun

③ How to subscribe

- From homepage.
- Through newspaper sales agent: ask your neighbors for a nearby agent.

(2) English newspapers

① English newspapers

The Japan News

The Japan Times/International New York Times

The International Herald/The Asahi Shimbun

③ How to subscribe

- From homepage.

※ Newspapers of other languages can be accessed for viewing at:

- Ibaraki International Association

(see Map 4-22 Ibaraki International Association on page 165).

- Mito City International Association

(see Map 4-21 Mito International Center on page 162).

4-2-7 Garbage and recycling

4-2-7-a Garbage collection

The city's garbage trucks collect household waste regularly. Garbage must be put out at the designated place on the morning of collection day.

(1) Collection day

Collection day differs depending on where you live. Inquire at the city office or ask your neighbors for information.

Mito City Hall ごみ対策課 (“gomi-taisaku-ka” : garbage control section) TEL 029-232-9114, FAX 029-232-9297

(2) Collection point

Each household has a designated collection point. Ask your neighbors or real-estate agency for information.

4-2-7-b Types of garbage

(1) Separating garbage

- ① Combustible ② Non-combustible ③ Recyclable

※ If you live in Uchihara District, the rules are different from Mito city. See (5)

Garbage collection in Uchihara District on page 96.

①Combustible & ②Non-combustible

Must be put in a designated waste bag and put out at the collection point. Large object that does not fit in the bag must have a waste sticker placed in plain view.

Waste bag • waste sticker

These can be purchased at supermarkets, convenience stores and home centers. You will need to use waste bags and stickers that are designated by Mito city.

Combustibles = Yellow Non-combustibles = Light blue

③Recyclable

- **Magazines, books, newspapers, card boards:** each must be bound with string and put out at the collection point.
- **Cans, glass bottles:** remove caps, rinse the container and put them in any transparent plastic bag. Put it out at the collection point.
- ※ Bottles that were used for cosmetic fluid or medicinal chemicals are Non-combustible garbage.
- ※ The city does not collect PET bottles. Remove caps and labels, rinse the bottle and put them in a recycle bin set up at super markets.

(2) Rules on garbage disposal and recycling

English

http://www.city.mito.lg.jp/000271/000273/00290/000339/001764/001807/p006438_d/fil/009.pdf

Korean

http://www.city.mito.lg.jp/000271/000273/00290/000339/001764/001807/p006438_d/fil/010.pdf

Chinese

http://www.city.mito.lg.jp/000271/000273/00290/000339/001764/001807/p006438_d/fil/011.pdf

(3) Electrical appliances

TV, air conditioner, fridge and washing machine will not be collected by the city. Do NOT dispose of them at the garbage collection point. For directions, see the “2012.08&09” edition of Culture Pot MITO issued by Mito City International Association.

<http://www.mitoic.or.jp/jp/ass/shiryo/cpm.php>

- ※ Both English and Japanese version available.
- ※ To view from smartphones and smart tablets, download the application first.

(4) Computers

Computers will not be collected by the city. Do NOT dispose of them at the garbage collection point. For directions, see the “2012.10&11” edition of Culture Pot MITO issued by Mito City International Association.

<http://www.mitoic.or.jp/jp/ass/shiryo/cpm.php>

- ※ Both English and Japanese version available.
- ※ To view from smartphones and smart tablets, download the application first.

(5) Garbage collection in Uchihara District

※ Uchihara District has different disposal rules from Mito city.

(Uchihara District: Akaoseki-cho, Ariga-cho, Ushibushi-cho, Uchihara-cho, Odara-cho, Obara-cho, Kuroiso-cho, Koibuchi-cho, Kobayashi-cho, Gohei-cho, Shimoono-cho, Sugisaki-cho, Takada-cho, Tajima-cho, Tsuiji-cho, Nakahara-cho, Minowa-cho, Miyu-cho)

① Combustible

Must be put in a designated waste bag (yellow) and put out at the collection point before 8am on the day of collection. Waste bags can be purchased at super markets, convenience stores and home centers. If there is a large object that does not fit in the bag:

1. Apply for garbage collection at Uchihara Branch Office.
2. Buy waste sticker (blue) at Uchihara Branch Office.
3. Write in your name on the sticker and place it in plain view.
4. Put out the garbage at the entrance of your house or apartment by 8am on the day of collection.

② Non-combustible

Write in your name on the waste sticker (blue) and place it in plain view. On the day of collection, put the garbage in a designated container and leave it out at the collection point before 8am.

Waste sticker

This can be purchased at super markets, convenience stores and home centers.

Container (green)

Buy your own at Uchihara Branch Office and use it when you have non-combustible garbage.

Large objects that do not fit in the container

1. Apply for garbage collection at Uchihara Branch Office.
2. Buy waste sticker (blue or orange depending on size) at Uchihara Branch Office.
3. Write in your name on the sticker and place it in plain view.
4. Put out the garbage at the entrance of your house or apartment by 8am on the day of collection.

③ Recyclable

Put the garbage in a designated container and leave it out at the collection point before 8am on the day of collection.

Container (white)

Buy your own at Uchihara Branch Office and use it when you have recyclable garbage.

- Magazines, books, newspapers and card boards should each be bound with string.
- Cans and glass bottles should be rinsed and caps need to be removed.
- PET bottles should be rinsed and caps/labels need to be removed.

※ Bottles that were used for cosmetic fluid or medicinal chemicals are non-combustible garbage.

Uchihara Branch Office 総務課 (“somu-ka” : general affairs section) TEL: 029-259-7119, ADD. Uchihara-cho 1394-1, Mito city

4-2-8 町内会 (“chonai-kai”) & 自治会 (“jichi-kai”) : neighborhood association

Neighborhood associations are local community organizations run by residents based on membership fee. These associations provide a platform for residents to help each other on daily life. Activities include:

- Cleaning streets and parks
- Beautification of town such as planting flowers
- Installing street lamps for security
- Disaster preparedness activities
- Communal events
- Providing local information and distributing municipal newsletters through 回覧板 (“kairanban”, a file occasionally circulated among member residents)

(1) To join a neighborhood association

- ① Visit your area’s citizen center (see Table 2-7 The City’s Facilities for CULTURAL Activities on page 37). You will be provided with an application form and the information on your area’s chairperson.
- ② Contact the chairperson and apply directly.

(2) Membership fee

Membership fee is generally around 300 yen/month in Mito city, and ways of payment vary (ex. monthly deduction along with rent, annual collection of fee, etc.).

- ※ Apartments tend to have membership as a whole. Ask the owner of your apartment or the real-estate agency whether your apartment is included in a neighborhood association.
- ※ Once you join the association, you will occasionally receive a 回覧板 (“kairanban”, a file occasionally circulated among member residents). Make sure you pass it on to the next household in accordance with the defined order.

4-2-9 Pets

Below are some points to be aware of when having pets in Japan.

(1) Housing

Pets are prohibited in many apartments and rental housings. If you are going to have a pet, make sure it is allowed in the contract.

(2) Manner

Clean up after your dog when walking. Do not let your cat leave its excrement on someone else's property. Take care of their cries and smells as they could cause you problems with your neighbors.

(3) Breeding

Neuter/spay your pet in order to avoid unnecessary breeding.

(4) Administrative procedure for dogs ①

Dogs aged more than 91 days must be registered at the municipal government. After registration, you will be given a tiny license plate that can be attached to your dog's collar. When your dog is found being lost, this plate will let him/her come back to you.

Table 4-11 Registration of dogs

Situation	Type of procedure	When
When you start keeping a dog that has no license plate.	登録 ("toroku" registration) 3000 yen charge	90 days old or under → must be done within 30 days after turning 90 days old 91 days old and above → must be done within 30 days from the day you started keeping the dog



Mito Botanical Park

(5) Administrative procedure for dogs ②

Below are some other administrative procedures regarding pet dogs.

Table 4-12 Change in registered information

Situation	Type of procedure	When
・ When you start keeping a dog that has license plate. ・ When you moved in from another city.	登録事項の変更 （“toroku jiko no henko” change in registered information)	Must be done within 30 days from the day you started keeping the dog or the day you moved in to Mito city. (bring license plate and certificate plate*1 for rabies shot)
When the dog died	死亡届出 （“shibo todokede” notification of death)	Must be done within 30 days of death. (bring license plate and certificate plate*1 for rabies shot)

(6) Where to go for administrative procedures

保健センター（“hoken center”）ADD. Kasahara-cho 993-13, TEL 029-243-7311

常澄保健センター（“Tsunezumi hoken center”）ADD. Oba-cho 472-1, TEL 029-269-5285

内原保健センター（“Uchihara hoken center”）ADD. Uchihara-cho 1384-2, TEL 029-259-6411

*1 (7) Rabies vaccination (once every year)

Dogs aged above 91 days MUST have rabies shot once a year. You will receive a certificate plate that can be attached to the dog’s collar. Certificate plate comes in different colors depending on vaccinated year.

(8) How to vaccinate your dog

If you have received a post card notifying about vaccination, bring it with you.

① Group vaccination

Date and time is written on the post card. Vaccination fee is 3000 yen as of FY2014. The person bringing the dog must be able to take full control of its actions, as there will be many other dogs on site which could cause the dog to become overexcited. Make sure the collar is worn tightly so that it will not slip off.

② Individual vaccination

Available at veterinary hospital all year round. Vaccination fee differs depending on hospitals.

※ If you have lost your dog's license plate or certificate plate for rabies shot, have them reissued immediately. Reissuance charge is 1600 yen as of FY2014.

4-2-10 Post office, delivery service

4-2-10-a Post office

Postal service, banking service and insurance service are available at post offices.

(1) Postal service

① **Domestic mail** → usually takes 1 to 3 days to be delivered.

Types of mail

- letter, post card
- "Letter pack" (a large envelope suitable for A4 size)
- "Posu-paketto" (up to 1kg, A4 size, 3.5cm thick)
- "Yu-mail" (up to 3kg, length+width+height=up to 170cm)
 - …Yuu mail is for printed brochures, CD and DVD.
- "Yu-pack" (up to 30kg, length+width+height=up to 170cm)

※ For mails that need to be delivered urgently, consult the post office staff. There are ways to send them preferentially for an extra charge.

※ Below are optional services that allows important mails to be delivered safe and sure (such as cash) for an extra charge. These are only for letters, post cards and Yu-mail.

① 一般書留 ("ippan kakitome" registered mail (general))

- Tracks every process of delivery.
- If the sent item is damaged or lost, you will be compensated for within limits.
- "Ippan kakidome de onegai shimasu" = please send it by ippan kakitome.

② 簡易書留 ("kan-i kakitome" registered mail (simplified))

- Confirms the delivery completion.
- If the sent item is damaged or lost, you will be compensated for within limits.
- "Kan-i kakitome de onegai shimasu" = please send it by kan-i kakitome.

③ 現金書留 ("genkin kakitome" registered mail (cash))

- Can be used when sending cash (Japanese yen only).
- If it is lost, you will be compensated for within limits.
- Buy a designated envelope at the post office (21 yen).

② International mail

Types of mail

- letter, post card
 - small packet (up to 2kg)
 - "Kokusai e-packet" (up to 2kg)
 - printed material (up to 5kg) (up to 2kg in case of Ireland and Canada)
 - "Kokusai kozutsumi" (up to 30kg)
- ※ Each type has different size restriction. Consult the post office staff for detail.

Choosing means of conveyance for international mail

Sea mail --- Takes 1 to 3 months but can be sent the cheapest

SAL --- Takes 6 to 13 days. Can be sent cheaper than air mail. Write "SAL" on the packet.

Air mail --- Takes 3 to 6 days. Write "PAR AVION" or "AIL MAIL" on the packet.

EMS --- Takes 2 to 4o days.

- ※ Available means of conveyance depends on type of mail.
- ※ For mails that need to be delivered urgently, consult the post office staff. There are ways to send them preferentially for an extra charge.
- ※ Below is the optional service that allows important mails to be delivered safe and sure (such as cash) for an extra charge. These are only for letters, post cards and small packets.

国際書留 ("kokusai kakitome" international registered mail)

- Tracks a part of the process of delivery.
- If the sent item is damaged or lost, you will be compensated for within limits.
- "Kokusai kakidome de onegai shimasu" = please send it by kokusai kakitome.

(2) Banking service (ゆうちょ銀行 "Yucho Ginko")

① Saving & ATM

Making an account enables you to deposit / withdraw / transfer money. Time deposit is available as well.

② Foreign currency exchange

Below are currencies that can be sold or bought at Mito Central Post Office.

U.S. dollar, Chinese yuan, Canadian dollar, British pound, Korean won, Australian dollar, Swiss franc, Euro.

- Paper notes only.
- It may take 2 to 5 days to be able to receive foreign currencies.

③ Traveler's check

Below are traveler's checks that can be sold at Mito Central Post Office.

U.S. dollar, Canadian dollar, British pound, Australian dollar, Euro, Japanese yen.
(only checks that were issued by American Express)

④ Overseas remittance

• To an address overseas

1. Pay the desired amount & fee by cash.
2. An exchange certificate will be issued and sent to the address.
3. The receiver will exchange the certificate for money at local post office, etc.

(Exception: If you are sending to U.S.A., you will need to mail the certificate by yourself)

• To a bank account overseas

1. Pay the desired amount & fee by cash.
2. The amount will be transmitted to the account.

• Between bank accounts

1. The amount will be transmitted from your account to a different account overseas.

※ See the following site for ways to send money to Japan from another country.

(Jap.) http://www.jp-bank.japanpost.jp/kojin/tukau/kaigai/sokin/kj_tk_kg_sk_gaikoku.html

(Eng.) http://www.jp-bank.japanpost.jp/en/djp/en_djp_index.html

(3) Insurance service (かんぽ生命 “Kanpo Seimei”)

There are various insurances available including education endowment insurance, hospitalization insurance and death insurance. Consult the staff for further information.

Table 4-13 Opening Hours of Major Post Offices

(maps: 4-4 Mito Central Post Office, 4-5 Akatsuka Post Office, 4-6 Uchihara Post Office)

	Mito CPO	Akatsuka PO	Uchihara PO	Other post offices	Small branch offices
Mon - Fri	9am-7pm	9am-7pm	10am-6pm	9am-5pm	9am-4pm
Sat	9am-5pm	—	10am-6pm	—	
Sun, holiday	9am-0:30pm	—	10am-6pm	—	

Table 4-14 Opening Hours of ゆうゆう窓口 (“Yuyu Madoguchi”)

→ night time postal service

	Mito CPO	Akatsuka PO
Mon - Fri	7pm-9am	8am-8pm
Sat	5pm-9am	8am-8pm
Sun, holiday	0:30pm-9am	9am-3pm

Table 4-15 Opening Hours of Banking Services

	Mito CPO (teller / ATM)	Akatsuka PO (teller / ATM)	Uchihara PO (teller / ATM)
Mon - Fri	9am-6pm / 7am-11pm	9am-4pm / 8:45am-7pm	10am-5pm / 10am-10pm
Sat	— / 9am-9pm	— / 9am-5pm	— / 10am-9pm
Sun, holiday	— / 9am-7pm	— / 9am-5pm	— / 10am-7pm

Opening hours for insurance services

Mito CPO: Mon - Fri, 9am-6pm

Uchihara PO: Mon - Fri, 10am - 5pm

Other post offices: Mon-Fri, 9am - 4pm

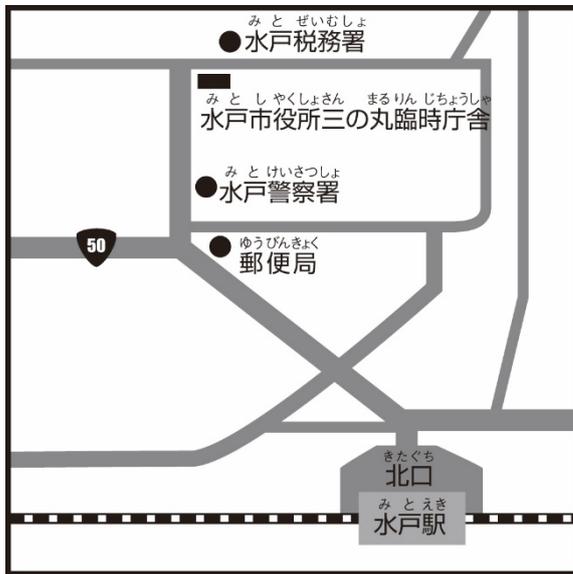
4-2-10-b Delivery service

Other than post offices, there are companies that provide delivery service. Packages could be sent from convenience stores and even from your home. Search through telephone directory for contact information.

Mito Central Post Office

ADD. Sannomaru 1-4-29, Mito city

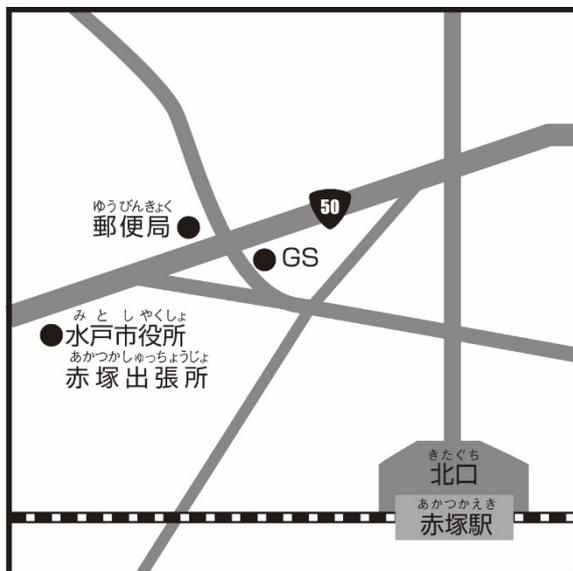
Map 4-4 Mito Central Post Office



Akatsuka Post Office

ADD. Akatsuka 2-212, Mito city

Map 4-5 Akatsuka Post Office



Uchihara Post Office

ADD. Uchihara 2-1, Mito city (inside AEON Mall Uchihara, 2F)

Map 4-6 Uchihara Post Office



4-2-11 Bank

(1) Major types of account

① 普通預金 (“futsu yokin” ordinary deposit)

- This is the most widely used type of account.
- Money can be deposited & withdrawn at your convenience.

② 積立預金、積立定期預金 (“tsumitate yokin”, “tsumitate teiki yokin” cumulative deposit)

- Certain amount is transmitted from the ordinary deposit account for every fixed period of time. (For example, save 20,000 yen every month from the ordinary deposit account)
- For accounts that have maturity, the accumulated money will be “locked” and cannot be withdrawn until maturity.
- Interest for this type of account is slightly higher than ordinary deposit accounts.

③ 定期預金 (“teiki yokin” time deposit)

- A lump sum of money can be deposited in this account for a fixed period of time. (For example, save 200,000 yen for 1 year)
- The money in this account cannot be withdrawn, in principle, until maturity.
- Interest for this type of account is slightly higher than ordinary deposit accounts.

(2) Services available for 普通預金 (“futsu yokin” ordinary deposit)

① Deposit and withdrawal

② Money transfer

E.g. Receiving salary, scholarship money, tax refund.

③ Automatic payment withdrawal

E.g. Utility charges (electricity, gas, water, phone bills), taxes, apartment rents, credit cards

④ Remittance

Sending money to other accounts

(3) Foreign currency exchange & traveler’s check cashing

These services are usually available at major bank offices.

Below are banks in Mito where currency exchange can be done. Available currencies differ depending on office.

Joyo Bank (head office), Tsukuba Bank (head office), Bank of Tokyo-Mitsubishi UFG (Mito branch office), Mizuho Bank (Mito branch office)

Following banks provide a service in which you can have foreign currency delivered to your home on specified date and time.

KENSHIN (Ibaraki-ken Shinyo Kumiai), Mito Shinkin Bank

(4) To open an account

Fill in the designated form at a bank.

You will need:

- Some form of ID (Residence Card, passport, driving license)
- Personal seal or your signature.
- ※ If your current address is not printed or indicated in the Residence Card, you must file a notification of address at the city office. For more information, see 4-1-1 Immigration Bureau on page 65.
- ※ Note that not all banks accept signatures.

(5) Cash card

It should be useful if you make a cash card when opening an account.

- Cash card gives you access to many services including depositing and withdrawal without going to the teller.
- ATM is located in places such as banks, convenience stores, stations, airports, highway service areas and shopping malls.

(6) General opening hours of teller window

Monday to Friday, 9am - 3pm. Saturdays, Sundays and holidays are closed.

※ For services on hours/days other than mentioned above, ATMs are available for use.

Depending on time and day, however, you may be charged a service fee.

4-2-12 Police station, police box

(1) There is a prefectural police HQ, police station and 16 police boxes in Mito city

① Prefectural Police HQ

ADD. Kasahara-cho 978-6, Mito city

TEL 029-301-0110

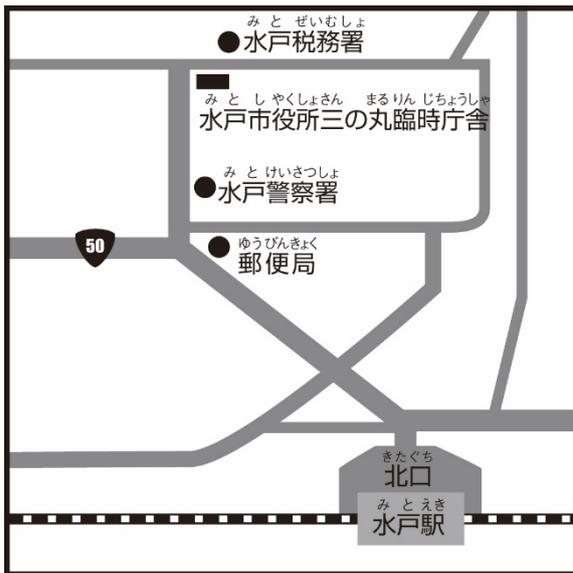
② Mito Police Station

This is where you will go when, for example, dealing with procedures related to issuance of parking space certification and renewal of driving license.

ADD. Sannomaru 1-5-21, Mito city

TEL 029-233-0110

Map 4-7 Mito Police Station



(2) Police box / residential police box

This is where you will go when robbed, got involved in a crime, lost/found belongings and when you simply want to ask for directions. It will also take care of any lost child. For emergency situations that involves human lives, see 1-2 In case of emergency on page 6.

※ Police box (交番 “koban”) … policemen are on duty 24 hours

※ Residential police box (駐在所 “chuzaisho”) … policeman’s residence that doubles as a police box

Check the closest police box / residential police box from your house.

Table 4-16 Police Box, Residential Police Box

Name	TEL	ADD.	Areas of responsibility
Uchihara chiku koban	029-259-0110	Uchihara-cho 55	Akaoseki-cho, Abokke-cho, Ariga-cho, Ushibushi-cho, Uchihara-cho, Odara-cho, Obara-cho, Kakurai-cho, Kuroiso-cho, Koibuchi-cho, Kobayashi-cho, Gohei-cho, Shimono-cho, Sugisaki-cho, Takada-cho, Tajima-cho, Tsuiji-cho, Nakahara-cho, Hirakue-cho, Mataguma-cho, Minowa-cho, Miyu-cho, Yatsu-cho
Akatsuka ekimae koban	029-253-0110	Kawawada 1-1830-7	Akatsuka 1 & 2, Iijima-cho, Otsuka-cho, Kanaya-cho, Kawawada 1 - 3, Nakamaru-cho, Himego 2
Ishikawa-cho koban	029-254-0110	Ishikawa 3-4122-11	Ishikawa-cho, Ishikawa 1-4, Jiyugaoka, Shinhara 1 & 2, Tano-cho, Nishihara 1-3, Higashi-akatsuka, Higashihara 1-3, Himego 1, Hori-cho*, Matsugaoka 1 & 2
Kenchomae koban	029-241-0110	Kasahara-cho 1978-1	Kasahara-cho*, Kobuki-cho, Senba-cho*, Tono-cho, Hirasu-cho, Migawa-cho*, Yoshizawa-cho, Yonezawa-cho
Sakado koban	029-247-3374	Sakado-cho 3283-4	Kurisaki-cho, Keyakidai 1-3, Sakado-cho, Sumiyoshi-cho, Motoishikawa-cho, Motoyoshida-cho*, Yada-cho, Yurigaoka-cho, Rokutanda-cho
Suehiro-cho koban	029-231-2830	Suehiro-cho 2-3-3	Akebono-cho, Atago-cho, Kamimito 1 - 4, Suehiro-cho 1-3, Chitose 1 & 2, Hakamatsuka 1-3, Hachiman-cho, Bunkyo 1 & 2, Hori-cho*, Matsumoto-cho, Watari-cho

(cont'd: Table 4-16 Police Box, Residential Police Box)

Name	TEL	ADD.	Areas of responsibility
Senba-cho koban	029-241-1529	Senba-cho 2357-6	Kasahara-cho*, Senba-cho*, Migawa-cho*
Daikumachi koban	029-221-5498	Daikumachi 1	Izumi-cho 1-3, Kanemachi 1-3, Goken-cho 1-3, Sakae-cho 1 & 2, Shinso 1-3, Daikumachi 1-3, Tenno-cho, Tokiwa-cho, Tokiwa-cho 1& 2, Nemoto-cho 2-4, Midori-cho 1-3, Motoyama-cho 1 & 2
Higashidai koban	029-224-4338	Hidashidai 1-5-36	Akutsuno, Asahi-cho, Kawayara, Konya-cho, Shibui-cho, Joto 1-5, Nakaono, Nishiono, Hamada 1 & 2, Hamada-cho, Higashiono, Higashisakuragawa, Higashidai 1 & 2, Fujigara-cho, Honcho 1-3, Yanagimachi 1 & 2, Yoshida, Yoshinuma-cho, Wakamiya 1 & 2, Wakamiya-cho
Migawa koban	029-252-0110	Migawa 5-1307-8	Kayaba-cho, Kawawada-cho, Migawa 1-5, Migawa-cho*, Miwa 1-3
Mito-eki Kitaguchi koban	029-224-4638	Miyamachi 1-1-1	Aoyagi-cho, Omachi 1-3, Kitami-cho, Sannomaru 1-3, Suifu-cho, Nemoto-cho 1, Baiko 1 & 2, Bizenmachi, Minamimachi 1-3, Miyamachi 1*, Miyamachi 2 & 3, Yanakawa-cho

(cont'd: Table 4-16 Police Box, Residential Police Box)

Name	TEL	ADD.	Areas of responsibility
Mito-eki Minamiguchi koban	029-225-8951	Sakuragawa 1-2-3	Sakumachi 1-3, Sakuragawa 1 & 2, Jonan 1-3, Shiraume 1-4, Senba-cho*, Chuo 1 & 2, Miyauchi-cho, Miyamachi 1*, Motodaimachi, Motoyoshida-cho*
Iitomi chuzaisho	029-229-7054	Iitomi-cho, 4449-9	Iitomi-cho, Iwane-cho, Narusawa-cho, Fujii-cho, Fujigahara 1-3
Okushi chuzaisho	029-269-2118	Okushi-cho, 475-1	Akinari-cho, Okushi-cho, Oba-cho, Kawamata-cho, Koizumi-cho, Shiozaki-cho, Shimada-cho, Shimoirino-cho, Shimoono-cho, Tomae-cho, Tomae 2 & 3, Hirato-cho, Morito-cho
Kunii chuzaisho	029-239-7411	Shimokunii-cho 1553-4	Kamigachi-cho, Kamikunii-cho, Shimokunii-cho, Taya-cho, Nakagachi-cho
Futabadai chuzaisho	029-254-4480	Futabadai 4-1-12	Futabadai 1-5

(*) Town with this mark is under jurisdiction of several police boxes.

4-3 Means of transportation

4-3-1 Car

4-3-1-a Basic rules in Japan

Breaking these rules will lead to receiving penalties.

- Do NOT drive after consuming alcohol, no matter how small the amount is.
- Do NOT drive if you have forgotten your driving license.
- Do NOT use mobile phone while driving.
- Both driver and passenger must fasten seatbelt on a car. Children aged under 6 must use child safety seat.

4-3-1-b To drive in Japan

If you are a foreign national, you must have either ①, ② or ③.

- ① Driving license of your country/region + official translation + passport
- ② Driving license of your country/region + International Driving Permit
- ③ Japanese driving license

(cont'd: Table 4-16 Police Box, Residential Police Box)

Name	TEL	ADD.	Areas of responsibility
Mito-eki Minamiguchi koban	029-225-8951	Sakuragawa 1-2-3	Sakumachi 1-3, Sakuragawa 1 & 2, Jonan 1-3, Shiraume 1-4, Senba-cho*, Chuo 1 & 2, Miyauchi-cho, Miyamachi 1*, Motodaimachi, Motoyoshida-cho*
Iitomi chuzaisho	029-229-7054	Iitomi-cho, 4449-9	Iitomi-cho, Iwane-cho, Narusawa-cho, Fujii-cho, Fujigahara 1-3
Okushi chuzaisho	029-269-2118	Okushi-cho, 475-1	Akinari-cho, Okushi-cho, Oba-cho, Kawamata-cho, Koizumi-cho, Shiozaki-cho, Shimada-cho, Shimoirino-cho, Shimoono-cho, Tomae-cho, Tomae 2 & 3, Hirato-cho, Morito-cho
Kunii chuzaisho	029-239-7411	Shimokunii-cho 1553-4	Kamigachi-cho, Kamikunii-cho, Shimokunii-cho, Taya-cho, Nakagachi-cho
Futabadai chuzaisho	029-254-4480	Futabadai 4-1-12	Futabadai 1-5

(*) Town with this mark is under jurisdiction of several police boxes.

4-3 Means of transportation

4-3-1 Car

4-3-1-a Basic rules in Japan

Breaking these rules will lead to receiving penalties.

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- Do NOT use mobile phone while driving.
- Both driver and passenger must fasten seatbelt on a car. Children aged under 6 must use child safety seat.

4-3-1-b To drive in Japan

If you are a foreign national, you must have either ①, ② or ③.

- ① Driving license of your country/region + official translation + passport
- ② Driving license of your country/region + International Driving Permit
- ③ Japanese driving license

① **Driving license of your country/region + official translation + passport**

Do you have a valid driving license of **Switzerland, Slovenia, Germany, France, Belgium, Monaco or Taiwan**? → You are permitted to drive in Japan if you have an official translation and passport (as of 2014).

- ※ This permission is granted for 1 year after entering Japan as long as your driving license is valid (= you may not drive if it expires). However, it does not apply to those listed on Basic Resident Register who temporarily left Japan and came back in less than 3 months.
- ※ If you wish to drive for more than 1 year, you must switch to a Japanese license. For details, see ③Japanese driving license on page 112.
- ※ An official translation can be done at JAF or the embassy.

JAF (directions)

- English http://www.jaf.or.jp/inter/translation/pdf/pdf_info_english.pdf
- French <http://www.jaf.or.jp/e/image/french.pdf>
- Chinese <http://www.jaf.or.jp/e/image/c-taiwan.pdf>

JAF (application for translation)

- English http://www.jaf.or.jp/inter/translation/pdf/pdf_apli_english.pdf
- French http://www.jaf.or.jp/inter/translation/pdf/pdf_apli_french.pdf
- Chinese http://www.jaf.or.jp/inter/translation/pdf/pdf_apli_c-taiwan.pdf

- ※ Translation is subject to fees, and it may take about 2 weeks to complete.

JAF in Ibaraki (weekdays 9am-5:30pm)

TEL 029-244-2660, ADD. Senba-cho 2475-7. Mito city



Senba-ko lake

Map 4-8 JAF Ibaraki



② Driving license of your country/region + International Driving Permit

Do you have a valid driving license issued by the **signatory countries of the Convention at Geneva 1949**? → You are permitted to drive in Japan if you acquire International Driving Permit at the country where you had your driving license issued.

List of the signatory countries of the Convention at Geneva 1949

(from HP of Tokyo Metropolitan Police Department)

Japanese <http://www.keishicho.metro.tokyo.jp/menkyo/menkyo/kokugai/kokugai04.htm>

English <http://www.keishicho.metro.tokyo.jp/foreign/traffic/geneva.htm>

- ※ This permission is granted for 1 year after entering Japan as long as your driving license is valid (= you may not drive if it expires). However, it does not apply to those listed on Basic Resident Register who temporarily left Japan and came back in less than 3 months.
- ※ If you wish to drive for more than 1 year, you must switch to a Japanese license. For details, see ③ Japanese driving license on page 112.

③ Japanese driving license

- Those with valid driving license issued by countries OTHER THAN mentioned in ① & ②
 - Those with valid driving license mentioned in ① & ② AND want to drive for more than 1 year
- Switch to Japanese driving license to be able to drive.

4-3-1-c Switching to Japanese driving license

English http://www.pref.ibaraki.jp/kenkei/a03_license/exam/pdf/change_201306.pdf

(1) Qualifications

- Your original driving license is VALID.
- After acquiring your original visa, you have stayed in the country for more than 3 months total.
- You currently reside in Ibaraki.
- Your visa is valid.

(2) Procedures

Apply → Paper test → Aptitude test → Driving test

- **Paper test can be taken in following languages.**
Japanese, English, Chinese, Portuguese, Spanish, Persian, Thai, Tagalog
- **There will be a conversational screening in Japanese. If you do not understand/speak Japanese, you must bring your own interpreter.**
- **If you have a valid driving license from the countries/region below, you will be exempt from Paper test and Driving test (as of May 2014).**
Iceland, Ireland, England, Italy, Austria, Australia, Holland, Canada, Korea, Greece, Switzerland, Sweden, Spain, Czech Republic, Denmark, Germany, New Zealand, Norway, Finland, France, Belgium, Portugal, Luxembourg, Slovenia, Monaco, Taiwan (25 countries 1 region).

(3) Venue

Table 4-17 Switching to Japanese Driving License

Location	Ibaraki Police Driving License Center (茨城県警察 運転免許センター “Ibaraki-ken Keisatsu Unten Menkyo Center”) ADD.) Nagaoka 3783-3, Ibarakimachi, Higashi-ibaraki-gun Transp.) Take the bus for 運転免許センター (“Unten Menkyo Center”) from Mito Station north exit, bus terminal #3 → 30-40 mins. ride → get off at the destination
TEL	029-293-8811
Hours	Apply at the Driving License Center between 9am-10am, Mon-Fri.
Necessary documents	<ul style="list-style-type: none"> • Certificate of Residence Record (住民票 “juminhyo”) … must include your nationality • Valid driving license of your country/region (Bring expired ones as well, if you have any). If it does not contain information of the date the license was issued, you must acquire a certificate that shows the date of issuance. Please consult the issuing organization. • Official translation of the driving license of your country/region.

Necessary documents	<p>(For detail, see 4-3-1-b To drive in Japan ① Driving license of your country/region + official translation + passport on page 111)</p> <ul style="list-style-type: none"> • Passport (Bring ALL passports you have, including expired ones). If it does not contain information of the date of entry/exit to the country where your license was issued, you must obtain a certification. • 2 ID photographs (3cm long × 2.4cm wide, no hat/cap, plain background, taken within 6 months) • Residence Card OR valid Alien Registration card OR Special Permanent Resident Certificate. <p>※ If you have an International Driving Permit, bring it with you. ※ If applying for a motorbike license of 50cc or more, bring a helmet, gloves, long-sleeved shirt, long pants and a pair of shoes.</p>
Charge	Differs depending on the type of license.

If you do not have any valid driving license, you must attend a driving school and take the exam. Classes and tests are all in Japanese. Total cost for a normal license is generally around 300,000 yen.

Table 4-18 Driving Schools in Mito City

Name of school	Address	TEL
茨城県自動車学校 Ibarakiken Jidosha Gakko	Tono-cho 260	029-247-6131
昭和自動車教習所 Showa Jidosha Kyoshujo	Senba-cho 1987	029-241-0300
水戸第一自動車学校 Mito Daiichi Jidosha	Himego 1-846-2	029-251-5233

4-3-1-d Changing address after acquiring Japanese driving license

If you have moved to a different place after being issued a Japanese driving license, you must make notification to the Driving License Center (see Table 4-17 Switching to Japanese Driving License on page 113) or Mito Police Station (see 4-2-12 Police station, police box on page 107). An ID form that proves your new address, such as Residence Card, should become necessary.

4-3-1-e Term of validity of Japanese driving license

License will expire 1 month after your 3rd birthday counting from the day of issuance. It will need to be renewed once in 3 or 5 years. As the expiration date approaches, a notification card will be sent to your home. Make sure to go through the renewal procedure at the Driving License Center (see Table 4-17 Switching to Japanese Driving License on page 113) or Mito Police Station (see 4-2-12 Police station, police box on page 107). Take with you your license and the notification card.

4-3-1-f Insurance

There are 2 types of insurance for cars and motorbikes.

① Compulsory automobile liability insurance (自賠責保険 “Jibaiseki hoken”)

Every automobile is required by law to subscribe to this insurance. When an accident happens, the insurance will compensate for injury and life of the victim. It will not, however, compensate for vehicles, objects or the assailant’s injury/life.

② Voluntary insurance (任意保険 “Nin-i hoken”)

There are various types of voluntary insurance. Consult the sales person when you buy an automobile.

4-3-1-g Certificate of parking space

(自動車保管場所証明 “Jidosha hokanbasho shomei” or 車庫証明 “Shako shomei”)

To own a car, you must have a certificate of parking space.

① Secure a legal parking space.

- It must be within 2km from location of residence.
- Parking entrance must have enough width/(height).
- Parking space must be large enough for your car.

② Apply at Mito Police Station (see 4-2-12 Police station, police box on page 107) for issuance of the certificate. First, consult Mito Police Station as you will need to prepare various documents in advance.

4-3-1-h Vehicle inspection (車両検査 “sharyo kensa” or 車検 “shaken”)

If you own a car, it is required by law that the car be put through inspection once in a while. In case of a new, unused vehicle, the first inspection must be done 3 years after purchase. Otherwise, it must be done once in 2 years. You should be able to get more information at car dealers, gas stations and automobile supply stores. Note that you will be penalized for failure to arrange a required inspection.

4-3-2 Motorbike, bicycle

(1) Motorbike

You must have a driving license to ride on a moped (原付 “gentsuki”) of up to 125cc or a motorbike of more than 125cc.

① Ways to ride on a moped/motorbike in Japan

- Acquire an International Driving Permit (those with a valid license of one’s country/region)
- Switch to a Japanese driving license (those with a valid license of one’s country/region)
- Acquire Japanese driving license

For details, consult the police (see 4-2-12 Police station, police box on page 107) or Ibaraki Police Driving License Center (see Table 4-17 Switching to Japanese Driving License on page 113).

② Basic rules in Japan

Breaking these rules will lead to receiving penalties.

- You **MUST** wear a helmet.
- Do **NOT** ride after consuming alcohol, no matter how small the amount is.
- Do **NOT** ride if you have forgotten your driving license.
- Do **NOT** use mobile phone while riding.
- Ride on the **LEFT** side of the roads.

③ Cycle parking space

There are parking spaces for bicycles and moped near Mito station and Akatsuka station. (see Table 4-19 Mito City Cycle Parking Space on page 118)

(2) Bicycle

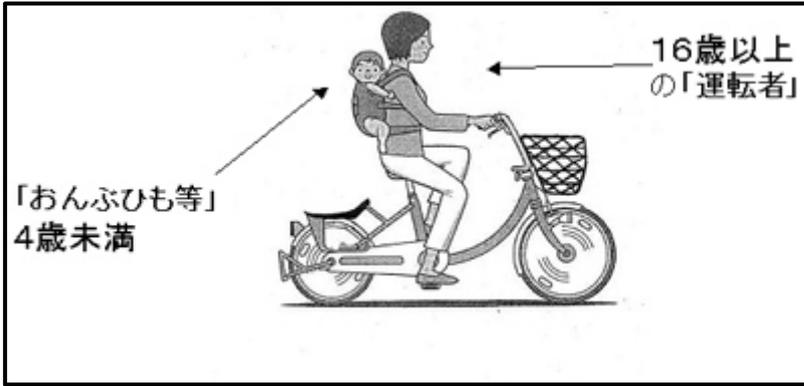
① Bicycle theft prevention registration (防犯登録 “bohan toroku”)

If you have a bicycle, registration is compulsory. The registration sticker on your bicycle will prevent it from being stolen, and even if stolen, it will come back to you when found elsewhere. Registration can be done at a bicycle shop when you buy a bicycle. (registration fee: 500yen per bicycle)

② Basic rules in Japan

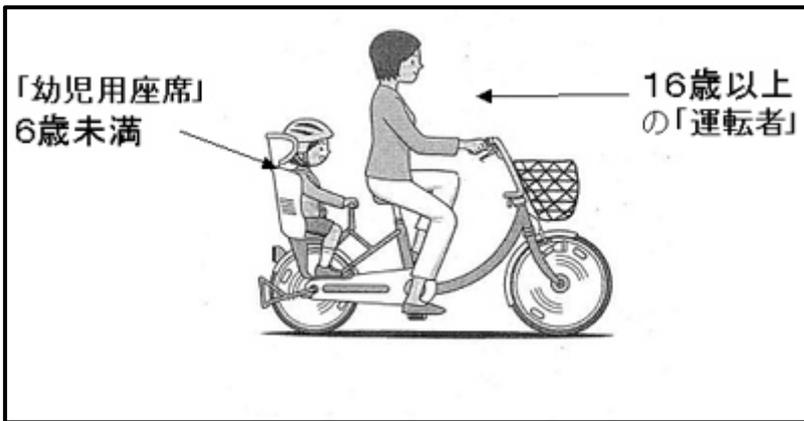
- Ride on the **LEFT** side of a road or side strip.
- If a road is too dangerous or when there is a sign that allows it, slowly ride on the **LEFT** side of a sidewalk. In such case, remember to yield to pedestrians at all times. When congested with pedestrians, get off and walk your bicycle.
- Do **NOT** ride after consuming alcohol, no matter how small the amount is.
- Do **NOT** ride while using mobile phones or earphones.
- Do **NOT** ride while using an umbrella.
- Turn on the light when dark.
- Only one person (=rider) can ride on a bicycle except for following cases.
 - A rider aged 16 or above + a child aged 0-3
(The child must be strung tight on the rider's back): fig.4-3
 - A rider aged 16 or above + a child aged 0-5
(The child must ride on a child seat mounted on the bicycle): fig 4-4
 - A rider aged 16 or above + 2 children aged 0-5
(Only allowed with a bicycle designed for seating two children): fig 4-5
- If riding with a child on your bicycle, put helmet on his/her head.
- Always lock your bicycle when leaving.

Figure 4-3 Stringing a child on your back



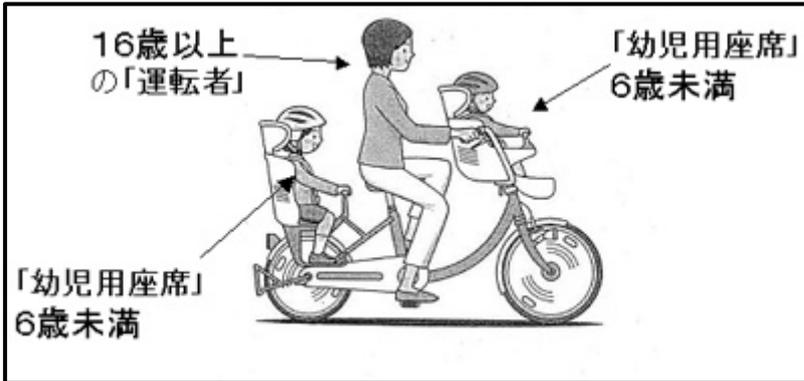
*reprinted with the permission

Figure 4-4 Using a child seat



*reprinted with the permission

Figure 4-5 Bicycle designed for seating two children



*reprinted with the permission

③ Cycle parking space

There are parking spaces for bicycles and mopeds (under 50cc) near Mito station and Akatsuka station.

※ Mopeds of 50cc or more must be parked at a car park.

※ To park your bicycle, be sure that theft prevention registration is complete.

Table 4-19 Mito City Cycle Parking Space

Location	
Mito station north exit	029-228-3220
Mito station south exit	029-224-5140
Akatsuka station south exit	029-252-8381
Akatsuka station north exit	029-255-4108

Open hours: 6am - 11pm, FREE for 1 hour.

Day Charge: Bicycle 150 yen, Moped 200 yen

Table 4-20 Fee for Fixed-term Cycle Parking

	Bicycle		Moped	
	General	Students	General	Students
1 month	3,000 yen	1,500 yen	4,500 yen	2,250 yen
3 months	7,500 yen	3,750 yen	11,250 yen	5,625 yen
6 months	15,000 yen	7,500 yen	22,500 yen	11,250 yen
1 year	30,000 yen	15,000 yen	45,000 yen	22,500 yen

※ To apply for fixed-term cycle parking service, fill in the form that can be obtained from the URL below and submit it to the office.

http://www.city.mito.lg.jp/000271/000273/000284/000335/p000912_d/fil/1.pdf

※ In areas near stations, bicycle must be parked at cycle parking space. Any bicycles parked near the station will be removed.

④ Renting a bicycle

Table 4-21 Bicycle Rental Service

Place	Available days	Time	Fee
Mito sta. south exit 東棟自転車駐車場 “Higashito jitensha chushajo” TEL 029-224-5140	<ul style="list-style-type: none"> • Sat, Sun, Holidays • Every day Jan 1-3 and Feb 20-Mar31 (closed during year-end) 	9am-4pm (return by 4pm)	Junior high: 500 yen Elementary: 300 yen (elementary school child must be accompanied by an adult)
Senba-ko lake, west parking lot TEL 029-241-1251	<ul style="list-style-type: none"> • Every day (closed during year-end) 		

※ Bicycles borrowed at Mito station, south exit, can be returned to Senba-ko lake, west parking lot.

4-3-3 Train

(1) How to ride on a train

① Buy a ticket

Buy a ticket for your destination (1 ticket per person). It can be bought at ticket vending machines near ticket gates. If you do not know how to use them or if you are traveling long distance, go to the ticket counter (みどりの窓口 “midorino madoguchi”).

② Go through the ticket gate

If it is an automated ticket gate, you let your ticket through the machine. If it is a manned ticket gate, you present your ticket to have it stamped.

※ When you only want to enter the gate without riding on a train, for example when seeing someone off at a platform, buy an entrance ticket (入場券 “nyujo-ken”).

Adults 100 yen, children 70 yen.

(2) Types of train around Mito

Table 4-22 Types of train and ticket

	Stops at:	Type of ticket
Local	All stations	regular ticket
Rapid	Some stations	regular ticket
Express	Only major stations	regular ticket + express ticket

(3) Express ticket

To ride on an express train, you must have an express ticket besides regular ticket. There are two types of express ticket.

① Reserved seat (指定席 “shitei-seki”) = Allows seat reservation

② Unreserved seat (自由席 “jiyu-seki”) = Free seating. Must stand when fully occupied. It is cheaper than reserved seat.

※ Depending on railway companies, you may not need an express ticket.

(4) Green car

Green car has wider seats with longer legroom, and a crew will walk by once in a while with some beverages and snacks (or even light meal on express trains) for you to buy. In Mito, you will find these cars connected to local/rapid/express trains of Joban Line.

※ In order to ride on a Green car, you must buy a Green ticket besides your regular ticket.

It can be bought on the Green car or at the ticket counter (みどりの窓口 “midorino madoguchi”) inside a station. It is cheaper at the station than on Green car.

※ There are some trains that do not have Green cars.

(5) For frequent users

If you ride on train frequently, following items should be useful.

① IC card (such as SUICA)

IC cards can be charged in advance at ticket vending machines. It enables you to pass through the ticket gate by just touching it on a reader. The gate will close if the card does not have enough money charged in it.

② Commutation ticket

You can buy 11 tickets in advance for a price of 10. (For example, 150 yen ticket×11)

Note that they usually have expiration date.

③ Train pass

Train pass can be used for a fixed route for a fixed period of time. (For example, from Mito station to Hitachi station) During the valid term, you can travel as much as you want within the selected route.

(6) Rules and manners

Train is a public space and passengers are expected to follow certain rules/manners by refraining from: **rushing onto the train when the doors are about to close, applying makeup, talking on a mobile phone, sitting on the floor, taking up a seat with your belongings and listening to loud music with earphones.**

(7) Priority seat

There are priority seats in every car of local/rapid trains. These are for elderlies, physically challenged and those who are pregnant or carrying a baby. It is required that you TURN OFF your mobile phone near priority seats for those who may have pacemakers.

(8) Women-only car

These cars that can be identified by pink stickers placed on walls/windows are available during busy commuting hours. Usually becoming women-only cars on specified day/time indicated on the sticker, they are for women only, except for those who are physically challenged (and his/her helper) and elementary school boys and under.

4-3-4 Highway bus

There are highway buses going to various destinations from Mito station (as of 2014 June).

(1) Destinations

① Tokyo station

(bus company: 茨城交通 “Ibaraki Kotsu”, 関東鉄道 “Kanto Tetsudo”, JR バス関東 “JR Bus Kanto”)

Bus terminal / bus stop

(via Akatsuka station):

Mito station South exit #5, North exit #9, Daikumachi, Akatsuka station North exit #2

(via Ibaraki Univ.):

Mito station South exit #5, North exit #9, Daikumachi, Ibaraki University

(via Ibaraki Prefectural office):

Mito station South exit #5, Ibaraki prefectural office

One-way fare

Adults 2,080 yen, Children 1,040 yen

Where to buy tickets

- On the bus, when boarding at Mito station.
 - Ticket counter of 茨城交通 “Ibaraki Kotsu” (near #7 terminal at Mito sta. North exit)
 - Ticket counter of 関東鉄道 “Kanto Tetsudo” (near #7 terminal at Mito sta. North exit)
 - Ticket counter of JR バス関東 “JR Bus Kanto” (near #5 terminal at Mito sta. North exit)
- ※ You can buy “Twin Ticket” for 3,900 yen. It contains 2 adult tickets and can be used when you need a round-trip ticket or when you want to ride with children (1 adult ticket = 2 children).
- ※ Bus fare from Akatsuka station is: Adults 1,930 yen, Children 970 yen, Twin Ticket 3,600 yen.

To board a bus

Mito city area → Tokyo : Pay the fee (or hand the ticket you bought in advance) to a staff/driver WHEN BOARDING.

Tokyo → Mito city area : Buy a ticket at a ticket counter BEFORE boarding the bus, or simply use the ticket you had bought in advance.

② Narita Airport (bus company: 茨城交通 “Ibaraki Kotsu”) ※RESERVATION NEEDED

Bus terminal : Mito station South exit #4

One-way fare: Adults 3,100 yen, Children 1,550 yen

To board a bus: Reserve your seat in advance (ticket counter, telephone, internet, convenience stores)

③ Haneda Airport (bus company: 茨城交通 “Ibaraki Kotsu”) ※RESERVATION NEEDED

Bus terminal: Mito station South exit #4

One-way fare: Adults 3,600 yen, Children 1,800 yen

To board a bus: For a ride from Mito station to Haneda, reserve your seat in advance by telephone or at the ticket counter. For a ride from Haneda to Mito station, buy the ticket at the airport.

④ Ibaraki Airport (bus company: 関東鉄道 “Kanto Tetsudo”)

Bus terminal: Mito station South exit #4

One-way fare: Adults 1,030 yen, Children 520 yen

To board a bus: Pay the fee when boarding.

⑤ Utsunomiya (bus company: 茨城交通 “Ibaraki Kotsu”)

Bus terminal: Mito station South exit #4, North exit #9

One-way fare: Adults 1,550 yen, Children 780 yen

To board a bus: Pay the fee when boarding.

⑥ Tsukuba Center (bus company: 関東鉄道 “Kanto Tetsudo”)

Bus terminal: Mito station South exit #4, North exit #8, Daikumachi, Ibaraki Prefectural office

One-way fare: Adults 1,030 yen, Children 520 yen

Ticket set: Can be bought at 3,500 yen (4 adult tickets) from the driver.

To board a bus: Pay the fee (or hand the ticket) when boarding.

⑦ Sendai (bus company: 茨城交通 “Ibaraki Kotsu”) ※RESERVATION NEEDED

Bus terminal: Mito station South exit #4

One-way fare: Weekdays / Adults 4,080 yen, Children 2,400 yen

Sat, Sun, Holidays / Adults 5,000 yen, Children 2,500 yen

To board a bus: Reserve your seat in advance (ticket counter, telephone, internet, convenience stores)

⑧ Osaka, Kyoto (bus company: 関東鉄道 “Kanto Tetsudo”) ※RESERVATION NEEDED

Bus terminal: Mito station South exit #4. Daikumachi

One-way fare: Adults 10,800 yen, Children 5,400 yen for Osaka station.

Adults 9,900yen, Children 4,950 yen for Kyoto station.

To board a bus: Reserve your seat in advance (ticket counter, telephone, internet, convenience stores)

(2) Making reservations

① Ticket counter

茨城交通 “Ibaraki Kotsu” (near #7 terminal at Mito sta. North exit)

関東鉄道 “Kanto Tetsudo” (near #7 terminal at Mito sta. North exit)

② Telephone

茨城交通 “Ibaraki Kotsu” / 029-309-5381

関東鉄道 “Kanto Tetsudo” / 029-247-5111

③ Internet (Japanese)

Reserve online and pay by credit card or at ticket counter / convenience store.

Highwaybus.com

<https://www.highwaybus.com/rs-web01-prd-rel/gp/reservation/rsvPlanList?lineId=290>

発車オ～ライ ネット (“hassha oorai net”)

<https://secure.j-bus.co.jp/hon>

④ Convenience store

Use a machine usually located near the cash register. You can also pay for the reservation you have made through internet. Below is a list of convenience stores and their names of machines.

- Seven Eleven : マルチコピー機 (“multi copy-ki”)
- Family Mart : Fami port
- Lawson, Mini Stop : Loppi
- Circle K, Sunkus : カルワザ ステーション (“karuwaza station”)

(3) Some home pages of bus company (Japanese)

茨城交通 “Ibaraki Kotsu” Highway bus <http://www.ibako.co.jp/highway/>

茨城交通 “Ibaraki Kotsu” Airport bus <http://www.ibako.co.jp/airport/>

関東鉄道 “Kanto Tetsudo” Highway bus http://www.kantetsu.co.jp/bus/highway/highway_index.html

4-3-5 Local bus

10,000 yen bill and 5,000 yen bill cannot be used in many buses. Be sure to prepare coins (500 yen / 100 yen / 50 yen / 10 yen) or a 1,000 yen bill BEFORE getting on the bus.

(1) How to board a bus

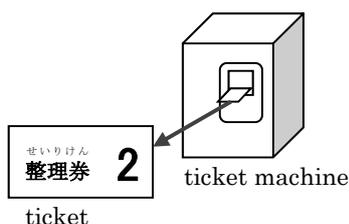
① Board from the rear door and take a look at the ticket machine placed in the entrance.

If there is a numbered ticket ready to pick, take the ticket.

② Listen carefully to the announcement as the bus gets close to your destination.

③ When you hear the name of the desired stop, press the button*1 to let the driver know that you are getting off. Buttons are usually placed on the wall or near the windows.

④ Look at the bus fare chart*2 and prepare the amount that is displayed below the number that corresponds to your ticket*3. If there was no ticket when you boarded the bus, prepare the fare displayed under the word なし“nashi”.



⑤ **Throw the ticket and money into a transparent box placed beside the driver.** On most buses, this box does not automatically give you the change, so be sure to prepare the exact amount using the change machine which is set near the box.

*1 Same number as your ticket
↓

*2 Bus fare chart

なし	1	2	3	4	5	6	7	8	9
320	260	200	160	160					
10	11	12	13	14	15	16	17	18	19

(2) Ticket set, bus pass

If you ride on a bus frequently, buying a ticket set or bus pass might end up cheaper and useful.

① Ticket set

This is usually sold in large units, for example 1,000 yen or 3,000 yen, and consists of various tickets such as 10 yen, 50 yen, 100 yen and 150 yen. The actual money you pay for the set is cheaper than the sum of tickets.

② Bus pass

Bus pass can be used for a fixed route for a fixed period of time (1 month, 3 months, 6 months), and it is useful if you are using the same route every day to commute to school or work. Student pass is cheaper than normal pass. Note that bus pass can only be used by the registrant.

※ Each bus company has its own ticket sets and bus passes, and they cannot be used for other companies.

(3) Where to buy ticket sets and bus passes

Ticket set: At the ticket counter or from the driver.

Bus pass: At the ticket counter.

(4) Ticket counter

① 茨城交通 “Ibaraki Kotsu”

- Near #7 terminal at Mito station North exit.
- Ibadai-mae office (ADD. Hakamatsuka 3-5-36, near Ibaraki University)
- Hamada office (ADD. Higashisakuragawa 8-4)

② 関東鉄道 “Kanto Tetsudo”

- Near #7 terminal at Mito station North exit.
- Mito office (ADD. Sumiyoshi-cho 348)

③ JR バス関東 “JR Bus Kanto”

- Near #5 terminal at Mito station North exit.

(5) Inquiries

Table 4-23 Contact Number for Bus Companies

茨城交通 “Ibaraki Kotsu”	029-251-2335
関東鉄道 “Kanto Tetsudo”	029-247-5111
JR バス関東 “JR Bus Kanto”	029-221-2836

4-3-6 Taxi, substitute driving service

(1) Taxi

① How to get a taxi

- Catch at stations or at taxi companies.
 - Make a phone call to come to your location (it may require extra charge)
- ※ Normal size taxi is limited to 4 persons and mid/large size taxi is limited to 5.
- ※ See the URL below for a list of taxi companies in Mito (Japanese)

http://www.ibaraki-hire-taxi.org/list/area_kenou/mito/

② Taxi fare

The first 2 km is fixed, usually around 700 yen. The fare will rise after 2km for each unit of distance. You will know the fare by looking at a meter in the front.

- ※ The fare will be raised to 120% between 10pm and 5am.

(2) Substitute driving service (運転代行 “unten daiko”)

In Japan, a driver is prohibited to drive after consuming alcohol, no matter how small the amount is. If you drove to dine out and consumed some alcohol, you should call a substitute driver (often called 代行 “daiko”). The driver will drive your car for you.

- ① Ask the restaurant staff to call for the service (代行お願いします “daiko onegai shimasu” = please call a substitute driver).
- ② 2 drivers will come to the restaurant. Tell them your address.

③ Seat yourself on your car's passenger seat. One driver will drive your car. The other driver will drive their own car.

④ When you arrive at home, pay for the fee.

※ On days like Friday when many people are likely to use the service, it may take more than 1 hour for the drivers to come. Don't wait till the last minute to ask for the service; ask ahead of time to see how long it will take.

4-3-7 Ibaraki Airport

Location: Yozawa 1601-55, Omitama city

TEL: 0299-37-2800 (8:30am-8:30pm)

(1) Cities accessible from Ibaraki Airport (as of 2014 May)

① Domestic

Kobe (Hyogo pref.), Sapporo (Hokkaido), Nagoya (Aichi pref.), Yonago*¹ (Tottori pref.), Fukuoka (Fukuoka pref.), Naha*² (Okinawa pref.)

② International

Shanghai (Chiina)

*¹Yonago ... This line will go through Kobe (Hyogo pref.) and Nagoya (Aichi pref.).

*²Naha ... This line will go through Kobe (Hyogo pref.).

※ For domestic flights, check in at least 20 minutes before departure.

※ For international flights, check in at least 1 hours before departure.

(2) Book a flight

① Domestic : Skymark reservation center (TEL 050-3116-7370)

Japanese <http://www.skymark.jp/ja/>

English <http://www.skymark.jp/en/>

Korean <http://www.skymark.jp/ko/>

Chinese http://www.skymark.jp/zh_TW/

② International : Spring Airlines service center (TEL 0570-666-188)

Japanese <http://j.springairlines.com/jp>

English <http://www.china-sss.com/en>

Korean <http://www.china-sss.com/kr>

Chinese <http://www.china-sss.com/>

(3) Foreign currency exchange

Currency exchange can be done at the lobby, 1F.

Japanese yen ⇔ Chinese yuan, Korean won, Taiwan dollar, U.S.dollar, Euro

(4) Parking space

There is space for 1300 cars to park for FREE. You can park your car while being away from Ibaraki. Open 6am - 10pm.

※ To park for more than two weeks, sign up at the airport administration office.

(5) Transportation from Mito

Table 4-24 Transportation fare to Ibaraki Airport

Means	Place of departure	Time	Fare
Highway bus	Terminal #4, Mito station South exit	approx. 40 mins.	Adults 1,030 yen Children 520 yen
Local bus	Terminal #6, Mito station North exit	approx. 65 mins.	Adults 1,130 yen Children 570 yen
Taxi	Mito station	approx. 40-50 mins.	approx. 7,000 yen

※ Preschool children: If the child is going to use one whole seat on a highway bus, you will need to pay for the seat.

(6) Time table for bus

Japanese <http://www.ibaraki-airport.net/access/bus/mito.html>

English <http://www.ibaraki-airport.net/en/access/bus/mito.html>

Korean <http://www.ibaraki-airport.net/ko/access/bus/mito.html>

Chinese <http://www.ibaraki-airport.net/zh/access/bus/mito.html>

4-4 Other living information

4-4-1 Welfare

4-4-1-a Nursing-care insurance system

This is a social system for those who need nursing care (such as elderlies, sick or physically challenged individuals) that helps them live an independent life.

(1) Who is required to join the insurance system?

Those who meet the following conditions must join the insurance system.

- Health insurance holders aged 40 to 64 and everyone aged 65 or above.

(3) Foreign currency exchange

Currency exchange can be done at the lobby, 1F.

Japanese yen ⇔ Chinese yuan, Korean won, Taiwan dollar, U.S.dollar, Euro

(4) Parking space

There is space for 1300 cars to park for FREE. You can park your car while being away from Ibaraki. Open 6am - 10pm.

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※ Preschool children: If the child is going to use one whole seat on a highway bus, you will need to pay for the seat.

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English <http://www.ibaraki-airport.net/en/access/bus/mito.html>

Korean <http://www.ibaraki-airport.net/ko/access/bus/mito.html>

Chinese <http://www.ibaraki-airport.net/zh/access/bus/mito.html>

4-4 Other living information

4-4-1 Welfare

4-4-1-a Nursing-care insurance system

This is a social system for those who need nursing care (such as elderlies, sick or physically challenged individuals) that helps them live an independent life.

(1) Who is required to join the insurance system?

Those who meet the following conditions must join the insurance system.

- Health insurance holders aged 40 to 64 and everyone aged 65 or above.

- Out of those listed on the Basic Resident Register :
 - ① One whose initially-permitted duration of stay exceeds 3 months.
 - ② One whose initially-permitted duration of stay does not exceed 3 months BUT can be acknowledged to exceed based on factors such as purpose of stay and various evidences.
- ※ Consult 介護保険課 “kaigo hoken-ka” (see the end of this section) for details.

(2) Premium

① Age 40 - 64

Premium for nursing-care insurance is to be paid together with health insurance premium. Its amount depends on insurance programs.

② Age 65 and above

- Those whose annual pension is 180,000 yen or above will be deducted from pension.
- Those whose annual pension is below 180,000 yen will be paying either by automatic deduction from bank account or by using the payment notice to pay at convenience stores and financial institutions.

For reference, base amount for 2012 to 2014 in Mito city was 4,930 yen/month and it was further adjusted depending on one’s income level. Nursing-care insurance premium is revised once every 3 years. Revision will be most recently conducted on 2015.

(3) To use nursing-care service

When needing help in daily life as a result of having become bedridden or demented, contact the city office and obtain the approval for nursing care.

Basic procedure

Application (examiner will check mental/physical condition)

↓

Approval of the degree of care necessity

↓

Set up nursing care plan

↓

Use of service

- ※ User is to pay for 10 % of the whole cost.
- ※ User will receive the approval result within 30 days of applying.

(4) Types of nursing care service

- In-home nursing care (居宅サービス “kyotaku service”)
- In-patient nursing care (施設サービス “shisetsu service”)
- Nursing care for local residents (地域密着型サービス “chiiki mitchakugata service”)

(5) Who is eligible for nursing care?

- Persons aged from 40 to 64 who were approved as Requiring Help (要支援 “yo-shien”) or needing Long-term Care (要介護 “yo-kaigo”) as a result of particular illness.
- Persons aged 65 and above who were approved as Requiring Help (要支援 “yo-shien”) or needing Long-term Care (要介護 “yo-kaigo”).

Inquiries & Application :

Mito City Sannomaru Office 介護保険課 (“kaigo hoken-ka”) section. TEL 029-232-9177

4-4-1-b Aid for physically/mentally challenged individuals

Physically/mentally challenged individuals will be issued, upon application, a certificate that proves one’s condition. This certificate will allow access to various benefits and support, including cheaper transportation fares and taxes. One will basically need to be residing in Mito city and possess a valid resident status, but there could be exceptions. Consult Mito City Sannomaru Office 障害福祉課 “shogai fukushi-ka” (see the end of this section).

(1) Types of certificate

① Physical disability certificate (身体障害者手帳 “shintai shogaisha techo”)

This is for physically disabled* persons.

It is ranked from level 1 to 6 in accordance with the severity of disability.

*Physical disabilities :

Sight / hearing / sense of equilibrium / speech / language / mastication / deformity / heart / kidney / respiratory organs / small intestine / bladder / rectum / immune function (resulting from HIV) / liver

(Some of them may require approval again after certain period of time)

② Medical rehabilitation certificate (療育手帳 “ryoiku techo”)

This is for intellectually challenged persons, ranked as follows:

○A(profound), A (severe), B (moderate), C (mild)

(This ranking will be reviewed after certain period of time)

③ Mental disability certificate

(精神障害者保健福祉手帳 “seishin shogaisha hokenfukushi techo”)

This is for mentally challenged persons who experience restrictions in daily/social life.

It is ranked from level 1 to 3 in accordance with the severity of disability.

(This certification needs to be renewed after certain period of time)

(2) To apply for certificate

Various documents will become necessary such as written opinion by a doctor and medical certificate. For details, consult Mito City Sannomaru Office 障害福祉課 (“shogai fukushi-ka”) section. TEL 029-232-9173.

4-4-1-c Medical Welfare Cost Reduction System

医療福祉費支給制度 “iryō fukushi-hi shikyu seido” or often called マル福 “marufuku”

This is a system in which the city covers a portion of medical fee. Persons with heavy physical/mental disability who have health insurance (or covered by medical care system if aged 65 or above) are eligible. Income limits applied.

Qualified persons :

- Holder of physical disability certificate, level 1 to 3.
- Holder of Medical rehabilitation certificate, ○A & A.
- Person receiving disability pension, level 1.
- Person receiving Special Child Dependent’s Allowance, level 1.

Mito City Sannomaru Office, 国保年金課 “kokuho nenkin-ka” section.
TEL: 029-232-9166 ADD: Sannomaru 1-5-48, Sannomaru Office 1F

4-4-1-d Welfare benefit (生活保護 “seikatsu hogo”)

If you cannot make enough money for living in spite of working to your limits, you may be able to receive welfare benefit upon strict screening.

It is required that you do what you can do in the first place.

- If you have savings, use them.
- If you have assets such as land or house that are not essential for your daily life, sell them.
- If you have the physical ability to work but do not have a job, find a job.
- If you have not talked to your family/relatives yet, ask them for help.

If you have gone through all of the above and are still in trouble, consult below.

Mito City Sannomaru Office, 生活福祉課 “seikatsu fukushi-ka” section.
TEL: 029-232-9171 ADD: Sannomaru 1-5-48, Sannomaru Office 1F

4-4-2 Child rearing

(1) Acquiring information

① Guidebook for child rearing (Japanese)

子育て支援ガイドブック “kosodate shien guide book”

This book includes information about pregnancy, delivery and child rearing. It can be obtained at the city office, community health center, libraries and child-care support centers.

② **Web site (Japanese)** : ママフレ “mama fure” <http://mito-city.mamafre.jp/>

This site explains various administrative services provided by Mito city that are related to child rearing.

Inquiries: Mito City Sannomaru Office

子ども課 “kodomo-ka” section (page 153) TEL/029-232-9176

4-4-2-a Subsidy system

(1) Child Allowance (児童手当 “jido teate”)

Child Allowance is given, upon application, to those who are raising a child of up to junior high 3rd year. Income limits applied.

Inquiries: Mito City Sannomaru Office

子ども課 “kodomo-ka” section (page 153) TEL/029-232-9176

(2) Medical Welfare Cost Reduction System (for children)

(子ども医療福祉費支給制度 “kodomo iryo fukushi-hi shikyu seido” or often called マル福 “marufuku”)

This is a system in which the city covers a portion of medical fee that you pay for your child of up to junior high 3rd year. Application is necessary. Income limits applied.

Inquiries: Mito City Sannomaru Office

国保年金課 “kokuho nenkin-ka” section (page 152) TEL/029-232-9156

4-4-2-b Consultations

If you wish to talk about your worries and troubles regarding child-rearing, consultations are available as follows.

Table 4-25 Consultations on Child-rearing

Topic	Office/Center	Means	Available hrs.	Contact/Location
Parenting, welfare	家庭児童相談室 “katei jido sodanshistu” (consultation room within Mito City Sannomaru Office)	TEL or Direct interview	Mon-Fri 10am-12pm 1pm-3pm	ADD: Sannomaru 1-5-18 TEL: 029-232-9111
Child-rearing in general	わんぱーく・みと ”Wan Park Mito” (child-care support center)	Direct interview	Tue-Sat* 10am-3pm	ADD: Omachi 3-4-30 TEL: 029-303-1515
	はみんぐぱーく・みと ”Humming Park Mito” (child-care support center)	Direct Interview	Sun-Thur* 10am-3pm	ADD: Honcho 1-8-2 TEL: 029-302-3662

※ Consultation will not be provided on days when health nurses are absent.

Map 4-9 Wan Park Mito



Map 4-10 Humming Park Mito



4-4-2-c Child-care support centers

(1) Wan Park Mito, Humming Park Mito (see Table 4-25 Consultations on Child-rearing on page 132).

- Provides opportunity to communicate with other parents/children.
- Child-rearing consultation service available.
- Large room equipped with toys and picture books.
- Temporary nursing service for when you are sick or need some rest. Prior registration is required. Half-day nursing = 1,050 yen, One-day nursing = 2,100 yen.

Wan Park Mito : Tue - Sun, 8:30am - 5:15pm

Humming Park Mito: Sat - Thur, 8:30am-5:15pm

(2) Mito Family Support Center

- Children's drop-off/pick-up service at/from day-care centers and kindergartens.
- Temporary nursing service for when you are sick or need some rest. Prior registration is required. 700yen/hour.

ADD. Uchihara-cho 1395-1, Mito city Uchihara Branch Office.

TEL. 029-303-7277

4-4-2-d Support for guardians with physically/mentally challenged children

There are various support systems for guardians raising physically/mentally challenged children. Guardians will benefit from these systems after being officially certified. For precise qualifications and income limits, contact the city office.

Inquiries: Mito City Sannomaru Office

障害福祉課 “shogai fukushi-ka” section (page 153) TEL/029-232-9173.

Major benefits

① **Special Child Dependent's Allowance (特別児童扶養手当 “tokubetsu jido fuyo teate”)**

→ For guardian raising a child under 20 who have physical/mental disability.

② **Children's Disability Welfare Allowance (障害児福祉手当 “shogaiji fukushi teate”)**

→ For guardian raising a child under 20 who have severe physical/mental disability and require nursing care at all times.

③ **Physical & Mental Disability Welfare Allowance (心身障害者福祉手当 “shinshin shogaisha fukushi teate”)**

→ For person who has severe physical/mental disability and has lived in Mito city for more than one year. In case of a child, the allowance will be given to the guardian.

4-4-2-e Support for single parents

There are various support systems for single parents. For precise qualifications and income limits, contact the city office.

Major benefits

① **Child Rearing Allowance (児童扶養手当 “jido fuyo teate”)**

→ For single parent raising a child under 18 by him/herself.

→ For foster parent raising a child under 18.

Inquiries: Mito City Sannomaru Office.

子ども課 “kodomo-ka” section (page 153) TEL/029-232-9176

② **Orphan's Allowance (遺児養育手当 “iji yoiku teate”)**

→ For guardian raising an orphan who has lost either one or both of his/her parents .

This allowance is given until the child graduates high school.

Inquiries: Mito City Sannomaru Office.

子ども課 “kodomo-ka” section (page 153) TEL/029-232-9176

③ **Medical Welfare Cost Reduction System (for single parents)**

(母子・父子家庭医療福祉費支給制度 “boshi・fushi katei iryo fukushi-hi shikyu seido” or often called マル福 “marufuku”)

→ For single parent and his/her child who both have health insurance, the city covers a portion of medical fee.

Inquiries: Mito City Sannomaru Office

国保年金課 “kokuho nenkin-ka” section (page 152) TEL/029-232-9166

4-4-2-f Childcare and education

There are 3 types of childcare & educational facilities for preschool children. In order to enroll, you are required to obtain a certification of current state from the city.

- ・ 保育所 (“hoiku-sho”) public **childcare center**, 保育園 (“hoiku-en”) private **childcare center**
- ・ 幼稚園 (“yochi-en”) municipal/national/private **kindergarten**
- ・ 認定こども園 (“nintei kodomo-en”) public/private **center for early childhood education and care / ECEC**

Table 4-26 Types of Facilities

Facility	Age	Available service	Type of certification needed
Childcare center	0-6*	childcare	2号 認定 or 3号 認定
Kindergarten	Municipal: 4-6* Private: 3-6*	education	1号 認定
Center for ECEC	3-6*	education and childcare	1号 認定 or 2号 認定 or 3号 認定

* Age 6 in preschool

Table 4-27 Types of certification

Certification	Age	Current state	Facility available	Where to apply
1号 認定 “ichigo nintei”	3-5	Childcare service is unnecessary	Kindergarten Center for ECEC	Kindergarten Center for ECEC
2号 認定 “nigo nintei”	3-5	Childcare service is needed	Childcare center Center for ECEC	幼児教育課* Center for ECEC
3号 認定 “sango nintei”	0-2	Childcare service is needed	Childcare center Center for ECEC	幼児教育課* Center for ECEC

*For information on 幼児教育課, see the end of this section

Certification procedure

(1) For household that NEEDS childcare service (2号認定 or 3号認定)

• If wishing to enroll in a childcare center

- ① Apply for certification and enrollment at 幼児教育課*.
- ② Firstly, certificate of current state will be issued by the city. After that a notice will be sent, confirming the facility to enroll in.

• If wishing to enroll in a center for ECEC

- ① Apply for certification and enrollment directly at the desired center.
- ② Firstly, certificate of current state will be issued by the city. After that a notice will be sent, confirming the facility to enroll in.

(2) For household that does NOT need childcare service (1号認定)

• To enroll in a kindergarten or a center for ECEC

- ① Apply for certification and enrollment directly at the desired facility.
- ② Firstly, you will be notified if your child has been accepted by the facility. After that, a certificate of current state will be issued.

CONDITIONS FOR NEEDING CHILDCARE SERVICE...

- Guardian has work during daytime (house work is excluded).
 - Guardian is pregnant / will be giving birth / is ill / has physical or mental disability.
 - Guardian is nursing sick or disabled family all the time.
 - Guardian has a decent and inevitable reason for being unable to care for the child.
- AND no one else in the family can take care of the child.**

Inquiries: Mito City Sannomaru Office

*幼児教育課 “yoji kyoiku-ka” section (page 153) TEL/029-232-9243

Application

(1) Application for childcare centers

When a guardian is unable to take care of his/her child for rather long hours due to reasons mentioned above, childcare centers should be better option as they provide longer service hours than kindergartens. Preschool children aged 0 to 6 are eligible.

To enroll from April

- ① Obtain application form at 幼児教育課 or the desired childcare center (around October).
- ② Fill in the form.
- ③ Submit the form to 幼児教育課 or the desired childcare center (around December).

※ Application may be turned down depending on number of vacancy & applicants.

To enroll from other months

Submit the application form to 幼児教育課 by the 15th of previous month. (If 15th falls on Sat, Sun or holiday, submit by the last weekday prior to 15th). The child can enroll from the first day of the following month.

Fee

- Processing fee (upon enrollment).
- Childcare fee (monthly payment) …depends on the guardians' income.

※ For a list of childcare centers in Mito, See Table 4-28 Public Childcare Center and Table 4-29 Private Childcare Center.

Inquiries: Mito City Sannomaru Office

*幼児教育課 “yoji kyoiku-ka” section (page 153) TEL/029-232-9243

(2) Application for municipal kindergartens

Preschool children aged 4 or 5 (as of April 1st of the fiscal year s/he wishes to enroll in) are eligible. Kindergartens provide service approximately 4 hours a day, usually from around 9am - 1pm.

To enroll from April

- ① Obtain application form at the desired kindergarten.
- ② Fill in the form.
- ③ Submit the form to the desired kindergarten (around November of the preceding year).

To enroll from other months

Applications are accepted anytime as long as there are openings. Obtain an application form at the desired kindergarten and submit it to the same kindergarten.

Fee

- Processing fee (upon enrollment).
 - Educational fee (monthly payment) …depends on the guardians' income.
- ※ There is a system that provides financial support for guardians.
- Municipal kindergartens : reduction of educational fee (income limits apply)
- Private kindergartens : subsidy

Other service

Once enrolled, you will be able to use a service called 預かり保育 (“azukari hoiku”) that allows extension of service hours (from around 1:30pm to 4pm) for a charge per day. Advanced reservation is necessary.

※ For a list of municipal kindergartens in Mito, See Table 4-31 Municipal Kindergarten.

Inquiries: Mito City Sannomaru Office

幼児教育課 “yoji kyoiku-ka” section (page 153) TEL/029-232-9243

(3) Application for private kindergartens

Preschool children aged 3, 4 or 5 are eligible. Application procedures and charges depend on kindergartens. Please make inquiries.

※ For a list of private kindergartens in Mito, See Table 4-32 Private Kindergarten.

(4) Application for centers of ECEC

Application procedures and charges depend on facilities. Please make inquiries.

※ For a list of centers of ECEC in Mito, See Table 4-30 Center for ECEC (childcare), Table 4-33 Center for ECEC (childcare & kindergarten), Table 4-34 Center for ECEC (childcare or kindergarten).

(5) Application for temporary childcare

When a guardian is temporarily unable to take care of his/her child, a temporary childcare service (一時預かり “ichiji azukari”) is available at childcare centers and centers for ECEC. For facilities that provide the service, see Table 4-28 Public Childcare Center, Table 4-29 Private Childcare Center and Table 4-30 Center for ECEC (childcare). The fee for temporary service at public childcare centers is 2,100yen/day and 1,050yen/AMorPM as of March 2015. Fee for private childcare centers differ upon facilities. For application and inquiries, make direct contact with the facility.

Similar service is also available at following facilities.

●Wan Park Mito, Humming Park Mito (see 4-4-2-b Consultations on page 132).



Anaheim street

●Mito Family Support Center

ADD. Uchihara-cho 1395-1, Mito city Uchihara Branch Office.

TEL. 029-303-7277

Map 4-11 Mito Family Support Center



●Smile Kids (スマイル・キッズ)

ADD. Akatsuka 1-1, MIOS 2F

TEL. 029-353-7753

Map 4-12 Smile Kids

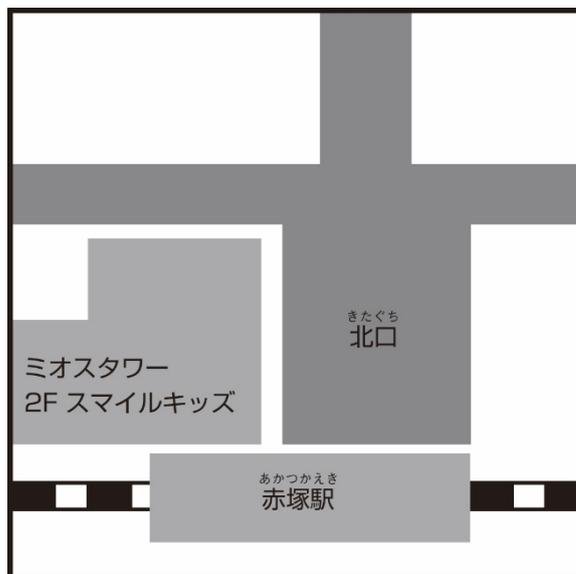


Table 4-28 Public Childcare Center

Name	Address	TEL	Inf.	Temp.	Yard
白梅保育所 Shiraume hoikusho	Motoyoshida-cho 3250-1	029-304-2070	○	○	○
杉山保育所 Sugiyama hoikusho	Sannomaru 3-12-5	029-221-7219	○	○	○
新原保育所 Shinhara hoikusho	Shinhara 2-6-20	029-251-2262	○	○	○
緑岡保育所 Midorioka hoikusho	Migawa-cho 2131-1519	029-241-0707	○	○	○
城東保育所 Joto hoikusho	Joto 2-6-39	029-231-5972	○	○	○
平須保育所 Hirasu hoikusho	Hirasu-cho 1820-7	029-241-1172			○
渡里保育所 Watari hoikusho	Hori-cho 480-7	029-224-8908	○	○	○
若宮保育所 Wakamiya hoikusho	Wakamiya 1-10-30	029-226-3923	○	○	○
河和田保育所 Kawawada hoikusho	Kawawada 3-2536-2	029-253-1482	○	○	○
双葉台保育所 Futabadai hoikusho (temporary building until June 2015)	Futabadai 2-19 (temporary building: Futabadai 4-173-6)	029-252-8749	○	○	○
一の牧保育所 Ichinomaki hoikusho	Migawa-cho 2131-1741	029-243-8899			○
常澄保育所 Tsunezumi hoikusho	Okushi-cho 789-2	029-269-4592	○	○	○
内原保育所 Uchihara hoikusho	Uchihara-cho 720-1	029-259-4656	○	○	○

Inf. : Accepts infants from about the age of 2 months.

Temp. : Temporary childcare service is available.

Yard : Opens up the yard during specific date and time for those who are not enrolled.

Table 4-29 Private Childcare Center

Name	Address	TEL	Inf.	Temp.	Yard
聖光学園保育部 Seiko-gakuen hoikubu	Shinso 1-4-8	029-221-3973	○	○	○
ひので保育園 Hinode hoikuen	Motoyoshida-cho 720-2	029-248-3584	○	○	
見和めぐみ保育園 Miwamegumi hoikuen	Miwa 2-198-5	029-252-2583	○	○	○
すみれ保育園 Sumire hoikuen	Iijima-cho 1170-2	029-252-2781	○	○	○
ひかり保育園 Hikari hoikuen	Hakamatsuka 1-5-18	029-221-0301	○	○	
千波保育園 Senba hoikuen	Senba-cho 2831-19	029-241-7347	○	○	○
すみれ第二保育園 Sumire daini hoikuen	Hirakue-cho 478	029-251-0515	○	○	○
こぼと保育園 Kobato hoikuen	Senba-cho 2600-4	029-353-6155	○	○	
こぼと保育園分園 Kobato hoikuen bun-en	Senba-cho 777	029-244-0020	○	○	
葉山保育園 Hayama hoikuen	Senba-cho 1688-3	029-243-0296	○		○
ひばり保育園 Hibari hoikuen	Hirasu-cho 1824-22	029-243-1410	○		○
すみよし保育園 Sumiyoshi hoikuen	Sumiyoshi-cho 115-1	029-247-8144	○	○	
石川保育園 Ishikawa hoikuen	Ishikawa 1-3974	029-252-4007	○	○	○

(cont'd: Table 4-29 Private Childcare Center)

Name	Address	TEL	Inf.	Temp.	Yard
こぼと東保育園 Kobato higashi hoikuen	Shibui-cho 402	029-226-4555	○	○	○
こぼと東保育園分園 Kobato higashi hoikuen bun-en	Hamada-cho 54-2	029-231-2095	○	○	
のぎく保育園 Nogiku hoikuen	Sakado-cho 5038	029-225-6692	○	○	○
わかな保育園 Wakana hoikuen	Nemoto 2-582	029-231-8237	○	○	○
笠原保育園 Kasahara hoikuen	Kasahara-cho 1827-3	029-243-2439	○	○	○
夜間めぐみ保育園 Yakan megumi hoikuen	Miwa 2-200-7	029-252-6410	○		
はーとぴあ保育園	Otsuka-cho 1803-2	029-251-1670	○	○	
けやき台保育園 Keyaki hoikuen	Sakado-cho 1578-8	029-304-3311	○	○	
つばさ保育園 Tsubasa hoikuen	Koibuchi-cho 2066-14	029-257-0303	○	○	○
小吹保育園 Kobuki hoikuen	Kobuki-cho 2305-1	029-305-4154	○	○	○
ちゃいんどはうす保育園 Child house hoikuen	Kasahara-cho 150	029-241-5007	○		○
スワン保育園 Swan hoikuen	Higashihara 3-2-6	029-303-3337	○	○	
ほうとく保育園 Hotoku hoikuen	Kawawada-cho 3961	029-306-8860	○	○	○
ときわの杜保育園 Tokiwanomori hoikuen	Motoishikawa-cho 2534-2	029-306-8296	○	○	
第二めぐみ保育園 Daini megumi hoikuen	Kawawada-cho 425	029-303-5007	○	○	
堀あさひこども園 Hori asahi kodomoen	Hori-cho 209-1	029-303-5551	○	○	○
ルミエール保育園 Lumiere hoikuen	Hirasu-cho 1218-1	029-239-3806	○	○	
*ちゃいんどはうす森のほいくえん Child house morino hoikuen	Hirasu-cho 2366-1	(029-241-5007)			
*つぼみさく保育園 Tsubomi saku hoikuen	Kasahara-cho 400-3	(029-248-5511)			
*うちはらスワン保育園 Uchihara swan hoikuen	Koibuchi-cho 2222-1	(029-259-3481)			

Childcare center with an asterisk (*) is a newly built facility (March 2015). Its telephone number is temporary and is directed to a related facility.

Inf. : Accepts infants from about the age of 2 months.

Temp. : Temporary childcare service is available.

Yard : Opens up the yard during specific date and time for those who are not enrolled.

Table 4-30 Center for ECEC (childcare)

Name	Address	TEL	Inf.	Temp.	Yard
Lily Victoria Nursery	Himego 2-751-17	029-253-5553	○	○	○
Lily Child Land Nursery	Otsuka-cho 1863-186	029-254-2711	○		

Inf. : Accepts infants from about the age of 2 months.

Temp. : Temporary childcare service is available.

Yard : Opens up the yard during specific date and time for those who are not enrolled.

(6) Non-registered facilities (認可外保育施設 “ninkagai hoiku shisetsu”)

Aside from the facilities shown in Table 4-28, 4-29 and 4-30 that fulfill the standards set out by the country and are accredited by the prefecture, there are facilities that do not comply with these standards - generally called 認可外保育施設 "ninkagai hoiku shisetsu" - such as 託児所 "takujijo" and ベビーホテル "baby hotel".

Contact the facility for service details.

Mito city HP, Japanese

http://www.city.mito.lg.jp/000042/000073/hoikushisetsu/p012398_d/fil/ninkagai.pdf

Table 4-31 Municipal Kindergarten

Name	Address	TEL
五軒幼稚園 Goken yochien	Kanemachi 3-2-40	029-221-7971
城東幼稚園 Joto yochien	Joto 2-7-11	029-221-9220
浜田幼稚園 Hamada yochien	Hamada 1-1-2	029-221-5268
常盤幼稚園 Tokiwa yochien	Nishihara 1-3-65	029-221-6426
緑岡幼稚園 Midorioka yochien	Migawa-cho 2563	029-241-1319
見川幼稚園 Migawa yochien	Migawa 2-96-18	029-241-1926
寿幼稚園 Kotobuki yochien	Hirasu-cho 1761	029-241-4595
石川幼稚園 Ishikawa yochien	Ishikawa 4-4037-6	029-252-2990
千波幼稚園 Senba yochien	Senba-cho 1443-2	029-243-1022
国田幼稚園 Kunita yochien	Shimokunii-cho 2591-1	029-239-7401
酒門幼稚園 Sakado yochien	Sakado-cho 1245-3	029-247-7980
飯富幼稚園 Iitomi yochien	Iitomi-cho 4420-1	029-229-8251
梅が丘幼稚園 Umegaoka yochien	Himego 1-823-14	029-253-0097
吉田が丘幼稚園 Yoshidagaoka yochien	Motoyoshida-cho 1736-9	029-247-8145

(cont'd: Table 4-31 Municipal Kindergarten)

Name	Address	TEL
笠原幼稚園 Kasahara yochien	Kasahara-cho 92-1	029-243-4124
稲荷第一幼稚園 Inari Daiichi yochien	Okushi-cho 789-7	029-269-2108
稲荷第二幼稚園 Inari Daini yochien	Yurigaoka-cho 997-204	029-248-2766
内原幼稚園 Uchihara yochien	Uchihara-cho 720-1	029-259-2833
妻里幼稚園 Tsumasato yohien	Ariga-cho 2249-2	029-259-2624

Table 4-32 Private Kindergarten

Name	Address	TEL
*水戸幼稚園 Mito Kindergarten	Midori-cho 3-9-36	029-221-6084
聖母幼稚園 Seibo yochien	Goken-cho 2-4-32	029-225-6200
愛恩幼稚園 Aion Kindergarten	Minamimachi 3-4-44	029-221-5027
*水戸英宏愛宕幼稚園 Mito-Eiko Atago yochien	Atago-cho 10-5	029-231-1360
*渡里幼稚園 Watari yochien	Hori-cho 958-4	029-231-5920
みどり幼稚園 Midori yochien	Motoyoshida-cho 2649-2	029-247-5657
吉田幼稚園 Yoshida yochien	Motoyoshida-cho 1977-34	029-247-5556
常磐大学幼稚園 Tokiwa-daigaku yochien	Miwa 1-425	029-232-2680
*水戸英宏平須幼稚園 Mito-Eiko Hirasu yochien	Hirasu-cho 1820-116	029-241-3376

Childcare center with a star (*) accepts children from their 3rd birthday.

Table 4-33 Center for ECEC (childcare & kindergarten)

Name	Address	TEL
*フレンド少友幼稚園 Shoyuu Kindergarten	Bizenmachi 5-36	029-221-0781
*赤塚幼稚園 Akatsuka yochien	Akatsuka 1-1997	029-251-9203
大塚ひのまる幼稚園 Hinomaru Kindergarten	Otsuka-cho 1583	029-251-8517
むぎの穂 河和田幼稚園 Kawawada Kindergarten	Kawawada-cho 1183	029-251-3154
*あさひ幼稚園 Asahi yochien	Shibui-cho 254	029-231-5732
*渡里幼稚園 Watari yochien	Hori-cho 958-4	029-231-5920
*Lily Forest Kindergarten	Uchihara-cho 1397-3	029-259-2585

Childcare center with a star (*) accepts children from their 3rd birthday.

Center for ECEC (childcare & kindergarten) provides both childcare and kindergarten service within one facility.

Table 4-34 Center for ECEC (childcare or kindergarten)

Name	Address	TEL
Lily Kindergarten	Nakamaru-cho 2052-17	029-243-4124
Lily Victoria Nursery (childcare)	Himego 2-751-17	029-253-5553
Lily Child Land Nursery (childcare)	Otsuka-cho 1863-186	029-254-2711

Center for ECEC (childcare or kindergarten) provides childcare and kindergarten service in a separate building.

4-4-3 Education

Japanese education basically consists of following school years, out of which, elementary school and junior high school are compulsory.

Childcare/kindergarten→elementary school (6 years) →junior high school (3 years) → high school (3 years) →university (4 years)

A school year starts from April and ends in March of the following year.

4-4-3-a Elementary school / junior high school

Elementary school and junior high school is compulsory for everyone with Japanese nationality. For children of foreign nationality, it is not compulsory but the opportunity to gain education is equally given. As for public schools, tuition fee is free regardless of nationality. Text books will be provided. Which public school to attend is decided based on which school district you live in.

Inquiries: Mito City Sannomaru Office

学校教育課 “gakko kyoiku-ka” section (page 153) TEL/029-306-8673

(1) Entering an elementary school

Following documents will be sent to guardians of a child who will turn 7 in the coming school year (April 2nd - next year April 1st).

① Health check-up notification

(就学時 健康診断通知書 “shugakuji kenkoshindan tsuchisho”)

This notification shows the date, place and time of the child’s health check-up that must be done around October and November of the preceding year. Notification is sent to guardians who are listed in Basic Resident Register.

② Enrollment notification (入学(就学)通知書 “nyugaku (or tsugaku) tsuchisho”)

This notification shows the name of school that a child should be attending. It also shows the date of school entrance ceremony (held in April) that must be attended by the child and his/her guardian. Notification will be sent by the end of January. Make sure to bring it to the entrance ceremony. For those guardians who did not receive the notification, please contact 学校教育課 as soon as possible.

(2) Entering a junior high school

By the end of January, enrollment notification (入学(就学)通知書 “nyugaku (or tsugaku) tsuchisho”) will be sent to guardians with a child in his/her 6th year of elementary school. Make sure to bring it to the entrance ceremony in April. For those guardians who did not receive the notification, please contact 学校教育課 as soon as possible.

※ There is usually an orientation meeting before enrolling. Ask the school for the date and time.

(3) Transferring from abroad (編入 “hen-nyu”)

① Visit 学校教育課 and fill in the form called 編入学許可申請書 “hen-nyugaku kyoka shinseisho”. Take along passport and Residence Card.

② After having passed the screening, a notification of admission (編入学通知書 “hen-nyugaku tsuchisho”) will be sent.

③ Confirm the name and address of the school that the child has been admitted to.

④ Take the notification to the school and follow entrance procedures as required.

(4) Changing school within Japan (転校 “tenko”)

Elementary/junior high schools OUTSIDE Mito city → schools WITHIN Mito city

① Obtain certificate of enrollment (在学証明書 “zaigaku shomeisho”) and official list of text books used (教科書給与証明書 “kyokasho kyuyo shomeisho”) at current school.

② Submit notification of move to city offices (or their branch offices) of current and new city (in this case, Mito).

- Notification of moving out : 転出届 “tenshutsu todoke” (current city)
- Notification of moving in : 転入届 “tennyu todoke” (Mito city)

When submitting the notification of moving in, make a request for the issuance of 転入学通知書 “ten-nyugaku tsuchisho”.

③ Take 在学証明書, 教科書給与証明書 and 転入学通知書 to the new school and follow necessary procedures as required.

Elementary/junior high schools WITHIN Mito city → schools WITHIN Mito city

① Obtain certificate of enrollment (在学証明書 “zaigaku shomeisho”) and official list of text books used (教科書給与証明書 “kyokasho kyuyo shomeisho”) at current school.

② Submit notification of change of address (転居届 “tenkyo todoke”) to Mito City Sannomaru Office or branch offices. When submitting the notification, make a request for the issuance of 転入学通知書 “ten-nyugaku tsuchisho”.

③ Take 在学証明書, 教科書給与証明書 and 転入学通知書 to the new school and follow necessary procedures as required.

Elementary/junior high schools WITHIN Mito city → schools OUTSIDE Mito city

① Obtain certificate of enrollment (在学証明書 “zaigaku shomeisho”) and official list of text books used (教科書給与証明書 “kyokasho kyuyo shomeisho”) at current school.

② Submit notification of moving out (転出届 “tenshutsu todoke”) to Mito City Sannomaru Office or branch offices.

③ Procedures from this point differ depending on municipalities. For details, consult the city office of the town you are moving into.

(5) If the child does not understand/speak Japanese.

For children who go to elementary or junior high school in Mito city and do not understand/speak Japanese, a volunteer group called せきれいの会 “sekirei no kai” holds Japanese classes. Consult the school teacher or Mito City International Association (4-9 Mito International Center).

(6) School expense subsidies (就学援助制度 “shugaku enjo seido”)

For financially troubled families with children of elementary/junior high school age, there is a system that provides financial aid for school-related costs such as lunch, excursion and equipments used in classes. Eligible families are those that have been approved as needing welfare benefit (4-4-1-d Welfare benefit (生活保護 “seikatsu hogo”) on page 131) and the like. For details, consult the school teacher or Mito City Sannomaru Office 学校教育課 “gakko kyoiku-ka” section (4-42 Mito City Office, list of sections on page 152).

4-4-3-b High school

High school education is not compulsory, but without a high school degree, it is usually very difficult to find a job in Japan. There are 2 types of high school: ordinary high school (全日制 “zennichi-sei”) and evening high school (定時制 “teiji-sei”). Courses range in variety such as general course, business course and house management course. In order to enroll in a high school, one must have an academic ability equivalent to a junior high school graduate and take the entrance exam that is usually held in March (public schools) or January/February (private schools). Do not forget to submit the designated application form in advance.

Inquiries :

Public H.S. - Ibaraki prefectural office 高校教育課 “Koko kyoiku-ka” 029-301-5245

Private H.S. - Ibaraki prefectural office 私学振興室 “Shigaku shinkoshitsu” 029-301-2249

(1) Entrance exam for students of foreign nationality

(外国人生徒の特例入学者選抜 “gaikokujin seito-no tokurei nyugakusha senbatsu”)

For students of foreign nationality, public high schools provide entrance exam different from that assigned to Japanese students. Number of foreign nationals accepted through this exam is limited to 2 students per school.

Requirements (must fulfill all of the following)

- A foreign national who came to Japan less than 3 years ago.
- Ordinary high school - Planning to or currently reside in Ibaraki with his/her guardian.
- Evening high school - Currently reside/work in Ibaraki.
- Have not applied to other public high schools.

(2) Schools for foreign students

There are international schools and schools that are based on the educational system of a particular country. Degree earned at these schools may not be accredited in Japanese educational system, for example, when applying for high schools and universities. In such case, taking and passing the following exam will provide one with a degree accepted in Japan.

• Junior high school level

中学校卒業程度 認定試験 “chugakko sotsugyo-teido nintei shiken”

Inquiries : Ibaraki prefectural office 義務教育課 “Gimu kyoiku-ka” 029-301-5220
gikyo@pref.ibaraki.lg.jp

• High school level

高等学校卒業程度 認定試験 “kotogakko sotsugyo-teido nintei shiken”

Inquiries : Ibaraki prefectural office 生涯学習課 “Shogai gakushu-ka” 029-301-5313
shogaku@pref.ibaraki.lg.jp

※ There are also specialty schools for those who have graduated junior high school/ high school.

4-4-3-c University

Universities are largely classified into 3 types: national university (国立大学 “kokuritsu daigaku”), public university (公立大学 “koritsu daigaku”) and private university (私立大学 “shiritsu daigaku”). There are also junior colleges (短期大学 “tanki daigaku”) that provide 2- to 3-year courses of study.

When one wishes to enter a national/public university, it is usually required to first take a national examination that is held once a year, followed by the entrance examination held at each university.

National Center Test for University Admissions (センター試験 “center shiken”)

A national examination in which applicants choose the exam subjects as specified by the desired university.

Entrance examination (入学試験 “nyugaku shiken”)

An examination held by universities. If one does not have sufficient score in National Center Test for University Admissions, s/he may not be able to take the entrance exam.

Table 4-35 Universities/Junior Colleges in Mito City

Name	Classification	Address	TEL
Ibaraki University 茨城大学	National	Bunkyo 2-1-1	029-228-8064
Tokiwa University 常盤大学	Private	Miwa 1-430-1	029-232-0007
Tokiwa Junior College 常盤短期大学	Private	Miwa 1-430-1	029-232-0007

For graduate courses, please directly ask the university.

4-4-3-d Special needs education

(1) Class for children with problem in development of speech/mind

Table 4-36 Class for Children with Problem in Development of Speech and Mind

Name of kindergarten	Address	TEL
Hamada yochien (“himawari gakkyu” class)	Hamada 1-1-2	029-221-6701
Tokiwa yochien (“sugino-ko gakkyu” class)	Nishihara 1-3-65	029-221-6426
Midorioka yochien (“tanpopo gakkyu” class)	Migawa-cho 2563	029-244-6220

These classes are for children living in Mito city, aged 4 or 5, who have problem in development of speech and/or mind.

(2) Resource room

Some public elementary/junior high schools have resource rooms for students with educational disabilities. Consult first with Mito Educational Research Center (総合教育研究所 “sogo kyoiku kenkyujo”). Multiple specialists will examine the case to find the best teaching method for the child.

Table 4-37 Special Needs School

Name of school	Address	TEL
県立盲学校 “kenritsu mo-gakko” (specialized for visually challenged children)	Hakamatsuka 1-2-1	029-221-3388
県立水戸聾学校 “kenritsu Mito ro-gakko” (specialized for aurally challenged children)	Senba-cho 2863-1	029-241-1018
県立水戸特別支援学校 “kenritsu Mito tokubetsu shien gakko”	Yoshizawa-cho 3979	029-247-5924
県立水戸飯富特別支援学校 “kenritsu Mito Iitomi tokubetsu shien gakko”	Iitomi-cho 3436-20	029-229-7453
県立内原特別支援学校 “kenritsu Uchihara tokubetsu shien gakko”	Koibuchi-cho 2570	029-259-5813
県立水戸高等特別支援学校 “kenritsu Mito koto tokubetsu shien gakko”	Shimoono-cho 6212	029-269-6212
県立友部東特別支援学校 “kenritsu Tomobe-higashi tokubetsu shien gakko”	Koibuchi 6528-1	0296-77-0647
茨城大学教育学部附属特別支援学校 “Ibaraki daigaku kyoiku-gakubu-fuzoku tokubetsu shien gakko”	Hitachinaka city Tsuda 1955	029-274-6712

Inquiries: Mito Educational Research Center (総合教育研究所 “sogo kyoiku kenkyujo”) 029-244-1331

4-4-4 Japanese

(1) Japanese class (volunteer-based)

Below is a list of volunteer-based Japanese classes for adults. You are free to take any class whenever you have available time.

Place : Mito International Center (see 4-9 Mito International Center on page 162)

Table 4-38 Japanese Classes at Mito International Center

Day	Group	Time	Level	Fee/class
Tue	Orbis	10am-12pm	Beginners, Intermediate	¥500
Wed	Friendly Neighborhood	10am-12pm	Beginners, Upper intermediate	¥300
Wed	Mesa Friendship	10am-12pm	Daily conversation, Kanji	¥300
Thur	Sophia	10am-12pm	Beginners	¥300
Fri	Mesa Friendship	10am-12pm	Beginners, Intermediate	¥500
Sat	L'avenir	10am-12pm	Beginners, Intermediate, Advanced	¥500

Place : Ibaraki Culture Center, Annex (see 4-10 Consultations on page 164)

茨城県立県民文化センター分館 “ibaraki-kenritsu kenmin bunka center, bunkan”

Table 4-39 Japanese Class at Ibaraki Culture Center

Day	Group	Time	Level	Fee/class
Thur	Fuji no kai	6:30pm-8:30pm	Beginners to advanced	¥300

Place : Mito Church of Christ

※ Class may not be available when there is no vacancy

Table 4-40 Japanese Classes at Mito Church of Christ

Day	Group	Time	Level	Fee/class
Tue	Agape	6pm-7:30pm	Beginners, Intermediate	¥100
Thur	Agape	6pm-8pm	Beginners, Intermediate, Advanced	¥100

4-4-5 Work

In order to work in Japan, you must have a resident status (visa) that allows you to work. Do not forget that each resident status has limits in range of activities permitted.

(1) Check your resident status

- ① Does it allow you to work?
- ② If yes, what kind of work does it allow?

If you wish to have a job that is not permitted under your visa, you must apply at the Immigration Bureau and obtain Permission to Engage in Activity other than that Permitted under the Status of Residence Previously Granted (see 4-1-1 Immigration Bureau on page 65).

(2) Look for a job / Job counseling

Public Employment Security Office

(known as Hello Work or 公共職業安定所 “kokyo shokugyo anteijo”)

Table 4-41 Public Employment Security Office

Day	Time
Monday, Tuesday	8:30am-6:30pm
Wednesday, Thursday, Friday	8:30am-5:15pm
2 nd & 4 th Saturday	10am-5pm

Counseling service in English and Portuguese

→ Monday / Tuesday / Wednesday, 10am-12pm, 1pm-3pm

Address : Suifu-cho 1573-1

TEL : 029-231-6221

Tokyo Employment Service Center for Foreigners

Shinjuku Foreigners' Employment Assistance and Guidance Center

Japanese http://tokyo-foreigner.jsite.mhlw.go.jp/gaikokujin_center_goannai.html

English http://tokyo-foreigner.jsite.mhlw.go.jp/english/spec_1/about/info_1.html

Chinese <http://tokyo-foreigner.jsite.mhlw.go.jp/chinese/info.html>

(3) Labor counseling (wage / work hours / holidays / discrimination / disemployment)

Ibaraki Labor Bureau (Advisory Section for Foreign Workers)

English, Spanish → Tuesdays, 1st Thursday of each month

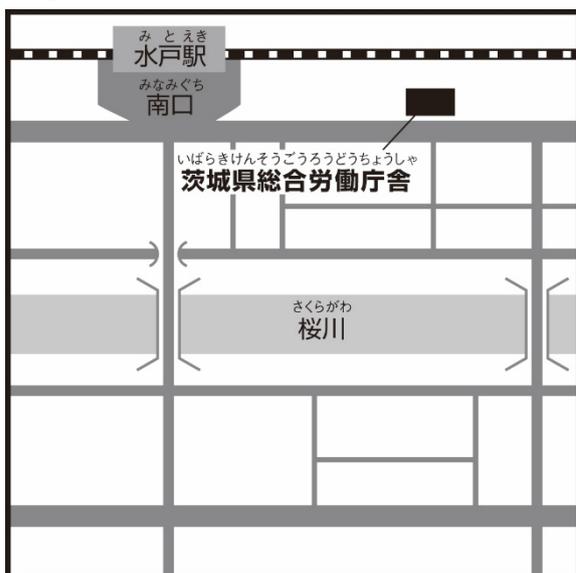
Chinese → Mondays, 1st Friday of each month

9am-12pm, 1pm-4:30pm

Address : Miyamachi 1-8-31

TEL : 029-224-6214

Map 4-14 Ibaraki Labor Bureau



4-4-6 Mito city office

Table 4-42 Mito City Office, list of sections

Category	Building	Section	Major area of responsibility	TEL
Administrative procedures	A	市民課 shimin-ka	Residence Record, Family Register, seal registration, notification of new construction, issuance of various certificates	029-232-9156
	A	国保年金課 kokuho nenkin-ka	National Health Insurance, National Pension, medical welfare, medical care system for elderlies aged 75 and over	029-232-9166
	A	市民税課 shimin-zei-ka	resident tax, income certificate, taxation certificate, registration of motorbike (~125cc)	029-232-9138
	A	収税課 shuzei-ka	tax payment, certificate of tax payment	029-232-9145
	A	資産税課 shisan-zei-ka	matters related to real estate	029-232-9141
	B	地域安全課 chiiki anzen-ka	road safety, crime prevention, disaster preparedness, illegally-parked bicycles	029-232-9152
	B	衛生管理課 eisei kanri-ka	cesspool cleaning, funeral hall, municipal cemetery	029-232-9160

(cont'd : Table 4-42 Mito City Office, list of sections)

Category	Building	Section	Major area of responsibility	TEL
Daily life, housing, town planning	C	水道部 料金課 suido-bu ryokan-ka	water (start/stop of use, fees)	029-231-4111
	C	水道部 給水課 suido-bu kyusui-ka	water (leaks, stoppage, repair)	029-231-4112
	D	下水道管理課 gesuido kanri-ka	connection to sewage system, sewage bill	029-259-2211
	E	建築指導課 kenchiku shido-ka	new construction	029-232-9210
	E	住宅政策課 jutaku seisaku-ka	public housing (application)	029-232-9200
	D	道路管理課 doro kanri-ka	public roads	029-232-9195
	B	環境課 kankyo-ka	environment protection, antipollution measure, wildlife preserve	029-232-9154
Welfare	A	介護保険課 kaigo hoken-ka	nursing-care insurance	029-232-9177
	A	高齢福祉課 korei fukushi-ka	welfare services, facilities and social involvement of elderlies	029-232-9174
	A	障害福祉課 shogai fukushi-ka	disability certificate, disability welfare allowance, welfare services, medical support for independence	029-232-9173
	A	生活福祉課 seikatsu fukushi-ka	welfare benefit, housing benefit	029-232-9171
	A	福祉総務課 fukushi somu-ka	relief money, human rights protection, social workers	029-232-9169
Child-rearing, education	A	子ども課 kodomo-ka	child allowance, child rearing allowance, orphan's allowance, child support, temporary childcare service, after-school care program, consultation	029-232-9176
	A	幼児教育課 yoji kyoiku-ka	kindergarten, childcare center	029-232-9243
	F	学校教育課 gakko kyoiku-ka	elementary school, junior high school, school expense subsidy, subsidy for orphans of car accidents	029-306-8673
Wastes, recycling	B	ごみ対策課 gomi taisaku-ka	waste management	029-232-9114

(cont'd : Table 4-42 Mito City Office, list of sections)

Category	Building	Section	Major area of responsibility	TEL
Administrative information, citizen participation	B	市民相談室 shimin sodanshitsu	legal/administrative consultation, public opinion	029-232-9109
	B	みとの魅力発信課 mito-no-miryoku hasshin-ka	municipal newsletter	029-232-9107
	E	市民生活課 shimin seikatsu-ka	neighborhood associations	029-232-9151
		文化交流課 bunka koryu-ka	promotion of art/culture, international exchange, peace project	

A. Mito City Sannomaru Office (三の丸臨時庁舎 “sannomaru rinji chosha”)

10 minutes walk from Mito station, North exit.

Address : Sannomaru 1-5-48 TEL : 029-224-1111 (pilot number)

Map 4-15 Mito City Sannomaru Office



B. Temporary municipal office (South)

(本庁舎南側臨時庁舎 “honchosha minamigawa rinji-chosha”)

Address : Chuo 1-4-1

C. Mito Daiichi Building

(水戸第一ビル “mito daiichi biru”)

Address : Chuo 2-7-33

D. Temporary municipal office (Front)

(本庁舎前臨時庁舎 “honchosha mae rinji-chosha”)

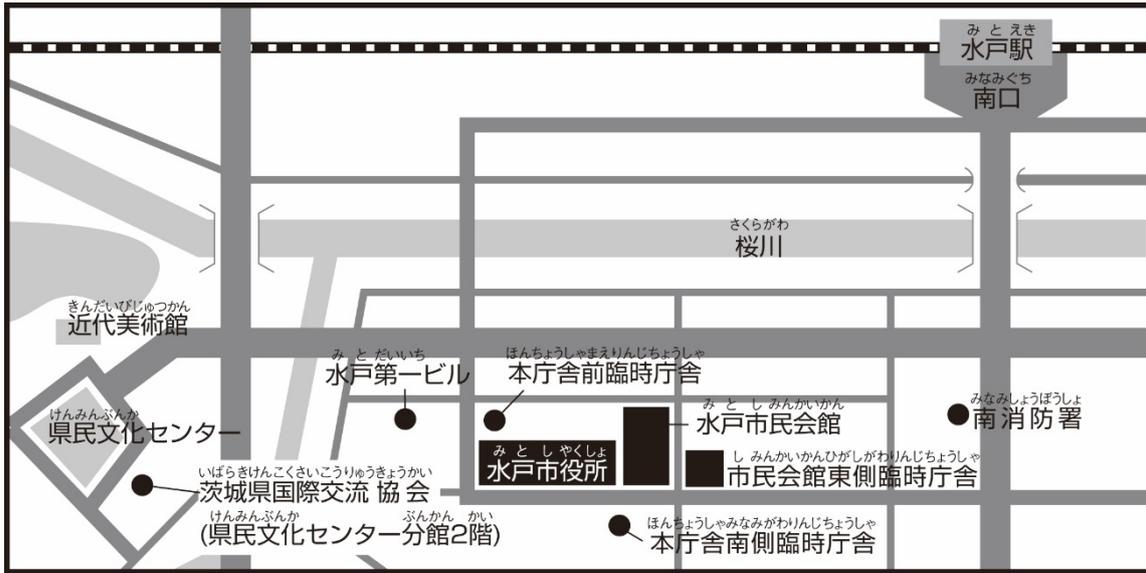
Address : Chuo 1-4-1

E. Temporary municipal office (East)

(市民会館東側臨時庁舎 “shimin kaikan higashigawa rinji-chosha”)

Address : Chuo 1-4-1

Map 4-16 Temporary Municipal Offices around Mito City Hall



F. Mito Educational Research Center (水戸市総合教育研究所 “mitoshi sogo kyoiku kenkyujo”)

Address : Kasahara-cho 978-5 TEL : 029-244-1331

Map 4-17 Mito Educational Research Center

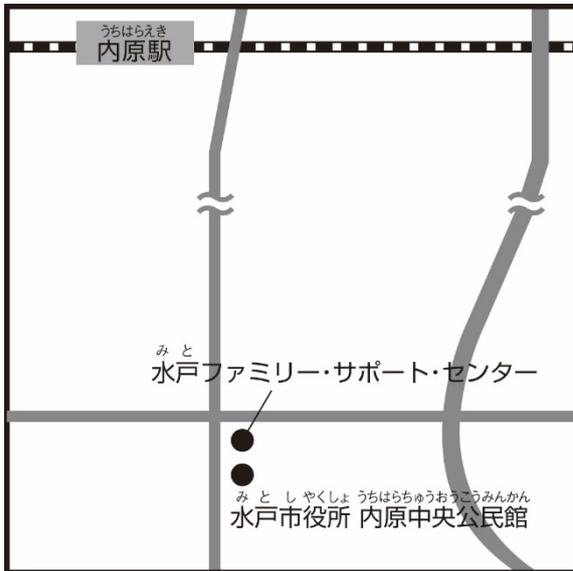


The municipal office has 3 branch offices where basic services are available.
 (e.g. Procedures related to residence record, family register, seal registration, National Health Insurance and National Pension)

● **Uchihara Branch Office (内原出張所 “uchihara shucho-jo”)**

Address : Uchihara-cho 1395-1 TEL : 029-259-2211

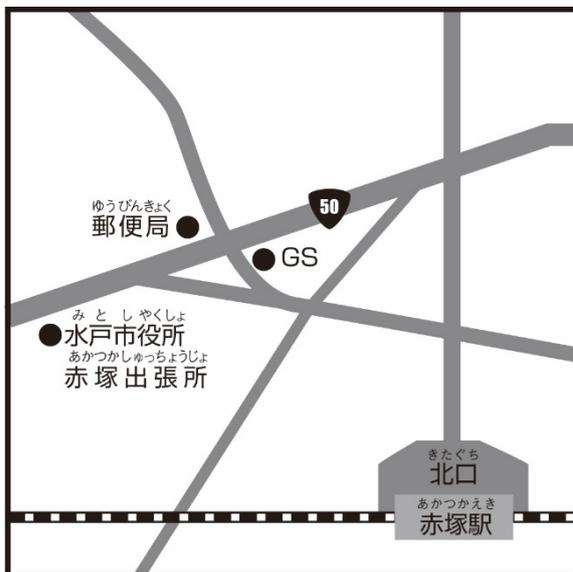
Map 4-18 Uchihara Branch Office (municipal office)



● **Akatsuka Branch Office (赤塚出張所 “akatsuka shucho-jo”)**

Address : Otsuka-cho 1851-5 TEL : 029-251-3211

Map 4-19 Akatsuka Branch Office (municipal office)



● **Tsunezumi Branch Office (常澄出張所 “tsunezumi shucho-jo”)**

Address : Okushi-cho 2134 TEL : 029-269-2111

Map 4-20 Tsunezumi Branch Office (municipal office)



4-5 Ceremonial occasions (冠婚葬祭 “kankon sosai”)

“Kankon sosai” is the word that stands for ceremonial occasions related to a person’s life, such as wedding/funeral ceremony and other celebratory events.

4-5-1 Celebrations

In Japan, one officially becomes an adult (成人 “seijin”) at the age of 20. A ceremony is held all over Japan on the second Monday of January which is known as Coming of Age Day (成人の日 “seijin no hi”). Women traditionally wear special kimonos called 振袖 “furisode” and men put on suits. Other major occasions of celebration are birth of a child, 七五三 “shichigosan” and enrollment in new school.

4-5-2 Wedding ceremony

Wedding ceremonies are usually held in a church, hotel or shrine.

① **Invitation**

- If you receive an invitation of a ceremony, you must reply before the indicated deadline.
- Circle either 出席 “shusseki” (present) or 欠席 “kesseki” (absent), and draw double lines on all of the kanji 御. Add some words of apology/celebration on the card if you are unable to attend.
- Try to write as neatly as possible to show your warm wishes.

② Gift money

- Guests are expected to prepare gift money (ご祝儀 “goshugi”) on the day of the ceremony. Put the money in a special envelope (ご祝儀袋 “goshugi bukuro”) which can be purchased at convenience stores and stationary shops, and hand it to the receptionist before the ceremony starts.
- Gift money must be newly-printed bills. Old bills can be exchanged for new bills at a bank.
- The amount of gift money is usually 30,000 yen or 50,000 yen depending on factors such as your relationship with the person or whether you are attending with your spouse or not. It should be better to seek advice from other Japanese people.



¥10,000×3



¥10,000×5

③ On the day of the ceremony

- Arriving late is considered to be rude. Be sure to arrive ahead of time.
- Write your name at the reception and hand the “goshugi bukuro” to the receptionist.
- Women should be dressed in a color other than white, as it is considered to be the color for the bride. Black or dark colored dress is also not very welcome in that it reminds of darkness. Men, on the other hand, usually wear black suit and a white shirt, white tie.

4-5-3 Funeral

It is a general custom to attend 通夜 “tsuya” or 告別式 “kokubetsushiki” when someone passes away. “Tsuya” is an evening ceremony for relatives and close acquaintances to bid farewell to the departed. “Kokubetsushiki” is a ceremony held on the next day of tsuya, for acquaintances to bid farewell to the departed. (In recent years, however, it has become freer to attend whichever ceremony that is convenient for you, regardless of your closeness to the person.)

For these ceremonies, women must dress in black, and men in black suit with white shirt and black tie. Prepare some condolence money (香典 “koden”) in a special envelope (香典袋 “koden bukuro”) and hand it to the receptionist before the ceremony. Condolence money must, as opposed to the gift money for wedding ceremonies, NOT be newly-printed bills.

4-5-4 法事 “hoji”, 盆 “bon”

① 法事 “hoji”

Hoji is an occasional gathering of relatives and close acquaintances aimed at commemorating the departed. Below are major dates/years of Hoji.

初七日 “shonanoka” - on the 7th day of death.

四十九日 “shiju-ku-nichi” - on the 49th day of death.

一周忌 “issu-ki” - on the 1st anniversary of death.

三回忌 “sankai-ki” - 3rd anniversary, 七回忌 “nanakai-ki” - 7th anniversary, 十三回忌 “jusankai-ki” - 13th anniversary, and 三十三回忌 “sanjusankai-ki” 33rd anniversary.

The “shiju-ku-nichi” held on 49th day is especially important, as the soul is believed to depart this world on this day. There are many other dates of Hoji, but not every family

does Hoji every time depending on family situations. Note that, unlike kokubetsushiki, Hoji is only for those who are invited.

② 盆 “bon”

Bon is from August 13th to 16th when the souls of ancestors are believed to revisit this world (date differs depending on regions). During the Bon period, families reunite and visit the graves, clean them and honor the ancestors.

4-6 National holidays in Japan

Table 4-43 National Holidays in Japan

January 1	元日 “ganjitsu”	New Year’s Day
January, second Monday	成人の日 “seijin no hi”	Coming of Age Day
February 11	建国記念の日 “kenkoku kinen no hi”	National Foundation Day
around March 20-21	春分の日 “shunbun no hi”	Vernal Equinox Day
April 29	昭和の日 “showa no hi”	Greenery Day
May 3	憲法記念日 “kenpo kinen bi”	Constitution Day
May 4	みどりの日 “midori no hi”	Citizen’s Day
May 5	こどもの日 “kodomo no hi”	Children’s Day
July, third Monday	海の日 “umi no hi”	Marine Day
August 11 (to be applied from 2016)	山の日 “yama no hi”	Mountain Day
September, third Monday	敬老の日 “keiro no hi”	Respect for the Aged Day
around September 23	秋分の日 “shubun no hi”	Autumnal Equinox Day
October, second Monday	体育の日 “taiiku no hi”	Sports Day
November 3	文化の日 “bunka no hi”	Culture Day
November 23	勤労感謝の日 “kinro kansha no hi”	Labor Thanksgiving Day
December 23	天皇誕生日 “tenno tanjobi”	The Emperor’s Birthday

does Hoji every time depending on family situations. Note that, unlike kokubetsushiki, Hoji is only for those who are invited.

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4-7 Measurement conversion table

Table 4-44 Length

cm	m	km	inch	ft	yd	mi
1	0.01	—	0.393	0.032	0.019	—
100	1	0.001	39.37	3.280	1.0936	—
—	1,000	1	—	3,280.8	1093.6	0.6214
2.53	0.025	—	1	0.083	0.0277	—
30.47	0.304	—	12	1	0.333	—
91.44	0.914	—	36	3	1	—
—	1,609.30	1.609	—	5,280	1,760	1

Table 4-45 Area

m ²	a	ha	km ²	ft ²	ac	坪 tsubo
1	0.01	—	—	10.764	—	0.302
100	1	0.01	—	0.107	0.0247	30.25
—	100	1	0.01	0.001	2.4710	3,025
—	—	100	1	—	247.10	—
0.092	0.0009	—	—	1	—	0.028
0.836	0.0084	—	—	9	—	0.252
4,046.90	40.469	0.404	0.004	—	1	1224.18
3.305	0.033	—	—	35.584	0.0008	1

Table 4-46 Weight

kg	mtn	oz	lb	t
1	0.001	35.270	2.2046	0.0011
1,000	1	0.0353	—	1.1023
0.283	—	1	0.0623	—
0.4536	—	16	1	—
907.2	0.9072	—	2,000	1

Table 4-47 Volume

l	gal (U.S.A.)	gal (U.K.)
1	0.2642	0.2200
3.7853	1	0.8327
4.5459	1.2010	1

Temperature

$$^{\circ}\text{F} = 1.8 \times ^{\circ}\text{C} + 32, \quad ^{\circ}\text{C} = (^{\circ}\text{F} - 32) \div 1.8$$

4-8 Japanese Imperial year & Western year

Table 4-48 Japanese Imperial Year (和暦 “wareki”) & Western Year (西暦 “seireki”)

Jp.yr	Wst.yr	Jp.yr	Wst.yr	Jp.yr	Wst.yr	Jp.yr	Wst.yr
Meiji 45	1912	Showa12	1937	Showa39	1964	Heisei 2	1990
Taisho Gannen		Showa13	1938	Showa40	1965	Heisei 3	1991
Taisho 2	1913	Showa14	1939	Showa41	1966	Heisei 4	1992
Taisho 3	1914	Showa15	1940	Showa42	1967	Heisei 5	1993
Taisho 4	1915	Showa16	1941	Showa43	1968	Heisei 6	1994
Taisho 5	1916	Showa17	1942	Showa44	1969	Heisei 7	1995
Taisho 6	1917	Showa18	1943	Showa45	1970	Heisei 8	1996
Taisho 7	1918	Showa19	1944	Showa46	1971	Heisei 9	1997
Taisho 8	1919	Showa20	1945	Showa47	1972	Heisei10	1998
Taisho 9	1920	Showa21	1946	Showa48	1973	Heisei11	1999
Taisho10	1921	Showa22	1947	Showa49	1974	Heisei12	2000
Taisho11	1922	Showa23	1948	Showa50	1975	Heisei13	2001
Taisho12	1923	Showa24	1949	Showa51	1976	Heisei14	2001
Taisho13	1924	Showa25	1950	Showa52	1977	Heisei15	2003
Taisho14	1925	Showa26	1951	Showa53	1978	Heisei16	2004
Taisho15	1926	Showa27	1952	Showa54	1979	Heisei17	2005
Showa Gannen		Showa28	1953	Showa55	1980	Heisei18	2006
Showa 2	1927	Showa29	1954	Showa56	1981	Heisei19	2007
Showa 3	1928	Showa30	1955	Showa57	1982	Heisei20	2008
Showa 4	1929	Showa31	1956	Showa58	1983	Heisei21	2009
Showa 5	1930	Showa32	1957	Showa59	1984	Heisei22	2010
Showa 6	1931	Showa33	1958	Showa60	1985	Heisei23	2011
Showa 7	1932	Showa34	1959	Showa61	1986	Heisei24	2012
Showa 8	1933	Showa35	1960	Showa62	1987	Heisei25	2013
Showa 9	1934	Showa36	1961	Showa63	1988	Heisei26	2014
Showa10	1935	Showa37	1962	Showa64	1989	Heisei27	2015
Showa11	1936	Showa38	1963	Heisei Gannen		Heisei28	2016

Japanese Imperial Year = 明治 “Meiji”, 大正 “Taisho”, 昭和 “Showa”, 平成 “Heisei”

※ Gannen (元年) stands for the first year, as in Showa Gannen = Showa, year 1.

※ Meiji 45 ended July 30, 1912. Taisho Gannen is from July 30, 1912.

Taisho 15 ended December 25, 1926. Showa Gannen is from December 25, 1926.

Showa 64 ended January 7, 1989. Heisei Gannen is from January 8, 1989.

4-9 Mito International Center

Mito International Center

Address : Bizenmachi 6-59

TEL : 029-221-1800 FAX : 029-221-5793

Email : mcia@mito.ne.jp URL : <http://www.mitoic.or.jp>

Open hours : 9am - 9pm

Closed : Mondays, Holidays, year-end & New Year

(If a holiday falls on Monday, the following Tuesday will be the substitute holiday)

Map 4-21 Mito International Center



Services

(1) Japanese classes by volunteer teachers

Table 4-49 Japanese Classes

Day	Group	Time	Level	Fee/class
Tue	Orbis	10am-12pm	Beginners, Intermediate	¥500
Wed	Friendly Neighborhood	10am-12pm	Beginners, Upper intermediate	¥300
Wed	Mesa Friendship	10am-12pm	Daily conversation, Kanji	¥300
Thur	Sophia	10am-12pm	Beginners	¥300
Fri	Mesa Friendship	10am-12pm	Beginners, Intermediate	¥500
Sat	L'avenir	10am-12pm	Beginners, Intermediate, Advanced	¥500

(2) Saturday Salon

A free gathering where citizens who are interested in international communication enjoy talking with each other. Reservation is unnecessary and Japanese language proficiency is not required. Feel free to drop by!

When : First, third and fourth Saturday every month (schedules are subject to change)

Where : Mito International Center 2F, Lobby

(3) International events

International party (twice a year), international cuisine cooking classes, Japanese culture experience. See our website or bimonthly newsletter “Culture Pot MITO” for announcements.

(4) Events for foreign nationals

One-day ski experience, Japanese cooking class, bus tour in and around Mito, disaster preparedness drill. See our website or bimonthly newsletter “Culture Pot MITO” for announcements.

(5) Consultation

If you have any problem with daily life, call or drop by at the office between 9am and 5:15pm on days other than Monday.

(6) Room rental

Rooms are available to groups holding international exchange events/activities. (Groups only. No individual use.) In order to apply, first make a tentative reservation through phone or directly at the office. Confirm reservation by filling out the designated form at the office and paying for the room charge, at least three days before the day of use. When renting a room for the first time, submit some form of written material that shows the details of group’s activity and its purpose. Note that permission may not be granted depending on the activity and purpose of use.

Table 4-50 Reservation Period

	Use for international exchange	Use for other purposes
Hall	6 months to 3 days prior to the day of use.	2 months to 3 days prior to the day of use.
Study rooms, training room, cooking room, Japanese style room.	3 months to 3 days prior to the day of use.	

Table 4-51 Rental facility & room charge

室名 Rooms	階 Floor	定員 Capacity	使用時間別料金 Fee	
多目的ホール Hall	3F	90 persons (seated)	9am-noon	¥3,600
			1-5pm	¥4,800
		120 persons (standing)	6-9pm	¥4,800
			9am-9pm	¥13,200
研修室 1, 2, 3 Study Room #1-3	3F	30 persons each	9am-noon	¥1,800
			1-5pm	¥2,400
			6-9pm	¥2,400
			9am-9pm	¥6,600
実習室 Training Room	3F	30 persons	9am-noon	¥1,800
			1-5pm	¥2,400
			6-9pm	¥2,400
			9am-9pm	¥6,600
調理室 Cooking Room	3F	24 persons	9am-noon	¥1,800
			1-5pm	¥2,400
			6-9pm	¥2,400
			9am-9pm	¥6,600
和室 Japanese Style Room	3F	24 persons	9am-noon	¥1,200
			1-5pm	¥1,800
			6-9pm	¥1,800
			9am-9pm	¥4,800

4-10 Consultations

Ibaraki Culture Center, Annex

(茨城県立県民文化センター分館 “ibaraki-kenritsu kenmin bunka center, bunkan”)

Address : 2F, Ushirokawa 745, Senba-cho

Foreign Consultation Center (within Ibaraki International Association)

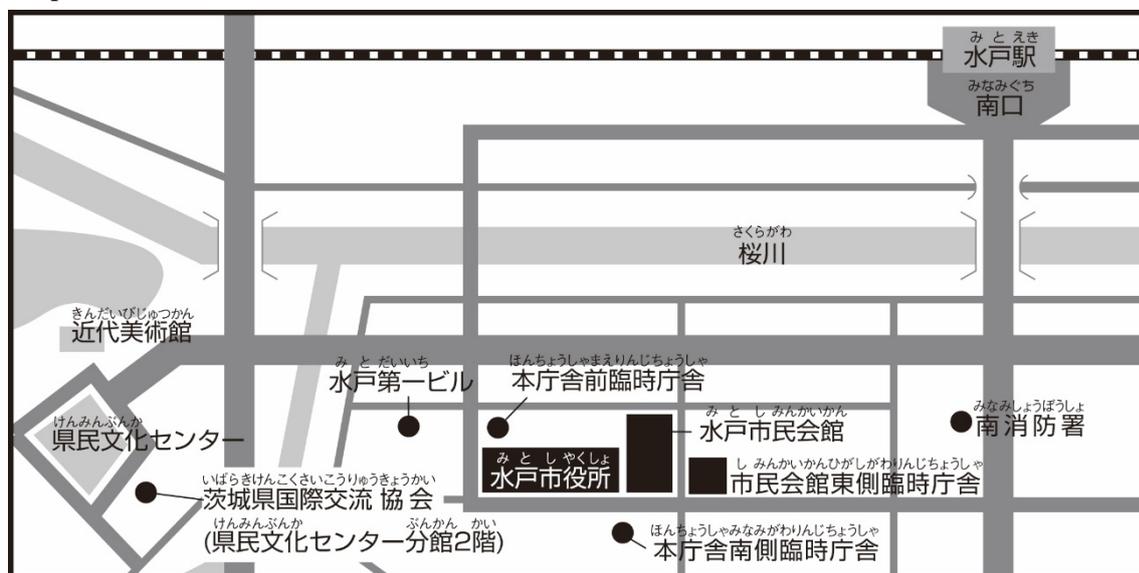
TEL : 029-244-3811

Consultation available in 9 languages on a wide range of matters including law, labor, resident status, marriage, divorce, education and daily life.

Table 4-52 Consultation days/hours

Japanese	Monday - Friday, 8:30am-12pm, 1pm-5pm
English	Monday - Friday, 8:30am-12pm, 1pm-5pm
Korean	Tuesday, 8:30am-12pm, 1pm-5pm http://ia.sakura.ne.jp/kokusai/korea/advice/index.html
Chinese	Monday, 1:30pm-5pm Wednesday, 8:30am-12pm, 1pm-5pm http://ia.sakura.ne.jp/kokusai/chinese/advice/index.html
Indonesia	Friday, 1:30pm-5pm http://ia.sakura.ne.jp/kokusai/indonesia/advice/index.html
Spanish	Tuesday, 8:30am-12pm, 1pm-5pm http://ia.sakura.ne.jp/kokusai/spain/advice/index.html
Portuguese	Monday, 8:30am-12pm Thursday, 8:30am-12pm, 1pm-5pm http://ia.sakura.ne.jp/kokusai/portugal/advice/index.html
Tagalog	Thursday, 8:30am-12pm, 1pm-5pm http://ia.sakura.ne.jp/kokusai/tagalog/advice/index.html
Thai	Wednesday, 8:30am-12pm, 1pm-5pm Friday, 8:30am-12pm, 1pm-5pm http://ia.sakura.ne.jp/kokusai/thai/advice/index.html

Map 4-22 Ibaraki International Association



15 minutes walk from Mito station, South exit.

Others

Map 4-23 Consultations in languages other than Japanese

Organization	Mainly on :	Address, TEL
Immigration Bureau, Mito Branch Office (see 4-1-1 Immigration Bureau on page 65)	Resident status (visa)	ADD: Jonan 2-9-12 TEL: 029-300-3601
Ibaraki Labor Bureau (Advisory Section for Foreign Workers) (see 4-4-5 Work on page 151)	Working conditions	ADD: Miyamachi 1-8-31 TEL: 029-224-6214
Public Employment Security Office (Hello Work) (see 4-4-5 Work on page 151)	Finding jobs	ADD: Suifu-cho 1573-1 TEL: 029-231-6221
Mito National Taxation Bureau 水戸税務署 “Mito zeimusho”	Income tax	ADD: Kitami-cho 1-17 TEL: 029-231-4211 (Automated voice service. Select 2 and make an appointment for consultation with interpretation.)
Mito Prefectural Taxation Bureau 水戸県税事務所 “Mito kenzei jimusho”	Vehicle tax, prefectural tax (resident tax)	ADD: Sakumachi 1-3-1 TEL: 029-221-6768
Mito City Sannomaru Office, 市民税課 ”shimin-zei-ka” section (see 4-4-6 Mito city office on page 152)	Light vehicle tax, municipal tax (resident tax)	ADD: Sannomaru 1-5-4 Mito City Sannomaru Office 029-232-9138



Mito International Center

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